**JULY 24-AUGUST 31, 2021 3:30 & 5:30 HENDERSONVILLE**

|  |  |  |  |  |  |  |
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| **SUN** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** |
|  |  |  |  |  |  | **JULY 24.****7:00-9:00 AM****@ LEBANON** |
| **JULY 25.****NO** **PRACTICE** | **JULY 26.****7:00-9:00 AM****@ LEBANON****\*Only Futures Swimmers** | **JULY 27.****7:00-9:00 AM****@ LEBANON****\*Only Futures Swimmers** | **JULY 28.****7:00-8:30 AM****@ SEA STAR****\*High School and college swimmers only****28k** | **JULY 29.****3:00-4:30 PM****@ SEA STAR****\*High School and college swimmers only****28c** | **JULY 30.****7:00-8:30 AM****@ SEA STAR****\*High School and college swimmers only****28g** | **JULY 31.****NO** **PRACTICE** |
| **AUG 01.****NO** **PRACTICE** | **AUG 02.****7:00-8:30 AM****@ SEA STAR****\*High School and college swimmers only****37k** | **AUG 03.****NO** **PRACTICE** | **AUG 04.****3:30-5:00 PM****@ SEA STAR****\*High School and college swimmers only****17k** | **AUG 05.****3:30-5:00 PM****@ SEA STAR****\*High School and college swimmers only****26C** | **AUG 06.****NO** **PRACTICE** | **AUG 07.****NO** **PRACTICE** |
| **AUG 08.****NO** **PRACTICE** | **AUG 09.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 10.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 11.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 12.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 13.****3:30-5:30 PM****@ SEA STAR****4:30-5:30 PM****@ SEA STAR** | **AUG 14.****6:00-7:45 AM****@ SEA STAR** |
| **AUG 15.****NO** **PRACTICE** | **AUG 16.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 17.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 18.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 19.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 20.****3:30-5:30 PM****@ SEA STAR****4:30-5:30 PM****@ SEA STAR** | **AUG 21.****6:00-7:45 AM****@ SEA STAR** |
| **AUG 22.****NO** **PRACTICE** | **AUG 23.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 24.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 25.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 26.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** | **AUG 27.****3:30-5:30 PM****@ SEA STAR****4:30-5:30 PM****@ SEA STAR** | **AUG 28.****6:00-7:45 AM****@ SEA STAR** |
| **AUG 29.****NO** **PRACTICE** | **AUG 30.****3:30-5:30 PM****@ SEA STAR****5:30-6:45 PM****@ SEA STAR** | **AUG 31.****3:30-5:30 PM****@ SEA STAR****5:30-6:30 PM****@ SEA STAR** |  |  |  |  |

AUGUST 2021-H-ville Practice Schedule.docx