**JULY 24-AUGUST 31, 2021 3:30 & 5:30 HENDERSONVILLE**

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| --- | --- | --- | --- | --- | --- | --- |
| **SUN** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** |
|  |  |  |  |  |  | **JULY 24.**  **7:00-9:00 AM**  **@ LEBANON** |
| **JULY 25.**  **NO**  **PRACTICE** | **JULY 26.**  **7:00-9:00 AM**  **@ LEBANON**  **\*Only Futures Swimmers** | **JULY 27.**  **7:00-9:00 AM**  **@ LEBANON**  **\*Only Futures Swimmers** | **JULY 28.**  **7:00-8:30 AM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28k** | **JULY 29.**  **3:00-4:30 PM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28c** | **JULY 30.**  **7:00-8:30 AM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28g** | **JULY 31.**  **NO**  **PRACTICE** |
| **AUG 01.**  **NO**  **PRACTICE** | **AUG 02.**  **7:00-8:30 AM**  **@ SEA STAR**  **\*High School and college swimmers only**  **37k** | **AUG 03.**  **NO**  **PRACTICE** | **AUG 04.**  **3:30-5:00 PM**  **@ SEA STAR**  **\*High School and college swimmers only**  **17k** | **AUG 05.**  **3:30-5:00 PM**  **@ SEA STAR**  **\*High School and college swimmers only**  **26C** | **AUG 06.**  **NO**  **PRACTICE** | **AUG 07.**  **NO**  **PRACTICE** |
| **AUG 08.**  **NO**  **PRACTICE** | **AUG 09.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 10.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 11.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 12.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 13.**  **3:30-5:30 PM**  **@ SEA STAR**  **4:30-5:30 PM**  **@ SEA STAR** | **AUG 14.**  **6:00-7:45 AM**  **@ SEA STAR** |
| **AUG 15.**  **NO**  **PRACTICE** | **AUG 16.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 17.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 18.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 19.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 20.**  **3:30-5:30 PM**  **@ SEA STAR**  **4:30-5:30 PM**  **@ SEA STAR** | **AUG 21.**  **6:00-7:45 AM**  **@ SEA STAR** |
| **AUG 22.**  **NO**  **PRACTICE** | **AUG 23.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 24.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 25.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 26.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** | **AUG 27.**  **3:30-5:30 PM**  **@ SEA STAR**  **4:30-5:30 PM**  **@ SEA STAR** | **AUG 28.**  **6:00-7:45 AM**  **@ SEA STAR** |
| **AUG 29.**  **NO**  **PRACTICE** | **AUG 30.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:45 PM**  **@ SEA STAR** | **AUG 31.**  **3:30-5:30 PM**  **@ SEA STAR**  **5:30-6:30 PM**  **@ SEA STAR** |  |  |  |  |

AUGUST 2021-H-ville Practice Schedule.docx