**JULY 16-AUGUST 08, 2021 3:30 & 5:30 HENDERSONVILLE**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SUN** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** |
|  | **JULY 19.****NO** **PRACTICE** | **JULY 20.****7:00-9:00 AM****@ LEBANON****3:00-5:00 PM****@ SEA STAR****5:00-6:00 PM****@ SEA STAR** | **JULY 21.****7:00-9:00 AM****@ SEA STAR****5:00-6:00 PM****@ SEA STAR** | **JULY 22.****7:00-9:00 AM****@ LEBANON****3:00-5:00 PM****@ SEA STAR****5:00-6:00 PM****@ SEA STAR** | **JULY 23.****7:00-9:00 AM****@ SEA STAR** | **JULY 24.****7:00-9:00 AM****@ LEBANON** |
| **JULY 25.****NO** **PRACTICE** | **JULY 26.****7:00-9:00 AM****@ LEBANON****\*Only Futures Swimmers** | **JULY 27.****7:00-9:00 AM****@ LEBANON****\*Only Futures Swimmers** | **JULY 28.****7:00-8:30 AM****@ SEA STAR****\*High School and college swimmers only****28k** | **JULY 29.****3:00-4:30 PM****@ SEA STAR****\*High School and college swimmers only****28c** | **JULY 30.****7:00-8:30 AM****@ SEA STAR****\*High School and college swimmers only****28g** | **JULY 31.****NO** **PRACTICE** |