**JULY 16-AUGUST 08, 2021 3:30 & 5:30 HENDERSONVILLE**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SUN** | **MON** | **TUE** | **WED** | **THU** | **FRI** | **SAT** |
|  | **JULY 19.**  **NO**  **PRACTICE** | **JULY 20.**  **7:00-9:00 AM**  **@ LEBANON**  **3:00-5:00 PM**  **@ SEA STAR**  **5:00-6:00 PM**  **@ SEA STAR** | **JULY 21.**  **7:00-9:00 AM**  **@ SEA STAR**  **5:00-6:00 PM**  **@ SEA STAR** | **JULY 22.**  **7:00-9:00 AM**  **@ LEBANON**  **3:00-5:00 PM**  **@ SEA STAR**  **5:00-6:00 PM**  **@ SEA STAR** | **JULY 23.**  **7:00-9:00 AM**  **@ SEA STAR** | **JULY 24.**  **7:00-9:00 AM**  **@ LEBANON** |
| **JULY 25.**  **NO**  **PRACTICE** | **JULY 26.**  **7:00-9:00 AM**  **@ LEBANON**  **\*Only Futures Swimmers** | **JULY 27.**  **7:00-9:00 AM**  **@ LEBANON**  **\*Only Futures Swimmers** | **JULY 28.**  **7:00-8:30 AM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28k** | **JULY 29.**  **3:00-4:30 PM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28c** | **JULY 30.**  **7:00-8:30 AM**  **@ SEA STAR**  **\*High School and college swimmers only**  **28g** | **JULY 31.**  **NO**  **PRACTICE** |