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FOR HEALTHY LIVING
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The Montgomery YMCA Barracudas 5 ways of Communication

1. **Email:** Through our [Team Unify website](#), we send updates, meet registration info, practice cancellations/ changes, party invitations, etc. through the website.
2. **Website:** We strive to keep our website up-to-date each week with all information regarding the season.
 - a. Sign up for meets on website/ review swimmers meet entries/ check meet results
 - b. Sign Up/ Descriptions of volunteer positions
 - c. Check practice/ meet schedules
 - d. Review and see Time Standards
3. **Text Messages:** We utilizes text messages for instances of pool closures due to weather or maintenance. It is the best way to stay informed in case of last minutes changes. Once your profile is created by Coach Blake on the website, please go into your account and set up text messages to be received by your phone.
4. **Apps:** The OnDeck App is a free app that is connected directly to our Team Unify webpage as well your account. Here you can get most if not all the information that you see on our website. You can review meet results, swimmers' events for the next meet, and much more through this app.
5. **Facebook:** [Our Facebook group is parent driven page that is closed only to those who are apart of MYB.](#) Here, we share articles, pictures by our team photographer, additional information about the team and what is upcoming, etc. Please know that Erman Samelo attends most meets/ parties and does take photos at each occasion. He will upload them to Facebook for all families to download.

Other Great Communication Tools:

1. **Meet Mobile:** This is a app you can download through the app store for a small fee. This is a great source for when we are away at meets to see your swimmers' events, times, live results, etc.
2. **DeckPass:** This is a app you can download through the app store at no cost. This is the official USA Swimming app where you can track times for your swimmers' events and see the progression, you can see there USA Swimming ID#, etc.

Of course if you have any questions please do not hesitate to email Coach Blake, blidelcarmen@ymcamontgomery.org, or give him a call at the East Family Branch YMCA (334)272-3390.

[The Montgomery YMCA Barracudas Website](#)

[The Montgomery YMCA Barracudas Closed Group Facebook Page](#)