



## SwimFit Meet Sign up

Swim meets are an opportunity to evaluate each swimmer's progress and gauge the development of each training group. In order to be a successful and progressive swimming program. All levels and ages of the SwimFit athletes are encouraged to compete in the end of session meets.

All athletes within the program are being prepared for swim meet participation. Athletes that compete at the end of the sessions are more confident in their progress and can also build strength by swimming in a competition as they push themselves differently in that situation than that of a practice environment.

We look forward to seeing your athlete race this session!

### Committing/Signing Up

In the weeks leading up to the SwimFit meet, you will receive a "Meet Invitation Email" with a link to the Meet Event Page. Below are the steps to take in order to get your athlete committed to the event.

**1-Log into your account.**

**2-Declare your swimmer(s) intentions for the meet.** Do this by clicking on their name and selecting "Yes, please sign [child's name] up for this event" or "No, thanks, [child's names] will not attend this event", from the drop down box.

**3- Commit to specific sessions of the meet.** Refer to the "Meet Information" located on the meet page for sessions that your swimmer is eligible to compete, location of the meet and general information regarding start time, warm up time and regulations outlining how the meet will run.

**4- Leave a note.** There is a "NOTES" under the drop down box where you can leave specific requests or notes regarding your swimmer(s) for that meet. The coaching staff will review all notes and requests, but *we cannot promise that your swimmer will be entered in all requested events*. The coach of your swimmer will select the individual events that are best suited for your swimmer at that point in the season. If you are unsure of specific sessions to commit your athlete please leave notes regarding the days you will be competing here.

Please note: SwimFit 1 athletes, and 8&Unders in SwimFit 2 will be the only athletes competing in the 25 events. All other athletes will compete in 50 yard events and above!

**5- Review the entries.** After the deadline to declare for the meet, you will be able to view the events your swimmer is entered in for the meet. Please check this as soon as possible to ensure that your swimmer is entered appropriately.