



NAC Competitive Team Team Travel Policy

PURPOSE

Athletes are most vulnerable to misconduct during travel, particularly overnight stays. This includes a high risk of athlete-to-athlete misconduct. During travel, athletes are often away from their families and support networks, and the setting – new changing areas, locker rooms, workout facilities, automobiles and hotel rooms – is less structured and less familiar.

WHAT IS TEAM TRAVEL?

Team Travel is defined as overnight travel to a swim meet or other team activity that is planned and supervised by Nashville Aquatic Club (club team) or Southeastern Swimming (Local Swimming Committee). All team members, team staff, and parents of minors are provided in writing of this document prior to any NAC team travel event.

Section 1 - USA Swimming Safe Sport Minor Athlete Abuse Prevention Policy (“MAAPP”) Required by USA Swimming Member Clubs and Recognized by Nashville Aquatic Club

All applicable adults participating in or associated with this team travel, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of the team travel and competition.

Section 2 – NAC Team Travel Policies

- A. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete’s rooms and no female athletes in male athlete’s rooms (unless the other athlete is a sibling or spouse of that particular athlete).
- B. A copy of the Code of Conduct & Athlete’s Protection Policy must be signed by the athlete and his/her parent or legal guardian.
- C. Team or LSC officials should obtain a signed Liability Release for each athlete (see USA Swimming Liability Release and Indemnification Form for Minor Travel).
- D. Team or LSC officials should carry a signed Medical Release Waiver for each athlete.
- E. Curfews shall be established by the team or LSC staff each day of the trip.
- F. Team members and staff traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
- G. The directions and decisions of coaches/chaperones are final.
- H. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.

- I. When visiting public places such as shopping malls, movie theatres, etc. swimmers will stay in groups of no less than three persons. 12 & Under athletes will be accompanied by a chaperone.
- J. The Head Coach or his/her designee shall make a written report of travel policy or code of conduct violations to the appropriate club or LSC leadership and the parent or legal guardian of any affected minor athlete.

Section 3 - NAC Honor Code

- A. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
- B. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- C. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- D. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- E. Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and the Nashville Aquatic Club. Athlete behavior must positively reflect the high standards of the club.

Section 4 - Disciplinary Action Plan

Failure to comply with MAAPP, NAC Travel Policies, and/or the NAC Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:

- A. Dismissal from the trip and immediate return home at the athlete’s expense;
- B. Disqualification from one or more events, or all events of competition;
- C. Disqualification from future team travel meets;
- D. Financial penalties;
- E. Dismissal from the team; and/or
- F. Proceedings before a LSC or USA Swimming National Board of Review.

Section 5 - Acknowledgement & Signature

I hereby agree to abide by the USA Swimming Safe Sport MAAPP, NAC Team Travel Policy, and the NAC Honor Code. Should I violate any provision of these policies, I will be subject to disciplinary action, as set forth in this policy.

Athlete’s Signature _____
Date

Parent or Legal Guardian’s Signature _____
Date