

“Chase Start” Procedures

“Chase starts” are a procedure where both ends of the pool are used for starting events. It saves significant time during the meet because of an overlap that occurs after the swimmers make their last turn and are heading for a finish with the next heat CHASING them to the finish.

For this meet, we will be running “Chase Starts” for all events 100m or longer during Prelims (Morning 13 & Over Sessions & Midday 12 & Under Sessions). We will NOT be running “Chase Starts” during the Finals sessions (evening 11 & Over Sessions).

Races 100m or Longer:

- ODD HEATS: For events 100m or longer, all the **ODD** Heats will start from the SCOREBOARD end of the pool.
- EVENT HEATS: For events 100m or longer, all the **EVEN** Heats will start from the DIVING WELL end of the pool.

50m Events

- For the 50m events, all heats (Odd & Even), will start from the DIVING WELL end of the pool in both prelim and finals sessions.

WHAT TO EXPECT DURING THE MEET:

The first heat of the event steps up, on the scoreboard side of the pool, and starts. After the swimmers make their final turn and are heading back to the finish, the Referee on the diving well end of the pool will call up the second heat of the event. At a point not earlier than the midpoint of the pool and based on the Referees feel for how the slowest swimmer(s) in the first heat are progressing, they will start the second heat from the diving well end of the pool when it is appropriate. When those swimmers make their final turn, the process is repeated for the remaining heats. It is very important that all swimmers exit the pool immediately after finishing their race to not interfere with the “chasing” heat.

DIVING WELL END

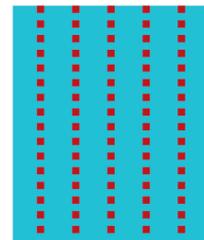
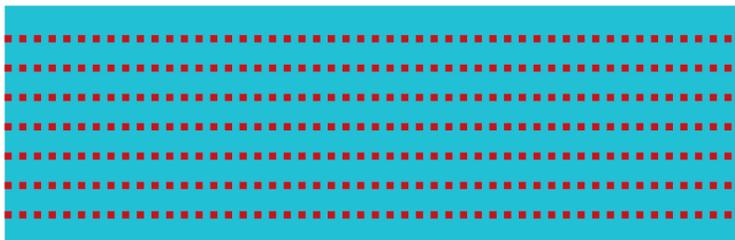
Starting From This End:

- All 50m Races
- EVEN Heats of Races 100m or longer

SCOREBOARD END

Starting From This End:

- ODD Heats of Races 100m or longer



Bleachers

****During the Finals sessions...**

- All races 100m or longer will start from the Scoreboard end of the pool.
- All 50m Races will start from the Diving Well end of the pool.