

Warm-Ups for Pilot Flying J January Classic

Friday, January 10th

13 Overs – General Warm-Ups in competition pools only. There is also assigned warm-ups for 12 under athletes listed below. Deck opens at **4:55pm**.

5:00pm-5:50pm

12 Under Assigned Warm-Ups (you may move over for starts during specific warm-ups if needed)

5:05pm-5:30pm

Lane 1 (diving well): TNAQ

Lane 2 (diving well): TNAQ

Lane 3 (diving well): PA

Lane 8 (competition pool diving well side): ACAC, SMAC, FRST

5:30pm-5:55pm

Lane 1 (diving well): BAY, KP

Lane 2 (diving well): YSSC

Lane 3 (diving well): PACK, ET, GYSS

Lane 8 (competition pool diving well side): BSC, YKVK, CKA, MMST, STAR

Saturday, January 11 - Doors open at **7:45am**

13 Over Warm-Ups – General warm-ups in competition pools only

8:15am-9:15am

12 Under Assigned Warm-Ups

11:50am-12:15pm

Competition Pool -Diving Well Side

Lane 1: TNAQ

Lane 2: TNAQ

Lane 3: TNAQ

Lane 4: TNAQ

Lane 5: TNAQ

Lane 6: TNAQ

Lane 7: TNAQ

Lane 8: TNAQ

Competition Pool -Scoreboard Side

Lane 0: BSC

Lane 1: KAC

Lane 2: GYSS, YKVK,

Lane 3: SMAC

Lane 4: SMAC

Lane 5: SMAC/FRST

Lane 6: ACAC

Lane 7: ACAC

Lane 8: ACAC

Lane 9: ACAC

12:15pm-12:40pm

Competition Pool -Diving Well Side

Lane 1: BAY

Lane 2: BAY

Lane 3: BAY

Lane 4: BAY

Lane 5: PA

Lane 6: PA

Lane 7: PA

Lane 8: PA

Competition Pool -Scoreboard Side

Lane 0: KP

Lane 1: ET

Lane 2: YSSC

Lane 3: YSSC

Lane 4: YSSC

Lane 5: YSSC

Lane 6: YSSC

Lane 7: STAR

Lane 8: MMST, CKA

Lane 9: PACK

Sunday, January 12 - Doors open at 7:45am

13 Over Warm-Ups – General Warm-Ups

8:15am-9:15am

12 Under Assigned Warm-Ups

12:30pm-12:55pm

Competition Pool -Diving Well Side

Lane 1: BAY

Lane 2: BAY

Lane 3: BAY

Lane 4: BAY

Lane 5: PA

Lane 6: PA

Lane 7: PA

Lane 8: PA

Competition Pool -Scoreboard Side

Lane 0: KP

Lane 1: ET

Lane 2: YSSC

Lane 3: YSSC

Lane 4: YSSC

Lane 5: YSSC

Lane 6: YSSC

Lane 7: STAR

Lane 8: MMST, CKA

Lane 9: PACK

12:55pm-1:20pm

Competition Pool -Diving Well Side

Lane 1: TNAQ

Lane 2: TNAQ

Lane 3: TNAQ

Lane 4: TNAQ

Lane 5: TNAQ

Lane 6: TNAQ

Lane 7: TNAQ

Lane 8: TNAQ

Competition Pool -Scoreboard Side

Lane 0: BSC

Lane 1: KAC

Lane 2: GYSS, YKVK,

Lane 3: SMAC

Lane 4: SMAC

Lane 5: SMAC/FRST

Lane 6: ACAC

Lane 7: ACAC

Lane 8: ACAC

Lane 9: ACAC