

**COAST AQUATICS FALL TRAINING SCHEDULE 08/08/22-11/20/22**

**DESTIN**

Senior	Mon-Wed 4-630 pm	Sat 7-930 am
Junior	Mon-Wed-Fri 430-630 pm	Sat 7-9 am
Age Group	Tue-Thu 4-530 pm	Sat 9-1030 am
Novice	Tue- Thu 4-5 pm	Sat 9-10 am

**BERNIE**

Senior	Tue-Thu 4-6 pm
Junior	Tue-Thu 4-6 pm
Age group	Mon-Wed-Fri 430-600 pm
Novice	Mon-Wed-Fri 4-5 pm

**Woodlands**

Junior	Mon-Tue-Thu-Fri 430-630 pm & Wed 5-7 pm
Age Group	Tue-Wed-Thu 500-630 pm

**CRESTVIEW**

Age Group	Mon-Tue-Fri 530-7 pm
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**THE WEEK OF NOVEMBER 20-26 WE WILL BE OFF FOR THANKSGIVING**