  
  
Birmingham Swim League  
  
Jack Barnacastle Invitational  
  
Birmingham Crossplex  
  
June 8-9, 2019



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 Jack Barnacastle Invitational   
Birmingham CrossPlex   
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| **SANCTIONED BY:** | This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.  Held under the sanction of USA Swimming and Southeastern Swimming, Inc.  Sanction No. 19SEBSL6-8, Time Trial Sanction No. 19SEBSL6-8TT |
| **HOSTED BY:** | Birmingham Swim League ([www.birminghamswimleague.org](http://www.birminghamswimleague.org)) 600 Vestavia Parkway, Suite 125 Birmingham, Alabama 35216  205-823-0669 (office) |
| **LOCATION:** | Birmingham CrossPlex ([www.birminghamcrossplex.com](http://www.birminghamcrossplex.com)) 2337 Bessemer Road Birmingham, Alabama 35208 205-279-8900 |
| **FACILITIES:** | Indoor 10-lane, 50-meter pool with non-turbulent lane lines, Colorado timing system and video scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The water depth is a minimum of 8 feet to 16 feet. Warm-up/warm-down lanes available at all times.  Drones are prohibited over venues any time athletes, coaches, officials and/or spectators are present. |
| **RULES:** | Current United States Swimming rules will govern the conduct of the meet. Southeastern Swimming safety guidelines and warm-up procedures will be in effect.  The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or from behind the starting blocks. Deck changing into or out of swimsuits other than in locker rooms or restrooms is prohibited.  In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. Birmingham Swim League will not accept responsibility for anyone who climbs to an unsafe height for any reason. |
| **OFFICALS:** | Meet Director: Kristie Muir (<meet.director@BirminghamSwimLeague.org)> Meet Referee: Gwenn McKenzie ([mckenzie5@comcast.net](mailto:mckenzie5@comcast.net)) Admin Referee: Donna Williamson (<dwilliamsonses@gmail.com>)  Officials and apprentices from visiting teams are welcome and appreciated. Please contact Gwenn McKenzie ([mckenzie5@comcast.net](mailto:mckenzie5@comcast.net)) with session(s) you are available to work. Dress in khaki pants/shorts/skirts, white shirts and white shoes. Please fill out information on “Team Information” page to be returned with entries. Officials must be members of USA Swimming and must present evidence of certification as required by Southeastern Swimming. Should there be any questions, meet officials will recognize only coaches or their designated representatives.  Officials’ meeting will take place in the hospitality room 1 hour before each session. Timers’ meeting will take place at Clerk of Course 30 minutes before each session. |
| **ELIGIBILTY:** | All swimmers must be 2019 USA Swimming Registered athletes. USA registration number must be listed on the entry form. No entry will be accepted without current registration numbers. There will be no on-deck USA Swimming membership registration. Coaches and officials must present evidence of certification as required by Southeastern Swimming.    A swimmer's age on the first day of the meet will determine his or her age for the entire meet. Swimmers must be at least 12 years old to enter Senior events.   Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| **STARTING TIMES:** | Warm-up Competition Saturday AM: 8:00 AM 9:15 AM  Saturday PM: 5 minutes after morn session 1hr & 15 min after warmup starts Sunday AM: 8:00 AM 9:15 AM  Sunday PM: 5 minutes after morn session 1hr & 15 min after warmup starts |
| **WARM-UPS:** | Each warm-up session may have lane assignments depending upon entries with  sprint and pace lanes to be designated the last 25 minutes. Warm-up lane  assignments will be posted on [www.birminghmswimleague.org](http://www.birminghmswimleague.org) and will be in the coaches’ packet.   Swimmers attending the meet without a coach must report to the Meet Director or  Referee to be assigned a coach for warm-up prior to each session.  Warm-up/warm-down lane(s) will be available during the meet. Southeastern  Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this  meet. |
| **ENTIRES:** | Entries will open for all teams on Monday April 29th, 2019 at 12:00PM CDT and close at 11:59PM CDT on Thursday, May 23rd, 2019, or when session limits have been reached. Entries will not be accepted before or after the entry period.    The MEET ENTRY CHAIRMAN must receive event Entry Form or a HYTEK  Meet Entry report, entry fees and surcharges to be an acceptable team entry. If entries are e-mailed, a hard copy (including all information and release forms) must follow by mail and be postmarked prior to the deadline. Email confirmations will be sent out as entries are received. Please make sure the meet entry chair confirms your entries. Please make one check payable to BSL. No entry fees will be refunded. Late entries may be accepted at the discretion of the Meet Entry Chairman.   However, late entries will be accepted on a "lane available" basis, new heats will not be created, and names may not appear in the heat sheet. All “new to the meet” late entry swimmers must present their 2019 USA Swimming registration card/deck pass or club portal printout at clerk of course. Swimmers should be entered at their best competitive LC times. Times will not be changed because of times made after entry deadline. Entries can be submitted as a HYTEK Team Manager entry file along with a printout of entries via e-mail. If there are discrepancies the electronic information will be used. |
| **ENTRY ERRORS:** | A psych sheet will be posted for review after the entry deadline. Once seeded, events will not be reseeded. If BSL has made an error the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded. |
| **MAIL ENTRIES TO:** | Isabel Lockhart  MEET ENTRY CHAIRMAN  213 Legacy Court Birmingham, AL 35242 E-Mail: [hal\_izzy@bellsouth.net](mailto:hal_izzy@bellsouth.net)  Note: If entries are e-mailed, a hard copy must also be sent, along with check and release forms. Questions about entries should be directed to Kristie Muir: <Meet.Director@BirminghamSwimLeague.org> |
| **ENTRY DEADLINE:** | Entry deadline is Thursday, May 23rd, 2019. The Liability Release Form and either the enclosed event Entry Form or a HYTEK Meet Entry report must be included. Make one check payable to BSL. All entry fees are non-refundable. |
| **FEES:** | Individual Events: $6.00 per individual event Relay events: $12.00 per relay  Late Entries: $7.00 per individual event  Late Relay: $14.00 per relay  Facility Surcharge: $12.00 per swimmer (full heat sheet online)  LSC Surcharge: $3.00 per swimmer  Out-of-LSC Surcharge: $5.00 per swimmer |
| **LIMITS:** | Each swimmer may enter a maximum of Four (4) individual events per day on Saturday and Sunday. Entries may be limited to 300 swimmers per session. The number of heats of the 400 IM and 400 Freestyle events may be limited at the discretion of the Meet Referee and Meet Director based on the meet time line. |
| **DISABILITIES:** | Swimmers with disabilities are welcome and are encouraged to complete the Information Form for Disabled Swimmers and return it with the entries. |
| **SCRATCHES/ SCRATCH PENALITIES:** | All scratches should be submitted to the Clerk of Course as soon as possible to provide lanes for possible late entries. A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in a deck-seeded event, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being **barred from the next individual event in which they are entered, whether it is that day or the next day.** |
| **MEET FORMAT:** | This is a timed-finals meet. All events will be pre-seeded except the events annotated in the events list as “Deck Seeded”, which will be deck-seeded. Swimmers must sign in with the Clerk of Course for all deck-seeded events.  Sign-in deadlines are 15 minutes after the last warm-up period starts for the deck-seeded events in that session. Additionally, relay card and drop/add deadlines are 15 minutes after the last warm-up period starts. If the swimmer is not checked in with the Clerk of Course for a deck-seeded event, the swimmer is legally scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events. At the discretion of the meet director and referee, some age groups may be combined but scored separately to improve the timeline. |
| **SCORING:** | Points for 1st through 8th places in individual events will be awarded as follows:  9-7-6-5-4-3-2-1.  Points will be awarded by age group 10 & Under, 11-12, 13-14, and Senior. |
| **AWARDS:** | High-point and runner up individual awards will be given for 1st through 3rd place for each age group and sex.  Awards will be given at the end of the Sunday session. Awards will not be mailed. Please have someone from your team present to pick them up. |
| **RESULTS:** | **Meet results will be posted during the meet and unofficial results will be available on Meet Mobile.** Final Results will be posted on the BSL website ([www.birminghamswimleague.org](http://www.birminghamswimleague.org)) at the end of the meet. A MM and TM backup will be posted to the website by June 14th, 2019. No MM or TM backups will be done at the meet until all scoring is completed and awards announced. |
| **HOSPITALITY:** | Hospitality will be provided on Saturday and Sunday for coaches and officials. |
| **EVALUATIONS:** | Any comments, suggestions or evaluations should be sent to: Phillip A. Kraus: PO Box 30318  Pensacola, Florida 32504 |
| **COACHES:** | **When picking up the team’s packet, coaches must present his/her current USA-S coaching credentials (USA Card or Deck Pass). No Coach will be allowed on the pool deck without providing proof of coaching credentials and have them at all times on deck.**  A coaches' meeting will be held at the Hospitality room immediately after the warm up and before the first event on Saturday. No swimmers will be allowed in the pool during this time. |

Order of Events for **Saturday AM**

|  |  |  |
| --- | --- | --- |
| **GIRLS** | **EVENT** | **BOYS** |
| 1 | 13 & Over 200 Freestyle Relay | **2** |
| **3** | 13-14 200 Individual Medley | **4** |
| **5** | Senior 200 Individual Medley | **6** |
| **7** | 13-14 100 Freestyle | **8** |
| **9** | Senior 100 Freestyle | **10** |
| **11** | 13-14 200 Butterfly | **12** |
| **13** | Senior 200 Butterfly | **14** |
| **15** | 13-14 200 Breaststroke | **16** |
| **17** | Senior 200 Breaststroke | **18** |
| **19** | 13-14 100 Backstroke | **20** |
| **21** | Senior 100 Backstroke | **22** |
| **23 #@** | 13-14 400 Freestyle | **24 #@** |
| **25 #@** | Senior 400 Freestyle | **26 #@** |
| **27 #@** | 13 & Over 800 Freestyle | **28 #@** |

Order of Events for **Saturday PM**

|  |  |  |
| --- | --- | --- |
| **GIRLS** | **EVENT** | **BOYS** |
| **29** | 12 & Under 200 Freestyle Relay | **30** |
| **31** | 10 & Under 200 Individual Medley | **32** |
| **33** | 11-12 200 Individual Medley | **34** |
| **35** | 10 & Under 100 Freestyle | **36** |
| **37** | 11-12 100 Freestyle | **38** |
| **39** | 10 & Under 50 Butterfly | **40** |
| **41** | 11-12 50 Butterfly | **42** |
| **43** | 10 & Under 50 Breaststroke | **44** |
| **45** | 11-12 50 Breaststroke | **46** |
| **47** | 10 & Under 100 Backstroke | **48** |
| **49** | 11-12 00 Backstroke | **50** |
| **51** | 10 & Under 400 Freestyle | **52** |
| **53** | 11-12 400 Freestyle | **54** |

# - Deck Seeded Event  
@ - Event will be swum fastest to slowest and will alternate between girls and boys. Events may be limited at the discretion of the Meet Referee and Meet Director based on the meet time line.

Order of Events for **Sunday AM**

|  |  |  |
| --- | --- | --- |
| **GIRLS** | **EVENT** | **BOYS** |
| **55** | 13 & Over 200 Medley Relay | **56** |
| **57** | 13-14 200 Freestyle | **58** |
| **59** | Senior 200 Freestyle | **60** |
| **61** | 13-14 100 Breaststroke | **62** |
| **63** | Senior 100 Breaststroke | **64** |
| **65** | 13-14 100 Butterfly | **66** |
| **67** | Senior 100 Butterfly | **68** |
| **69** | 13-14 200 Backstroke | **70** |
| **71** | Senior 200 Backstroke | **72** |
| **73** | 13-14 50 Freestyle | **74** |
| **75** | Senior 50 Freestyle | **76** |
| **77 #@** | 13-14 400 IM | **78 #@** |
| **79 #@** | Senior 400 IM | **80 #@** |

# - Deck Seeded Event  
@ - Event will be swum fastest to slowest and will alternate between girls and boys. Events may be limited at the discretion of the Meet Referee and Meet Director based on the meet time line.

Order of Events for **SUNDAY PM**

|  |  |  |
| --- | --- | --- |
| **GIRLS** | **EVENT** | **BOYS** |
| **81** | 12 & Under 200 Medley Relay | **82** |
| **83** | 10 & Under 50 Freestyle | **84** |
| **85** | 11-12 50 Freestyle | **86** |
| **87** | 10 & Under 100 Breaststroke | **88** |
| **89** | 11-12 100 Breaststroke | **90** |
| **91** | 10 & Under 100 Butterfly | **92** |
| **93** | 11-12 100 Butterfly | **94** |
| **95** | 10 & Under 50 Backstroke | **96** |
| **97** | 11-12 50 Backstroke | **98** |
| **99** | 10 & Under 200 Freestyle | **100** |
| **101** | 11-12 200 Freestyle | **102** |

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| --- | --- | --- | --- |
| **TEAM INFORMATION** | | | |
| Club Name: | | | Club Initials: |
| Address: | | | |
| LSC: | Head Coach: | | Cell Phone: |
| Contact Person: | | Contact Phone: | |
| Fax No: | | Email: | |
| Coaches Attending | Name: | Cell Phone: | Coaches Expiration: |
| 1 - |  |  |
| 2 - |  |  |
| 3 - |  |  |
| 4 - |  |  |
| Number of Swimmers Entered: | | Attached: | |
| Unattached: | |
| Total: | |
| **SUMMARY OF FEES** | | | |
| No. of SES Swimmers | | X $15.00 surcharge = $ | |
| No. of Out of SES Swimmers | | X $17.00 Surcharge = $ | |
| No. of Individual Events: | | X $6.00 per Event Entry Fee = $ | |
| No. of Relay Events: | | X $12.00 per Relay Entry Fee = $ | |
|  | | TOTAL DUE: = $ | |
|  | |  | |

|  |  |  |  |
| --- | --- | --- | --- |
| **OFFICIALS ATTENDING MEET** | | | |
|  | Name: | Certification: | Email Address: |
| 1 - |  |  |  |
| 2 - |  |  |  |
| 3 - |  |  |  |

**2019 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

. 1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating   
 in USA Swimming sanctioned competition(S) are members of their LSC and USA   
 Swimming.  
.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join   
 USA Swimming as coach members and shall satisfactorily compete safety training   
 required by USA Swimming.

And as:

False Registration – A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc.

regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the

compliance of my team’s swimmers with those rules during this meet. Birmingham Swim League, the

Birmingham CrossPlex, Southeastern Swimming, Inc. and USA Swimming, their agents, officers,

representatives, employees and coaches shall be free from any liability or claim for damages for

any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in

transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission

for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych

Sheets, Meet Results or any other documents associated with the running of this meet.

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| --- | --- |
| **SIGNATURE OF COACH OR CLUB OFFICIAL:** | |
| **CLUB:** | |
| **TITLE:** | **DATE:** |

ENTRY FORM  
Times should be in LONG COURSE METERS  
Please duplicate as needed

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | EVENT # | EVENT NAME | BEST TIME | EVENT # | EVENT NAME | BEST TIME |
| SWIMMER NAME | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| USS REGISTRATION NO. | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| DATE OF BIRTH | SEX |  |  |  |  |  |  |
|  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | EVENT # | EVENT NAME | BEST TIME | EVENT # | EVENT NAME | BEST TIME |
| SWIMMER NAME | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| USS REGISTRATION NO. | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| DATE OF BIRTH | SEX |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | EVENT # | EVENT NAME | BEST TIME | EVENT # | EVENT NAME | BEST TIME |
| SWIMMER NAME | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| USS REGISTRATION NO. | |  |  |  |  |  |  |
|  |  |  |  |  |  |
| DATE OF BIRTH | SEX |  |  |  |  |  |  |
|  |  |  |  |  |  |

Southeastern Swimming

SOUTHEASTERN LSC   
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY  
This non-mandatory form is for accommodation purposes.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_USA Registration #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age and Birth date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Events to be swum:\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/

Type of Disability

Blind\_\_\_\_\_\_Cognitive/Intellectual\_\_\_\_\_\_Deaf\_\_\_\_\_\_Physical\_\_\_\_\_\_Other\_\_\_\_\_\_

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following person(s) will accompany the swimmer for any needed assistance:  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.   
- - - - - - - - - - - - - -  
Meet Director Email: Meet.Director@BirminghamSwimLeague.org  
Meet Referee Email: mckenzie5@comcast.net   
Disability Chair Email: robin@seastarsaquatics.org

**RECOMMENDED HOTELS:**

|  |  |
| --- | --- |
|  | 2341 Crossplex Boulevard [Birmingham](https://www.hotelplanner.com/Hotels/3330-in-Birmingham-AL.html), AL [35208](https://www.hotelplanner.com/zip/Birmingham-AL-hotels-in-35208)  Reservations: 1-800-881-1523  Group Sales: 1-205-730-7800 Matthew Nesbitt – Director of Sales Email: [sales@ciscrossplexvillage.com](file:///C:\Users\Meet%20Director\Documents\Cranberry%20Classic\2017\Meet%20Files\sales@ciscrossplexvillage.com) |

|  |  |
| --- | --- |
|  | [Embassy Suites by Hilton Birmingham](http://embassysuites3.hilton.com/en/hotels/alabama/embassy-suites-by-hilton-birmingham-BHMWCES/index.html)  <http://embassysuites3.hilton.com/en/hotels/alabama/embassy-suites-by-hilton-birmingham-BHMWCES/index.html> 2300 Woodcrest Place, Birmingham, Alabama, 35209,  USATEL: +1-205-879-7400 FAX: +1-205-870-4523 |

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|  | [www.Westin.com/Birmingham](http://www.westin.com/Birmingham)  2221 Richard Arrington Jr. Blvd N  Birmingham, AL 35203  205-307-3600 |

|  |  |
| --- | --- |
|  | [www.Sheraton.com/Birmingham](http://www.sheraton.com/Birmingham)  2101 Richard Arrington Jr. Blvd N  Birmingham, AL 35203  205-324-5000 |



**CROSSPLEX NATATORIUM FOOD AND BEVERAGE POLICY**

• No outside food/beverages may be brought into the CrossPlex during events by spectators   
 and/or coaches and athletes. This includes coolers, bags and backpacks containing such   
 Items.  
  
• Attendees with coolers, bags and backpacks containing food/beverages will be asked to   
 return them to their vehicles prior to entering the CrossPlex.

• Attendees displaying beverage cups and/outside food bags looking to enter the CrossPlex   
 will be asked to either place those items in external trash receptacles or consume these   
 items outside prior to entering the CrossPlex.

• Athletes may purchase food and beverages at CrossPlex Concession Stands located in the   
 lower concourse. These items with the exception of nachos will be allowed on the   
 Natatorium deck.

• Meet Administration, coaches, officials and volunteers may remove snacks and beverages   
 from the on- deck hospitality room during the event.

• Attendees failing to cooperate with these policies may be asked to leave the CrossPlex.

• Athletes may bring their own empty refillable water bottle. Water coolers will be made   
 available on the pool deck.

• No collapsible chairs of any kind are allowed in the CrossPlex. There is adequate seating in   
 the natatorium bleachers.