

# Greater Pensacola Aquatic Club

## Parent Code of Conduct

As a parent of a swimmer and member of the Greater Pensacola Aquatic Club, I will abide by the following guidelines:

- I. Practice **TEAMWORK** with all parents, swimmers and coaches by supporting the values of *Discipline, Loyalty and Hard Work*.
- II. As a parent, I will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck.
- III. Set a sportsmanship example by conducting myself at meets and practices in a manner that earns the respect of my child, other swimmers, other parents and the coaches.
- IV. Maintain self-control at all times by following this guide:

**Parents – Parent**  
**Coaches – Coach**  
**Swimmers – Swim**  
**Officials – Officiate**

- V. As a parent, I understand that publicly criticizing, name-calling or use of abusive language or gestures directed toward the coaches, officials, and/or any participating swimmer will not be permitted or tolerated.
- VI. Enjoy involvement in the Greater Pensacola Aquatic Club by supporting the swimmers, coaches and other parents with positive communication and actions.
- VII. Should I conduct myself in such a way that brings discredit to the Greater Pensacola Aquatic Club, or USA Swimming, I voluntarily subject myself to disciplinary actions, which may include suspensions and/or dismissal from the team, as deemed appropriate by the Greater Pensacola Aquatic Club Board of Directors.

Please see the GPAC website to review the “Parent, Swimmer, Coach; A Triangular Relationship” document, which goes into more detail about communication and handling the frustration of competitive swimming.