2018 TOM LALOR INVITATIONAL

HOSTED BY
GREATER PENSACOLA AQUATIC CLUB
UWF AQUATIC CENTER
PENSACOLA, FL
June 1-3, 2018

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2018 SE GPAC TOM LALOR INVITATIONAL

University of West Florida Aquatic Center
Pensacola, Florida
June 1-3, 2018

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc.
SANCTION NUMBER: 18SEGPAC6-1
SANCTION NUMBER FOR TIME TRIAL: 18SEGPAC6-1TT

HOSTED BY: Greater Pensacola Aquatic Club, Inc. (850) 484-1312 www.gpacswimteam.org

LOCATION: The University of West Florida Aquatic Center
11000 University Parkway, Building 73, Pensacola FL 32514

DIRECTIONS:
From US 90 East or West - Turn North on University Parkway to end of the road and turn left, the UWF Aquatic Center is at top of hill on your right.

From I-10 East or West - Exit at Davis Hwy, go north to University Pkwy and turn left (3rd light from the east; 4th light from the west); take University Parkway North to end of the road and turn left. The UWF Aquatic Center is at top of hill on your right.

PARKING: Parking is available next to the gym (Lot B) and across the street next to the water tower (Lot J). Cars parked in driveways, drop-off circles, on the grass, or adjacent to the buildings near the pool are subject to being towed by the University Police at owner's expense. Please see page 6 for a map of the area.

FACILITIES: World class indoor 8-lane 50 meter competition pool with a 4 foot minimum depth and non-turbulent lane lines. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

A seven (7) lane course will be utilized during each session. Meet Director and Referee reserve the right to alter number of lanes utilized as necessary. The course will have fully automatic electronic timing provided by Colorado Timing System with HYTEK interface and an 8-lane scoreboard with lane/time/place display. Manual back-up will be used. A warm-down lane will be provided in the competition pool adjacent to the course on the side closest to the grandstands. Entry to the warm down lane will be at the deep end only. Coaches are asked to help direct their swimmers to comply with this requirement.

RULES: Current USA Swimming rules will govern the conduct of the meet unless otherwise noted herein.

SAFETY: In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and conduct themselves in a safe manner. Nobody will be allowed to climb on the diving boards for any reason. All swimmers and coaches are asked to remain on the pool deck and not climb the stairs to the skybox. Any questions or concerns should be reported to the Meet Director through the office of the Clerk of Course which is located at deck level between the locker rooms. ONLY MEET WORKERS, COACHES, OFFICIALS AND SWIMMERS WILL BE ALLOWED ON THE POOL DECK AREA BEHIND THE STARTING BLOCKS. Coaches are asked to help control the crowded pool deck by asking the parents of their swimmers to stay away from the starting block area of the pool. Swimmers must enter the warm-down lanes feet first only. Swimmers are to be encouraged by their coaches and parents to remain in the spectator area until their events.

Please be advised that the Pensacola area is subject to severe weather and therefore delays during the meet when thunder storms and lightning are in the vicinity should be anticipated. The UWF aquatic facility has strict rules prohibiting swimming while thunder and lightning storms are in the vicinity and these rules will be followed at all times. If a lightning strike is recorded within 5 nm of UWF Aquatic Facility, swimming will be halted and will not resume until a 15 minute period absent of local lightning strikes has expired.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms or locker rooms.

All changing of clothes must be done in changing areas, restrooms or locker rooms as "Deck Changes" are prohibited.

OFFICIALS:

Meet Director: Philip Kraus
(850) 316-1213
gpacswimcoach@gmail.com

Meet Referee: Mary Anne Petruska
(850) 485 – 2460
petruska@cox.net

Admin Official: Rocky Parra
gpac.meet.entries@gmail.com

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without current registration numbers. There is no on-deck USA Swimming registration available at the meet.

A swimmer's age on the first day of the meet will determine his or her age for the entire meet.

Coaches and officials must present evidence of certification as required by Southeastern Swimming.

All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily compete safety training required by USA Swimming.

A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is **not properly registered**.

DISABILITIES: Swimmers with disabilities are welcome and highly encouraged. Coaches with disabled swimmers are requested to complete the attached Information Form for Disabled Swimmers and return it with the entries in order to efficiently make swimmer accommodations prior to the start of the meet.

MEET FORMAT: This is a timed finals meet. Fly over starts may be used. All events will be pre-seeded except for the 1500 Free, 800 Free, 400 Free, 400 IM, the 12 & under 200 IM and 12 & under 200 Free which will be heat limited and deck-seeded. Swimmers must sign-in with the Clerk of Course for all deck-seeded event.

The 800 Free and 1500 Free will be swum all women's heats slowest to fastest, followed by all men's heats slowest to fastest. **Swimmers will be required to provide their own timers and counters for the 1500 and 800 events.**

In the interest of minimizing timelines and maximizing participation, the meet referee reserves the right to combine heats of some distance events where two swimmers share a lane. Procedure for this will be reviewed at the coaches' meeting on Friday, and again where deemed necessary.

The 13 & older morning sessions of this meet will be conducted using "chase starts" unless the number of athletes in the sessions should otherwise dictate. Procedure for this will be reviewed at the coaches' meeting.

Swimmers 11 and older can choose to enter the "OPEN" events provided they are members of a team that is traveling by bus or other transportation as part of a "team trip." Swimmers may not enter "open" events in one session and then swim in their age group during another session. Once entered in "open" events, the swimmer must remain entered in all "open" events for the meet.

WARM UP AND MEET START TIMES: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. There will be two sessions each day with the 13 and older age groups swimming in the morning session each day and the 12 and under age groups swimming in the afternoon each day. Warm-ups in the morning session will consist of two 40 minute session with lane assignments posted. The warm-ups for the afternoon session will consist of a single forty (40) minute OPEN format session with pace lanes and sprint lanes assigned.

The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Warm up sessions may be altered in order to provide sufficient warm up for all swimmers. *Swimmers not entered in the meet may not use the pool at any time with the exception of swimmers from the host club.*

STARTING TIMES:	**Warm-up**	**Competition**
Friday AM:	7:00 AM	8:30 AM
Friday PM:	A single forty (40) minute warm-up session will commence immediately after completion of the morning competition session, but no earlier than 11:30 am.	
Saturday AM:	7:00 AM	8:30 AM
Saturday PM:	A single forty (40) minute warm-up session will commence immediately after completion of the morning competition session, but no earlier than 11:30 am.	
Sunday AM:	7:00 AM	8:30 AM
Sunday PM:	A single forty (40) minute warm-up session will commence immediately after completion of the morning competition session, but no earlier than 12:30 pm.	

The Host Team reserves the right to modify the warm-up schedule and/or competition start times after entries have been processed and an estimated timeline has been determined.

ENTRIES: Teams who have HYTEK's Meet/Team Manager should submit their entries via email. Entry forms must be completely filled out including the swimmers' best times for Long Course Meters. Please provide a written copy of entries with the event numbers and event description in published event order for verification purposes. Teams without "Team Manager" are encouraged to use Hytek's Team Manager Lite which is available free for download direct from Hytek via the following website: http://www.hy-tekltd.com/downloads.html

Otherwise, teams without "Team Manager" or other suitable Hytek product must use the enclosed entry forms and are subject to a **$30.00 surcharge** for requiring manual entry processing. Entry times are to be listed in long course meters or "NT".

All teams are asked to completely fill out the enclosed Team Information Form, including the names and contact numbers for all registered officials affiliated with the team that are willing to serve as a meet official during the weekend. If possible, teams submitting their entries via email are asked to send their completed forms either by fax or as scanned documents attached to email.

If these delivery methods are not available, the completed forms should be submitted by physical mail for prompt delivery.

Any teams with outstanding fees from previous GPAC meets <u>WILL NOT</u> have any entries accepted until ALL outstanding fees are paid.

ENTRY ERRORS: If due to GPAC's error, the swimmer will be deck entered into an open lane of the heat nearest his/her entry time or in a new heat. The entire event WILL NOT be re-seeded.

SCRATCHES: All scratches should be submitted to the Clerk of Course as soon as possible to identify open lanes for potential deck entries. Swimmers or relays who do not check-in with the Clerk of Course by the deadline will be seeded with a NT, but will be able to compete. Only the swimmer or his/her coach may check-in or scratch a swimmer.

If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. If scratching the event, the swimmer or coach shall draw a line through the swimmer's name and place their initials next to the swimmer's name.

Any swimmer entered in an individual event that is seeded at the meet, and who has been signed in for the event, must swim the event unless he/she notifies the Clerk of Course before the seeding for that event has begun. Failure to swim the event will result in the swimmer being barred from the next individual event in which he/she is entered, whether it is that day or the next day. **Sign-in deadlines are as follows**:

DAY	EVENT	DEADLINE
FRIDAY	OPEN 400 IM	8:00 AM
FRIDAY	11-12 400 FR	1:00 PM
SATURDAY	OPEN 400 FR	8:00 AM
SATURDAY	12 & U 200 IM	12:30 PM
SUNDAY	OPEN 800/1500	8:00 AM
SUNDAY	12 & U 200 FR	1:30 PM

LIMITS: Swimmers are limited to five individual events per day, inclusive of time trials. All swimmers are limited to two relays for the meet. The deck seeded events will be limited to a set number of heats per gender: the boys 1500 Free (4 heats), the girls 800 Free (4 heats), 13 & over 400 Free (6 heats of each gender) and 400 IM (5 heats of each gender); the 12 & under 200 IM on Saturday and the 12 & under 200 Free on Sunday will be limited to eight (8) heats total for each gender in each event. The 11-12 400 free will be limited to four (4) heats per gender**.** The host team reserves the right to further limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

TIME TRIALS: Requests for time trials will be accepted by the Clerk of the Course. Payment for any requested time trial must accompany the request. Requested Time Trials for swimmers not already entered in the meet must be accompanied by proof of current USA Swimming registration. Swimmers not already entered into the meet must submit facility fees, SES surcharges and any other meet related fees with their request. **The deadline for submitting Time Trial requests will be two hours following the start of competition of each session of each day.** The actual scheduling of the time trials will depend on the number of requests, but they will likely be scheduled for the end of the day after all competition is complete for that session.

FEES: Please make checks payable to: Greater Pensacola Aquatic Club. **All entry fees are nonrefundable.**

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Individual:	$7.00 per event	($9.00 late entry)
Relay:	$12.00 per event	($14.00 late entry)
Time Trials:	$10.00 per event	
SES surcharge:	$3.00	($5.00 non-SES registered swimmers)
Facility surcharge:	$14.00	(Waved for Outreach) includes electronic heat sheet

Team checks are required for all entry fees. If a team check is not available, entry fees must be paid by cashier's check or money order. All entry fees are nonrefundable.

DEADLINE: Entry files and entry reports or manual entry forms and entry fees including surcharges must be received by the Meet Entries Chair on or before 11:59 PM Central Time on **Tuesday May 22, 2018**. **Late entries** will be accepted for available lanes only until 5:00 PM Central Time on Friday, May 25, 2018. No new heats will be formed.

If entries are e-mailed, a hard copy (including all information and release forms) and payment of all entry fees must follow by mail or express delivery service (FedEx, etc.) and be postmarked or submitted to the express delivery service no later than on Friday, May 25, 2018.

E-mailed entries will not be considered complete for processing until the GPAC Meet Entries Chair has received written entry forms, written copy of all entries for verification purposes, release/recap sheet and entry fees including surcharges. Email confirmations will be sent out as entries are received. Please contact the GPAC Meet Director or Meet Entries Chair if a confirmation of your team's entries is not received within 24 hours of submission.

Completed entries should be submitted by e-mail, overnight delivery or U.S. mail to:

Rocky Parra, GPAC Meet Entries Chair
4575 Francisco Road
Pensacola, FL 32504
Fax: 850-432-9985
Email: gpac.meet.entries@gmail.com

(Please include the words "Meet Entry Info" in the subject line of all e-mail)

In the event that it becomes necessary to limit swimmers, priority will be given to teams in the order their entries are received.

SCORING: Points for 1st through 8th places in individual events will be awarded as follows: 9-7-6-5-4-3-2-1.

AWARDS: Ribbons will be awarded for first through eighth place in all individual events. Individual high point awards will be awarded for both genders in the following age groups 8 & Under, 9-10, 11-12, 13-14 & Senior. Team trophies will be awarded to the First, Second and Third place teams.

SPECTATOR CORNER: The UWF Aquatic Center has bleacher seating – personal chairs are not allowed in the Aquatic Center. Seating by spectators or athletes is not allowed on the pool deck. Tents, tarps, and chairs are welcome in the courtyard areas outside the pool provided they do not impede access to the entrances to university facilities and handicapped access ramps. Tents, tarps, and/or chairs cannot be set up on the access road directly outside the pool entrance. Spectators are prohibited in the area behind the starting blocks and may be prohibited in other designated areas. Spectators must comply with all signs or verbal directions from university and meet officials limiting or restricting the use of certain areas for seating.

Spectators are not allowed to use the locker rooms as restroom facilities, three locations outside the aquatic facility will be used by spectators. The three areas are: the bathrooms located in the same building as the pool (building 73) which are located under the overhang connecting it to the Field House (building 54), the bathrooms located in the Field House (building 54) that are adjacent to the concession stand (North entrance) (exit pool turn left then turn right at the end of the building) and the bathrooms on the main floor of the Health, Leisure & Sports (HLS) building (building 72) which is to the right upon exiting the pool. Please see page 6 for a map of the area.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

The possession, use, or storage of electronic equipment such as hoverboards, Segways, IO Hawks, Skywalkers and any similar devices is prohibited anywhere on the University of West Florida Pensacola Campus.

Spectators and swimmers are only allowed to be in the immediate pool area—bleachers, team seating areas, sun yard and adjacent courtyard/outdoor areas. NO SWIM MEET PARTICIPANTS/SPECTATORS ARE ALLOWED ON THE UWF FOOTBALL FIELD AT ANY TIME FOR ANY REASON.

COACHES' CORNER: Before picking up the team's packet, coaches are asked to ensure that the Clerk of the Course has a completed Team Information sheet with the lead deck coach's cell phone number listed.

SES rules dictate that "coaches shall display, when requested, their USAS Membership cards and/or "Deck Pass" credentials to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the Host Meet Referee/director –they may assign the responsibility to other meet personal. *Therefore all coaches are required to sign in with the Clerk of Course and must be prepared to show their coaching credentials at any time.*

A coaches' meeting will be held at 10 minutes prior to the start of competition on Friday and, if deemed necessary by the referee on Saturday, in the hospitality area. No swimmers will be allowed in the pool during this time. Competition will not start until after the conclusion of the coaches meeting(s).

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Coaches expecting to have swimmers participating in a session that the coach will not be attending are asked to complete a Swimmer Assignment form in advance of the session and send it to the Meet Referee and GPAC Meet Director by email.

OFFICIALS' CORNER: The Meet Referee is asking all officials who are available to serve at this meet to notify her by email of their availability. Please let her know which day(s) you can help and which session(s) you would like to work. This information should be sent to Mary Anne Petruska via email to petruska@cox.net

Teams are asked to also include the names of these officials in the appropriate section of the Team Information page to be returned with entries.

PHOTOGRAPHY POLICY: No team or parent photographers will be permitted on deck unless they are registered non-athlete members of USA Swimming with a current valid level 1 background check and current valid Athlete Protection training. Press photographers will not be permitted on deck unless they have been issued a credential by the Meet Director. Credentials must be visible and on display at all times.

Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Acceptable areas include the side courses of the pool, team gathering areas, concession areas, and the turn-end of the competition pool(s) when not in use as a "start end".

Greater Pensacola Aquatic Club (hereafter "the club") reserves the exclusive rights to any and all broadcasts including but not limited to radio, video, or internet streaming of any meet held by

GPAC. By participation or attendance of any of GPAC's meets, attendees do hereby agree to allow GPAC the rights to use their image or name in any publication or broadcasts of the meet in the future as the club sees fit.

HOSPITALITY: There will be a hospitality area available for coaches, meet workers and officials only.

HEAT SHEETS AND CONCESSIONS: Heat sheets will be made available to all teams through email and will also be posted on the meet dashboard on the team web site prior to the meet. GPAC will operate a concession stand located on the pool deck.

RECYCLING: GPAC is supporting the SES recycling initiative (pilot program for USA Swimming) at its home meets. Please look for additional information about this initiative posted at the swimming venue and assist GPAC with this initiative.

MEET EVALUATIONS:
Please send any comments, suggestions, or evaluations concerning the meet to:

Phil Kraus- SES General Chairman
PO Box 30318
Pensacola, FL 32504
ses.general.chair@gmail.com

The following forms are attached after the order of events as an integral part of this meet invitation and are required for entry processing:

SES Waiver, Acknowledgment and Liability Release Form
Team Information Form and Summary of Fees
SES Consolidated Entry Form (duplicate as needed)
SES Information Form for Disabled Swimmers (duplicate as needed)
GPAC Time Trial Form
Unaccompanied Swimmer Coaching Assignment Form

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5049 Corporate Woods Drive | 850-474-3777
Website »

Hotels Close to University Plaza

Approximately 4 miles from the Aquatic Center

Hampton Inn & Suites
Pensacola I-10 N at University Town Plaza
7050 Plantation Road
Pensacola, Florida, 32504
850-505-7500

Courtyard Pensacola
451 Creighton Road
Pensacola FL 32504
850-857-7744

Fairfield Inn Pensacola I-10
7325 N Davis Hwy
Pensacola, FL 32504
850-484-8001

Home2 Suites by Hilton

Pensacola I-10 at North Davis Hwy

7753 North Davis Highway

Pensacola, Florida, 32514

850-466-4748

The GPAC rate is $99.00 per night year round. This includes free breakfast, all rooms are suites with kitchenettes, and we are pet friendly. Go to home2suites.com and in corporate account field enter the number: **0002851466**

Good Luck Swimmers!!!

2018 GPAC Tom Lalor Invitational
Order of Events

SESSION 1*

Friday June 1, 2018

GIRLS	EVENT		BOYS
1	13-14	400 Freestyle Relay	2
3	15 & OVER	400 Freestyle Relay	4
5	13-14	50 Backstroke	6
7	OPEN	50 Backstroke	8
9	13-14	100 Butterfly	10
11	OPEN	100 Butterfly	12
13	13-14	200 Breaststroke	14
15	OPEN	200 Breaststroke	16
17	13-14	50 Freestyle	18
19	OPEN	50 Freestyle	20
21	OPEN	400 Individual Medley	22

SESSION 2*

Friday June 1, 2018

Warm-up immediately upon conclusion of Session 1, but no earlier than 11:30 pm.

GIRLS	EVENT		BOYS
23	10 & U	200 Freestyle Relay	24
25	11-12	200 Freestyle Relay	26
27	10 & U	100 Butterfly	28
29	11-12	100 Butterfly	30
31	10 & U	50 Breaststroke	32
33	11-12	50 Breaststroke	34
35	10 & U	100 Backstroke	36
37	11-12	100 Backstroke	38
39	11-12	400 Freestyle	40

The meet director reserves the right to adjust pool designations for age groups or genders in order to run the meet more smoothly. Such changes may entail shifts between Session 1 and Session 2 on Friday, between Session 3 and Session 4 on Saturday and/or between Session 5 and Session 6 on Sunday.

2018 GPAC Tom Lalor Invitational
Order of Events

SESSION 3*
Saturday June 2, 2018

GIRLS	EVENT		BOYS
41	13-14	400 Medley Relay	42
43	Senior	400 Medley Relay	44
45	13-14	50 Butterfly	46
47	OPEN	50 Butterfly	48
49	13-14	200 Freestyle	50
51	OPEN	200 Freestyle	52
53	13-14	100 Breaststroke	54
55	OPEN	100 Breaststroke	56
57	13-14	200 Butterfly	58
59	OPEN	200 Butterfly	60
61	13-14	100 Backstroke	62
63	OPEN	100 Backstroke	64
65	OPEN	400 Freestyle	66

SESSION 4*
Saturday June 2, 2018

Warm-up immediately upon conclusion of Session 3, but no earlier than 11:30 pm.

GIRLS	EVENT		BOYS
67	10 & U	200 Medley Relay	68
69	11-12	200 Medley Relay	70
71	9-10	200 Individual Medley	72
73	11-12	200 Individual Medley	74
75	10 & U	50 Butterfly	76
77	11-12	50 Butterfly	78
79	10 & U	100 Freestyle	80
81	11-12	100 Freestyle	82

The meet director reserves the right to adjust pool designations for age groups or genders in order to run the meet more smoothly. Such changes may entail shifts between Session 1 and Session 2 on Friday, between Session 3 and Session 4 on Saturday and/or between Session 5 and Session 6 on Sunday.

2018 GPAC Tom Lalor Invitational
Order of Events

SESSION 5*

Sunday June 3, 2018

GIRLS	EVENT		BOYS
83	13-14	100 Freestyle	84
85	OPEN	100 Freestyle	86
87	13-14	200 Backstroke	88
89	OPEN	200 Backstroke	90
91	13-14	50 Breaststroke	92
93	OPEN	50 Breaststroke	94
95	13-14	200 Individual Medley	96
97	OPEN	200 Individual Medley	98
99	OPEN	800 Freestyle	XXXXXX
XXXXX	OPEN	1500 Freestyle	100

SESSION 6*

Sunday June 3, 2018

Warm-up immediately upon conclusion of Session 5, but no earlier than 12:30 pm.

GIRLS	EVENT		BOYS
101	9-10	200 Freestyle	102
103	11-12	200 Freestyle	104
105	10 & U	50 Backstroke	106
107	11-12	50 Backstroke	108
109	10 & U	100 Breaststroke	110
111	11-12	100 Breaststroke	112
113	10 & U	50 Freestyle	114
115	11-12	50 Freestyle	116

The meet director reserves the right to adjust pool designations for age groups or genders in order to run the meet more smoothly. Such changes may entail shifts between Session 1 and Session 2 on Friday, between Session 3 and Session 4 on Saturday and/or between Session 5 and Session 6 on Sunday.

Emerald Coast Realty

Emerald Coast Realty

240 E Intendencia St

Pensacola, FL 32502

850-437-5618

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University of West Florida

Aquatic Center Area Map

Field House

Building 54

Bathrooms

Enter through North Entrance

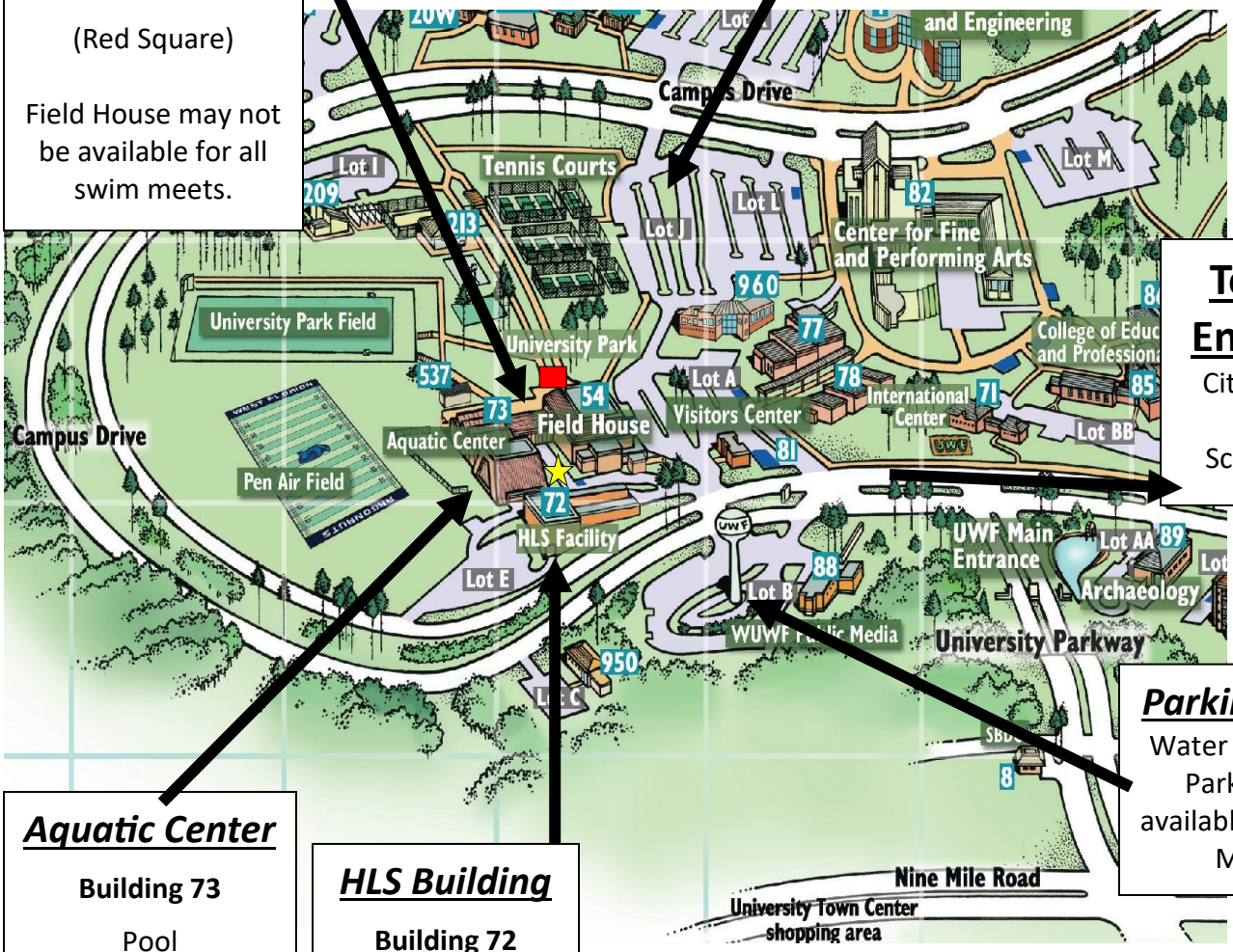
(Red Square)

Field House may not be available for all swim meets.

Parking Lot J

Tennis Court Lot

Parking Lot available for Swim Meets



To East Entrance

City of Pace and Scenic Hwy

Parking Lot B

Water Tower Lot

Parking Lot available for Swim Meets

Aquatic Center

Building 73

Pool

Enter through courtyard area (Yellow Star)

Bathrooms

Outside entrance under the connecting overhang to building 54.

HLS Building

Building 72

Bathrooms

Enter through courtyard area (Yellow Star).

There is also a small lobby that is available during cold weather

Athlete Protection Policies

Spectators are not allowed in the locker rooms located on the pool deck. These are for Athletes and Meet personnel only. Bathrooms for spectators are located as indicated on this map.

The use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms or locker rooms.

All changing of clothes must be done in changing areas, restrooms or locker rooms as "Deck Changes" are prohibited.

No spectators are allowed on deck.

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Unlimited Basic Amusement Rides
Unlimited Special Attractions

Wet & Wacky:

Water Park Only ($25.99)
Unlimited Access To Water Park

Observer ($15.99)
Non-Swimmer; No Access To Waterpark Attractions

Surf & Turf:

Venice Combo ($36.99)
Main Street Transfer + Wet & Wacky

Malibu Combo ($41.99)
Main Street Deal + Wet & Wacky

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TEAM INFORMATION

CLUB NAME:		INITIALS:
ADDRESS:		
LSC:	HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:
FAX NUMBER:	CELL PHONE:	EMAIL:

	NAME	COACHES CARD EXPIRATION DATE
COACHES ATTENDING:	1.	
	2.	
	3.	

CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.
	2.
	3.
	4.

NUMBER OF SWIMMERS ENTERED:	ATTACHED:	
	UNATTACHED:	
	TOTAL:	

SUMMARY OF FEES

SES TEAMS NUMBER OF SWIMMERS:		X $3.00 SES SURCHARGE =	
NON-SES TEAMS NUMBEROF SWIMMERS:		X $5.00 SES SURCHARGE =	
NUMBER OF SWIMMERS:		X $14.00 FACILITY SURCHARGE =	
NUMBER OF IND. EVENTS:		X $7.00 PER EVENT ENTRY FEE =	
NUMBER OF RELAYS		X $12.00 PER RELAY=	
		TOTAL DUE:	

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- Allen J. Patton, MD
- Elmer P. Brestan, MD
- Alejandro A. Inclan, MD
- Thomas B. Tan, MD
- D. Frank Andrews, III, MD, FACP
- Shailesh J. Patel, MD
- Thomas J. Fitzgerald, MD, PhD
- Rami Owera, MD
- Donna Cooper, ARNP

Urology Division
- Dennis H. Peters, MD
- John W. Garner, MD
- Frank J. Greskovich, III, MD
- David P. Bernstein, MD
- Maurice L. Bouchard, Jr., MD
- Brett L. Parra, MD
- Davinder S. Sekhon, MD
- Jamie Thorn, ARNP

Radiation Oncology Division
- Nathan S. Floyd, MD
- Joanne L. Bujnoski, DO

Good Luck GPAC!

SOUTHEASTERN SWIMMING

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily compete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Greater Pensacola Aquatic Club, Inc., the University of West Florida, Pensacola State College, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	**DATE:**

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CONSOLIDATED ENTRY FORM

Times should be in **SHORT COURSE YARDS**

Please duplicate as needed		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

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SOUTHEASTERN SWIMMING

INFORMATION FORM
FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name_____

Address_____

Team_____ USA Registration #

_____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____

Type of Disability
Blind _____ Cognitive/Intellectual _____ Deaf ____ Physical _____ Other_____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

_____

_____

The following person(s) will accompany the swimmer for any needed assistance:

_____

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

_____

_____

Information gathered on this form will only be used for swimmer's accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director: Philip Kraus gpacswimcoach@gmail.com
Meet Referee: Mary Anne Petruska petruska@cox.net
Disability Chair: Robin Heller robin@seastarsaquatics.org

bagelheads.com

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GREATER PENSACOLA AQUATIC CLUB

Time Trial Request Form

Time Trial Request

Time Trials to meet SES, Sectional or National qualifying times for swimmers otherwise meeting the eligibility criteria for any long course event listed below may be held upon reasonable request at the sole discretion of the Meet Referee and Meet Director. Such swims when combined with the swimmer's entered events must fall within daily individual entry limits otherwise applicable and will be held, if time permits, after the final competition session each day. Swimmers requesting time trials must supply their own lane timers. Entry fees for each time trial swim will be $10.00 per individual event (plus applicable SES surcharge and facility fee for swimmers not otherwise entered in the meet) due at the time the request for time trial is submitted.

Swimmers must sign up for time trials at the Clerk of Course table, by 2 hours after the start of competition, by submitting a copy of this form with the applicable fees.

The time trial order of events will generally be as follows: current day's events, previous day's events and future day's events. Different strokes of the same distance may be combined and swum at the same time in order to consolidate heats.

Meet Name: _____

Meet Date: _____

Meet Sanction Number: _____

Team Name: _____ Team Abbreviation: _____

Swimmer's Name: _____ USA Swimming ID #: _____

Gender: M / F

Event Description (Stroke & Distance: _____ Seed Time: _____

Coach/Swimmer Signature: _____

PAID: _____
Clerk of Course INITIALS

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UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer's team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

_____ _____

Coach's Signature **Date**

Swimmer Name(s):

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

_____ _____

Assigned Coach's Signature **Date**

_____

Assigned Coach's Team Name

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