# SWIMMER NAME SEX: F M AGE

**(ONE SWIMMER PER SHEET) (CIRCLE ONE) (on date of meets)**

**T-SHIRT SIZE: YS YM YL ADULT S ADULT M ADULT L**

## (CIRCLE ONE)

## NORTH COUNTY SUMMER SWIM LEAGUE

**2019 MEET SCHEDULE**

Dear Swimmers and Parents,

Below is a list of the North County Summer Swim League Dual Meets that will be held in July. Please consult your calendar and mark the meets that your swimmer will be attending. All but one meet will be held at our pool during workout time. The **Championship Meet will be held on Sat, Aug 3**. Because each swimmer is only allowed to enter a certain amount of events, we must have complete cooperation from all participants. The coaches must decide in advance which events the swimmer will be entered in. This gives everyone the opportunity to participate. If a swimmer signs up for a meet and then does not show up, it will leave an empty lane for our team. If a swimmer shows up who DID NOT sign up, he will not be allowed to participate in that meet. The team is trying to ensure that no swimmer will be excluded from participating.  Ribbons will be given to all swimmers in all events. **The cost to participate will be $40 for all the meets including the championship meet**. There is not an individual cost per meet.

**All swimmers will be given a T-Shirt and team cap to wear to all meets.**

PLEASE CHECK THE MEETS THAT YOUR SWIMMER WILL BE PARTICIPATING IN AND RETURN THE FORM TO: **Sean or Mary ON OR BEFORE Tuesday, June 25, 2019.**

### DATE OPPONENT MEET SITE PARTICIPATION

JULY 11(Thur) ICAC & RST **PALOMAR COLLEGE** YES\_\_\_\_NO\_\_\_\_

 (Warmup 4:00 pm)

JULY 15 (Mon) RAQ **FALLBROOK** YES \_\_\_NO\_\_\_\_

 (Warmup 4:00 pm)

JULY 23 (Tues) FAST VS LSF **FALLBROOK** YES\_\_\_\_NO\_\_\_\_

 (Warmup 4:00 pm)

AUG 3 (Sat) All teams **FALLBROOK** YES\_\_\_\_NO\_\_\_\_

 **This is the championship** **meet warmup@8:30** **meet start @9:30**

**I have marked each meet I can attend.**

**I have enclosed $40 PER SWIMMER. Make checks payable to FAST.**

**Or Please bill my account:**  **\_\_\_\_\_\_\_\_\_\_**

##### Parent Signature Date