

2022 Summer League FAQ's

What if we go on vacation during the program? The program is designed for flexibility. Obviously, the more you practice the better you will get, but practices are not mandatory. If you are going to miss a meet or practice, just let the head coach know in writing or via email so they won't schedule the swimmer for events inappropriately. There will not be a refund for the missed time.

My swimmer is 5 and has very strong swim skills, can they join? It really depends on the child and how he or she deals with the situation. The swimmer needs to be able to follow directions in a large group and compete at the meets with older swimmers. Oftentimes we hold the swimmer out of the program to make sure he or she is really ready- it tends to make for a more positive experience later.

Why is there a refund period? Heartland Swim is a true non-profit. We put all of our efforts into the programs. We base our staff and supplies on the registered applicants at the beginning of the program, so we are only able to hold the refund period open for a short time frame.

For **swim lessons**, we highly recommend:

La Mesa Municipal Pool <http://www.cityoflamesa.com/index.aspx?NID=915>

Their phone number is 619.667.1494

I need more information, who do I contact?
Please email specific questions to hsa.summerleague@heartlandswim.org
We handle all questions via email.