



Heartland Swim's Fall Special

An opportunity to try our year-round swim team at introductory pricing

SEPTEMBER 7 - DECEMBER 9

Ages 12 & under practice at El Cajon Valley High School
Monday through Thursday 5:45–7:15 p.m.

Ages 13 & over practice at
Montgomery Middle School Monday and Wednesday 5:15-7:15 p.m.
Grossmont High School Tuesday and Thursday 5:30-7:30 p.m.

****All swim practices are subject to changes due to high school water polo games and practices**

Cost: \$400.00 (a savings of \$132-\$204) includes \$76 for a USA Swimming membership

If you have not previously had a USA swimming membership you will be required to show proof of age (original birth certificate or unexpired passport) to a team representative during the first week of practices. USA swim cards will be valid through December 2022.

Registration Directions

Register on our website starting August 30 by clicking on Fall Special button in the center of the home page.

Refund policy- First two weeks- Full refund. Third and fourth weeks- Less \$75 processing fee. After three weeks- No refund.

The “About HSA/First Steps and “Next Steps” tabs have great information!

Heartland Swim FAQ's

The Fall Special is intended for swimmers who have participated in our Summer League program or are new to club swimming. Swimmers who have previously swum with Heartland or another club year-round team are not eligible for the introductory pricing.

I see that practices are offered at least 4 times a week- my child can't attend all those practices! And we do not expect them to- most swimmers on our Fall Special teams only come to 2-3 practices a week. We offer practices on 4 days a week in order to give you the maximum flexibility in working practices into your schedule.

Are swim meets required? Do they cost extra? Swim meets are optional but we do highly recommend you attend at least one a month as they are one of the best methods of tracking improvement and are great for building friendships on the team! There are normally 1-2 meets each month that your swimmer will be eligible to enter. Entry fees are not included in your dues- most local meets charge a \$5 meet entry surcharge and \$4 per event entered.

Can I bring a photocopy of my Birth Certificate or Passport for my swimmer's USA swim membership? No- you must bring an ORIGINAL birth certificate or unexpired passport for your swimmer to get their first USA Swim membership. Renewals do not require identification.

What if my swimmer wants to keep going after the Fall Special ends? You are welcome to join one of our year-round teams after the Fall Special ends. You would fill out the online year-round registration after December 1st, pay the \$50 Annual Membership Fee and the \$50 Meet Entry Deposit Fee and move to a monthly dues schedule starting January 1, 2022. You are welcome to swim for the remainder of December at no charge.

This sounds great but our family is in a tough financial situation- is there any way to get a scholarship? We don't have scholarships but by emailing our finance committee with a brief overview of your circumstances they may be able to offer you reduced fees or dues. Information is also available on a discounted USA Swim card for eligible families. The email may be sent to hsa@heartlandswim.org

What if I have swimmers in both groups? Most people drop one off and then the other. It's not ideal, but many families deal with this. Sometimes you can work out carpools with other families in a similar situation. Monday/Wednesday would be the hard pick up- you'd need to pick up your younger swimmer at El Cajon and then run over to Montgomery Middle School to pick up the older swimmer.