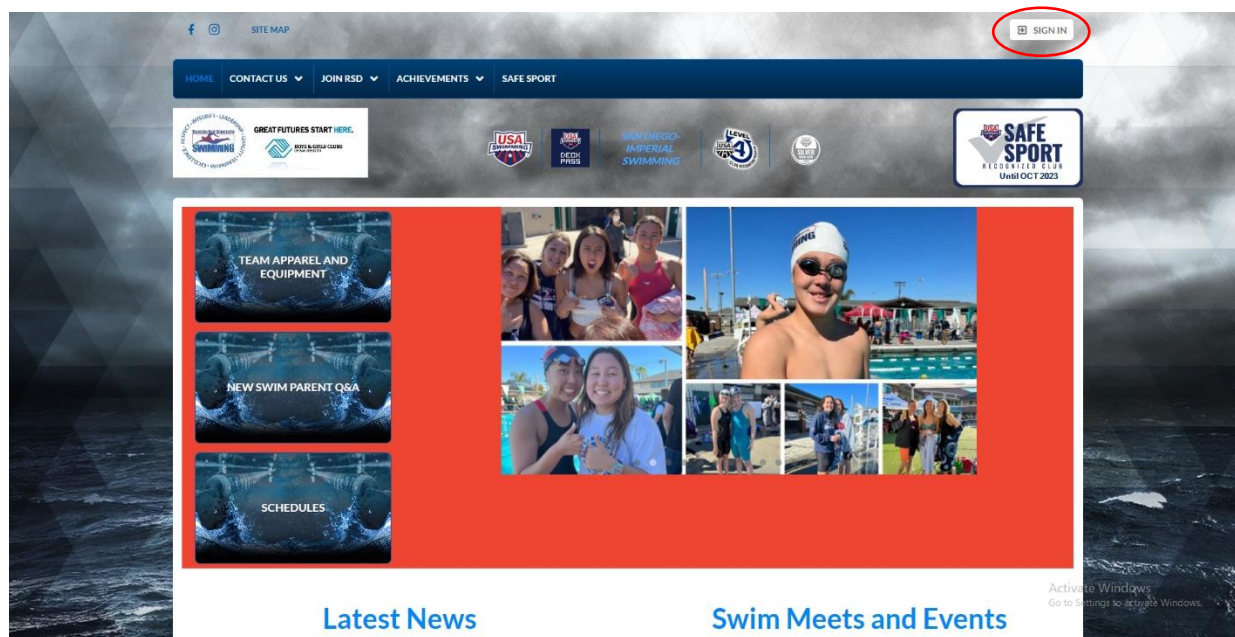
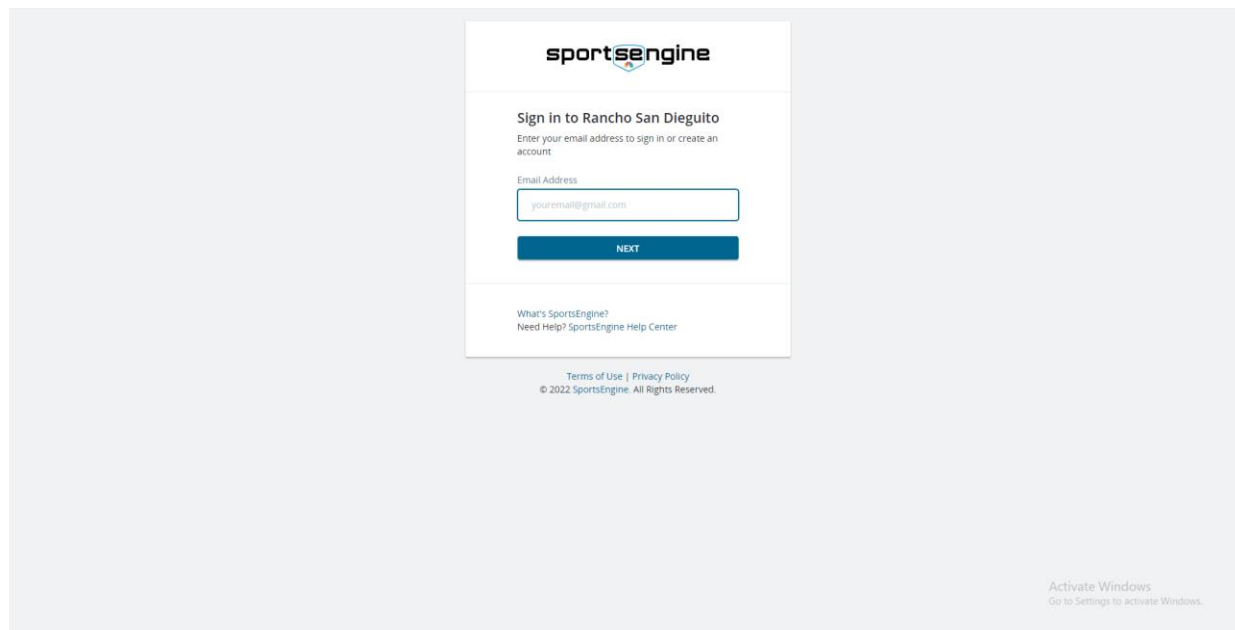


## How to Sign Up for a Meet

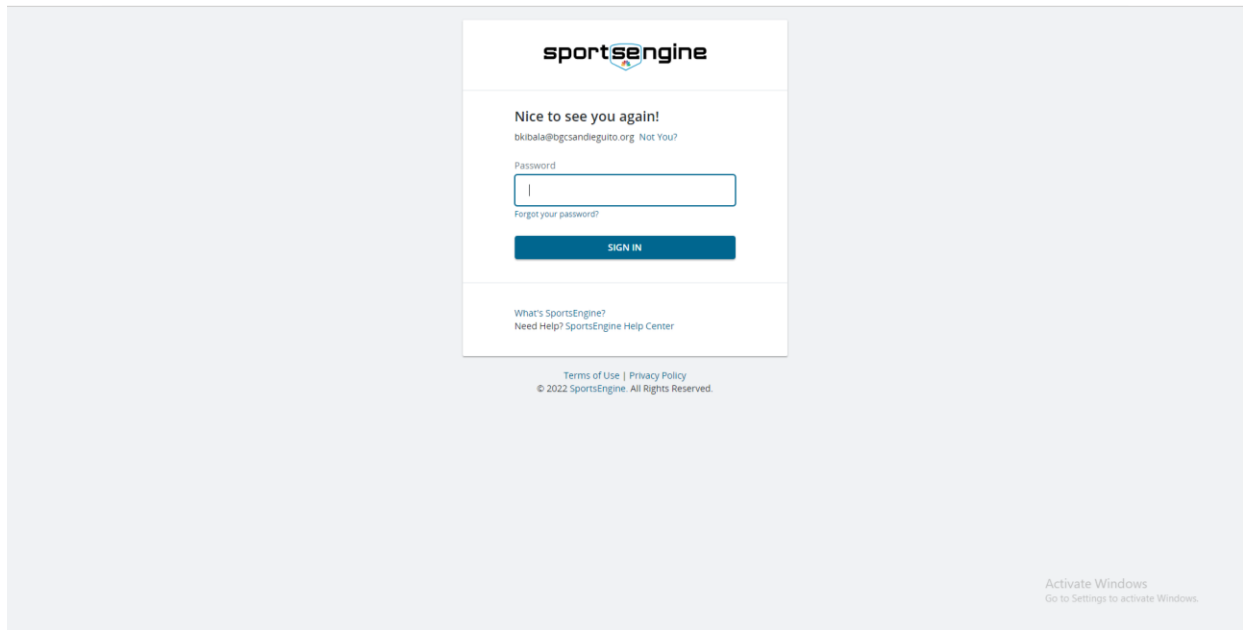
1. Go to the RSD website: [RSDSwimming.org](https://RSDSwimming.org)
2. Click the "SIGN IN" button at the top right of the homepage.



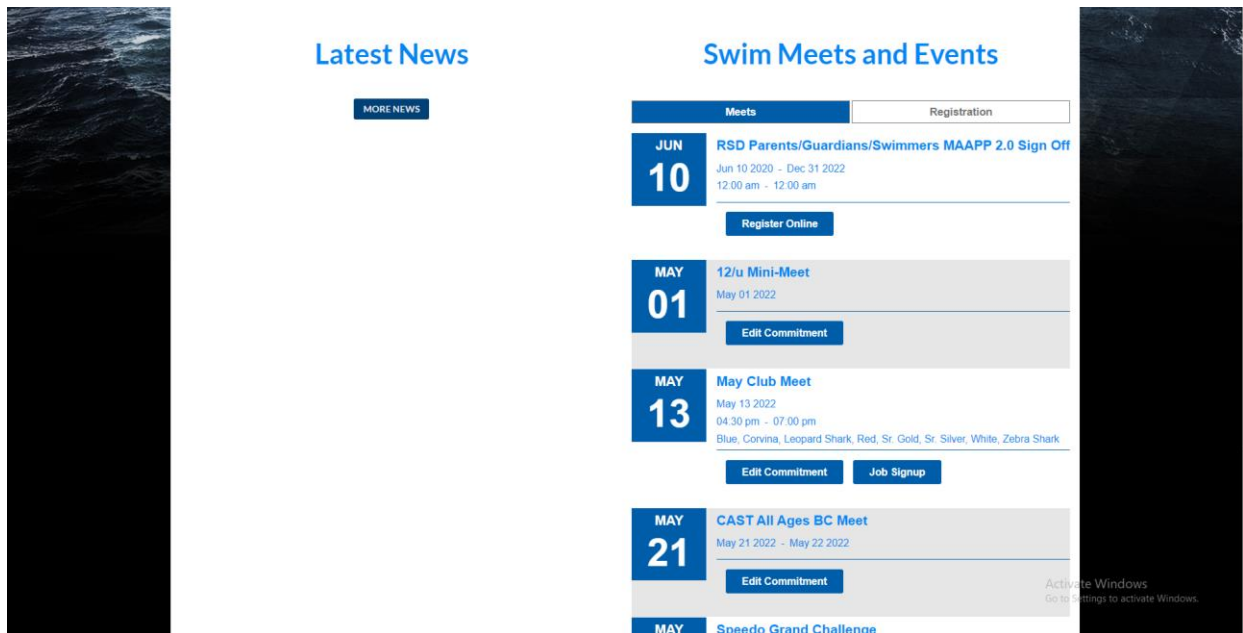
3. Enter the email address associated with your Team Unify account.



4. Enter the password associated with your Team Unify account.



- Once you have entered your password, you will be redirected to the RSD Swimming homepage. Scroll down until you see the “Swim Meets and Events” section.



- Click the “Edit Commitment” button next to the meet you would like to enter.



## Latest News

[MORE NEWS](#)

## Swim Meets and Events

Meets	Registration
<b>JUN 10</b>	<b>RSD Parents/Guardians/Swimmers MAAPP 2.0 Sign Off</b> Jun 10 2022 - Dec 31 2022 12:00 am - 12:00 am <a href="#">Register Online</a>
<b>MAY 01</b>	<b>12/u Mini-Meet</b> May 01 2022 <a href="#">Edit Commitment</a>
<b>MAY 13</b>	<b>May Club Meet</b> May 13 2022 04:30 pm - 07:00 pm Blue, Corvina, Leopard Shark, Red, Sr. Gold, Sr. Silver, White, Zebra Shark <a href="#">Edit Commitment</a> <a href="#">Job Signup</a>
<b>MAY 21</b>	<b>CAST All Ages BC Meet</b> May 21 2022 - May 22 2022 <a href="#">Edit Commitment</a>
<b>MAY</b>	<b>Speedo Grand Challenge</b>

Activate Windows  
Go to Settings to activate Windows.

7. Click on your athlete's name.

**Team Events**

[Athlete Signup](#) [Committed Athletes](#) [Undeclared](#) [Declined](#)

### CAST All Ages BC Meet

May 21, 2022 - May 22, 2022

My Account: **Kibala, Brendan** Registration Deadline: 05/08/2022  
[Change Account \(Admin Only\)](#)

Meet Name: <b>2022 SI-CAST BC MEET</b>	Location: Granite Hills High School, 1719 E Madison Ave, El Cajon, CA 92019, USA	Course: YO	Meet Type:
Start Date: 05/21/2022	End Date: 05/22/2022	Age Use Date: 05/21/2022	Use Date Since: 01/01/1979

Enforce entry based on (Qualify Times): No Restrict entry (Best Time) to same (Meet Type): No  
Event Declaration Setting: Commit by Event [Edit](#) Maximum Event Entry Limitations: [View](#)  
Allow Course Conversion for Relays: No  
If Athlete qualifies for non-conforming course, default (Entry Time) to the next (Qualify Time): No

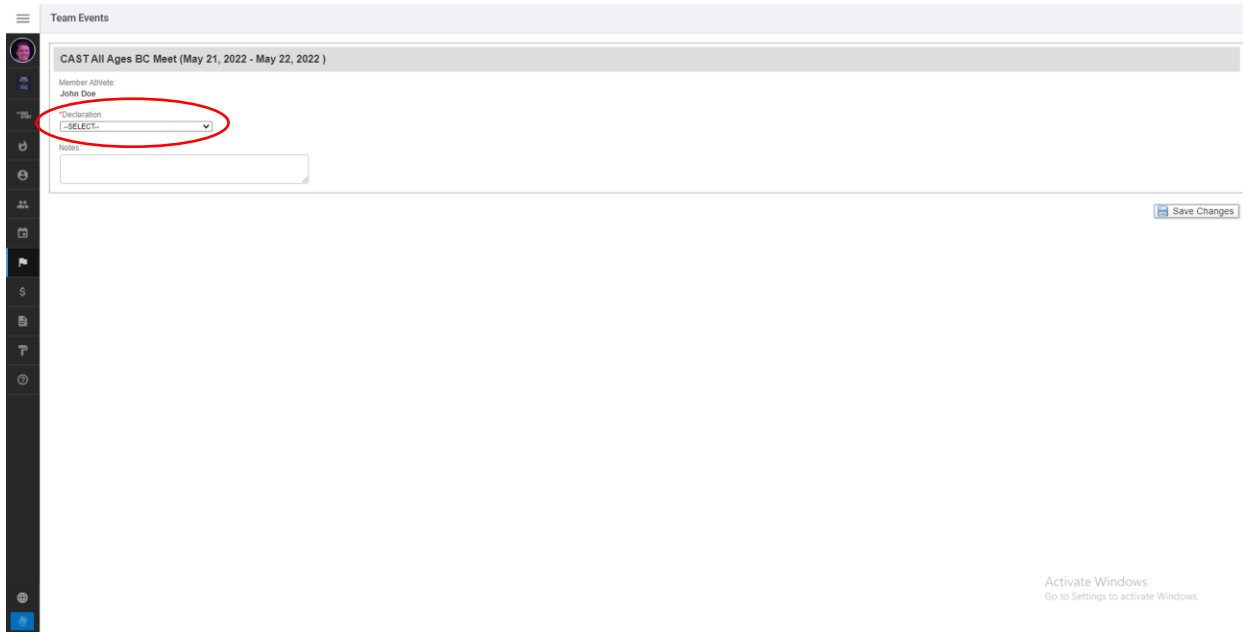
[View/Edit All Meet Events](#) [Go Back to Event Home Page](#)

Click on Member Name to declare for this Event:

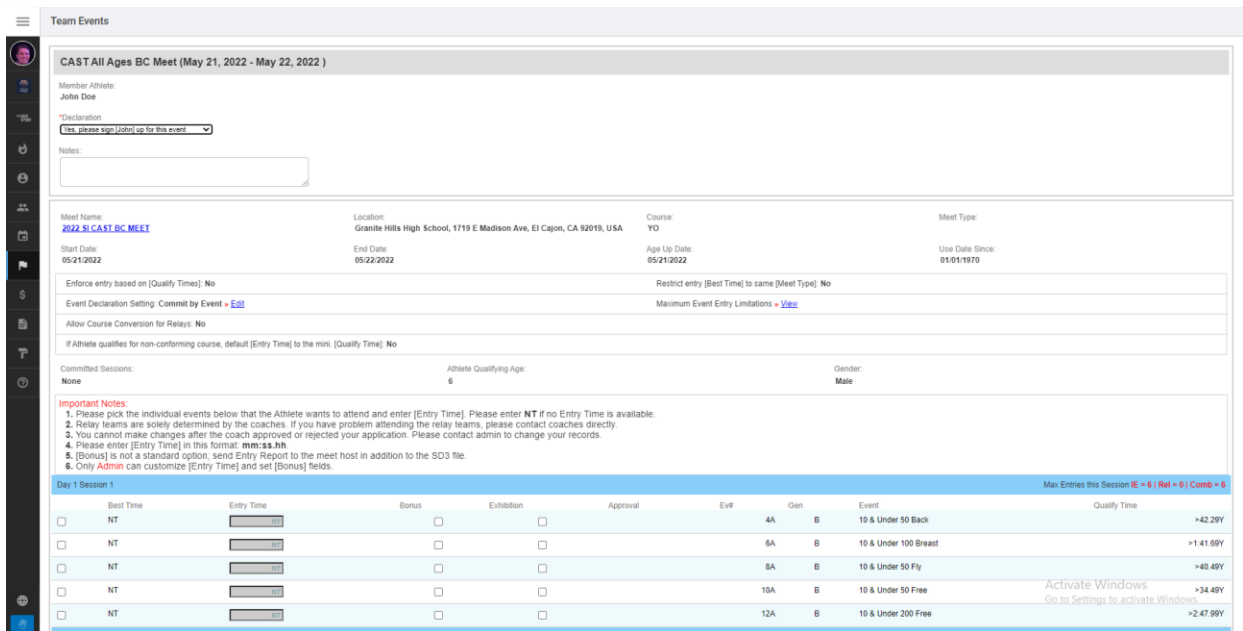
Member Name	Member Commitment	Coach Approved	Last Updated
<a href="#">John Doe</a> Active	Undeclared		

Activate Windows  
Go to Settings to activate Windows.

8. Click the "Declaration" drop-down menu and select "Yes, please sign [Athlete's Name] up for this event." You can also enter any notes you would like to share with your athlete's lead coach in the "Notes" section.



9. Once you have changed your athlete's "Declaration," you will be brought to the following webpage.



10. Scroll down so that you can see all available events. Check the boxes next to the events that your athlete would like to swim. When you have selected all of your athlete's desired events, click the "Save Changes" button.

Team Events

**2022 SLC/AST BC MEET** Granite Hills High School, 1719 E Madison Ave, El Cajon, CA 92019, USA YO

Start Date: 05/21/2022 End Date: 05/22/2022 Age Up Date: 05/21/2022 Use Date Since: 05/01/1970

Enforce entry based on [Qualify Times]: No Restrict entry (Best Time) to same [Meet Type]: No

Event Declaration Setting: Commit by Event - Edit Maximum Event Entry Limitations - View

Allow Course Conversion for Relays: No

If Athlete qualifies for non-conforming course, default [Entry Time] to the min. [Qualify Time]: No

Committed Sessions: None Athlete Qualifying Age: 6 Gender: Male

- Important Notes:**
- 1. Please pick the individual events below that the Athlete wants to attend and enter [Entry Time]. Please enter **NT** if no Entry Time is available.
  - 2. Relay teams are solely determined by the coaches. If you have problem attending the relay teams, please contact coaches directly.
  - 3. You cannot make changes after the coach approved or rejected your application. Please contact admin to change your records.
  - 4. Please enter [Entry Time] in this format: mm:ss.ss.
  - 5. [Bonus] is not a standard option, send Entry Report to the meet host in addition to the SD3 file.
  - 6. Only Admin can customize [Entry Time] and set [Bonus] fields.

Day 1 Session 1 Max Entries this Session (E = 6) (Rel = 0) (Comb = 6)

Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Qualify Time
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4A	B	10 & Under 50 Back	>42.29Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6A	B	10 & Under 100 Breast	>1:41.99Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8A	B	10 & Under 50 Fly	>40.49Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10A	B	10 & Under 50 Free	>34.49Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12A	B	10 & Under 200 Free	>2:47.99Y

Day 2 Session 2 Max Entries this Session (E = 6) (Rel = 0) (Comb = 6)

Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Qualify Time
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	14A	B	10 & Under 100 Back	>1:29.29Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	16A	B	10 & Under 50 Breast	>46.59Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	18A	B	10 & Under 100 Fly	>1:37.99Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20A	B	10 & Under 100 Free	>1:18.79Y
<input type="checkbox"/> NT	<input type="text" value=""/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	22A	B	10 & Under 200 Medley	>3:13.19Y

Save Changes