

## **SBA Covid Mitigation Strategy (Updated Jan. 14, 2022)**

- 1) Any symptoms- DO NOT come to practice and get tested.
- 2) Direct Exposure- DO NOT come to practice and get tested.

If your **swimmer** tests POSITIVE:

- 1) Due to our inability to keep masks on swimmers after day 5, the quarantine time is the full 10-day period. (Regardless of vaccination status).

Because of the type of activity we are involved with, SBA cannot prevent frequent short periods of huddling in common areas unmasked (walls). If a swimmer in your lane tests positive, SBA will report to ALL parents of the SHARED lane that a possible exposure has occurred. All swimmers in that lane must get tested (**rapid or PCR**) before returning to swim. A fresh test must be performed if a recent test has been done before the possible exposure. This reporting will occur in as close to real time as possible.

If a **coach** tests POSITIVE:

- 1) We will notify the entire group that someone in the group has tested positive and require that the entire group get tested (**rapid or PCR**) before returning to practice. A fresh test must be performed if a recent test has been done before the possible exposure. While this coach's positive result does not constitute a Direct Exposure, we want to error on the side of safety as coaches move around the pool and have interactions with more than just 1 lane of swimmers.