



A non-profit youth aquatic organization

Free Swim Test

If you are between the ages of 6 and 18 you are invited to take a free swim test at one of the largest and most successful USA Swim teams in San Diego County. *Swimmers must be able to swim 50 yards freestyle with breathing, 25 backstroke, and be deep water safe.*

Following the successful completion of your test, you will be invited to a two-week trial period for swimmers/families and coaches to get acquainted before committing to joining the team. The fee is \$25.00 for the two-week trial period.

Our supervised year-round program provides:

- *Professional Certified Coaching
- *Group level from Novice to National
- *Family Discounts
- *Daily Practice
- *Competitive Fun!
- *Limited Space Available



TESTING IS BY APPOINTMENT ONLY

Current Practice Locations: Eastlake Greens and Mater Dei HS

Contact email or phone number below for up-to-date testing/trial information

Eastlake Greens
Testing Weekdays

Loma Verde Pool
Closed for Remodel

Mater Dei High School
Testing Fridays



Questions: E-mail: admin@southbayaquatics.org or Call/Text (619) 865-4209