

HOW TO BECOME A USA SWIMMING OFFICIAL - Updated Nov. 10, 2015

There are 3 Steps To becoming an Official.
Training, Registration, and Certification.

STEP 1 - TRAINING

Start shadowing at swim meets. To do this you simply go to the Timing Trailer and ask for the Officials Sign in Sheet. Write your name and Team on the sheet and indicate that you are in Training. There will be an Officials Meeting 30 minutes before the start of the meet. Go to the meeting. You will be assigned to an Official who will train you. You will shadow this Official for the whole session. You must do this 6 times. Note: you cannot shadow at Championship Meets or at Freestyle Meets.

STEP 2 - REGISTRATION

Print out and complete the USA Swimming non-athlete registration form and mail it in to the LSC with a check for \$59.

<http://si-swimming.com/Resources/2016%20NonAthlete.pdf>

You will eventually receive a Membership Card and a Rule Book in the mail. SBA will reimburse you the \$59 after you become an official.

STEP 3 - CERTIFICATION

1) Go to the USA Swimming Website and create a user account.

You must create your account and log in before you can complete the following certifications.

<https://www.usaswimming.org/Secure/Register.aspx?TabId=0&Alias=Rainbow&Lang=en>

2) Go to the USA Swimming Website and complete the Background Check for Officials

<https://www.usaswimming.org/DesktopDefault.aspx?TabId=2019&Alias=Rainbow&Lang=en>

This is a Level 2 background check and costs \$36.50

SBA will reimburse you the \$36.50 after you become an official.

It is \$18 to renew the background check every 2 years.

3) Go to the USA Swimming Website and complete the Athlete Protection Training Course

<https://www.usaswimming.org/DesktopDefault.aspx?TabId=2193&Alias=Rainbow&Lang=en>

This is free - but takes at least an hour to complete

4) Go to the USA Swimming Website and take the Stroke & Turn/Timer Test.

<http://www.usaswimming.org/DesktopDefault.aspx?TabId=1514&Alias=Rainbow&Lang=en>

This is free - but takes about 2 hours to complete

The Stroke and Turn Test is an open book test.

You will need the USA Swimming Rule Book to complete the test.

Here is link to the 2015 USA Swimming Rule Book

http://www.usaswimming.org/_Rainbow/Documents/d058dc69-ffc9-4e75-9069-fc977a102a33/2015%20Rulebook.pdf

You will be receive a hard copy of this rule book some time after you complete your

USA Swimming Registration.

ADDITIONAL INFORMATION

Here are useful Links to check out

San Diego Imperial Swimming

Becoming an Official - http://www.si-swimming.com/?page_id=3682

Meet Calendar - http://www.si-swimming.com/?page_id=3697

USA Swimming

Officials Page - [http://www.usaswimming.org/DesktopDefault.aspx?](http://www.usaswimming.org/DesktopDefault.aspx?TabId=1506&Alias=Rainbow&Lang=en)

[TabId=1506&Alias=Rainbow&Lang=en](http://www.usaswimming.org/DesktopDefault.aspx?TabId=1506&Alias=Rainbow&Lang=en)

ATTACHMENTS

The USA Swimming Rule Book is 179 pages long - THE ONLY PART YOU NEED IS ARTICLE 101 - IT IS 6 PAGES LONG. This is the part that tells you what a legal Freestyle, Breaststroke, Backstroke, Butterfly are as well as what a legal Individual and Medley Relay are.

If a swimmer breaks these rules then he is disqualified. The rest of the rule book covers how to run a legal meet.

Here is a copy of Article 101 from the 2015 USA Swimming Rule Book.

<https://drive.google.com/file/d/0B7Ygm03L5p41NmVEWgt5SXRdWG8/view?usp=sharing>

Here is a sample DQ card. This is a list of all the Disqualifications that are called at our meets.

<https://drive.google.com/file/d/0B7Ygm03L5p41bEFCTehWWG5WT1N1WFdjTTFKNWM1M1BYdVlz/edit?usp=sharing>

<https://drive.google.com/file/d/0B7Ygm03L5p41Q1licXZBdkVvVEFkbFNlbXE5eHg2S09fLUNj/edit?usp=sharing>