



A non-profit youth aquatic organization

Free Swim Test

If you are between the ages of 6 and 18 you are invited to take a free swim test at one of the largest and most successful USA Swim teams in San Diego County. *Swimmers must be able to swim 50 yards freestyle with breathing, 25 backstroke, and be deep water safe.*

Following the successful completion of your test, you will be invited to a two-week trial period for swimmers/families and coaches to get acquainted before committing to joining the team. The fee is \$25.00 for the two-week trial period.

Our supervised year-round program provides:

- *Professional Certified Coaching
- *Group level from Novice to National
- *Family Discounts
- *Daily Practice
- *Competitive Fun!
- *Limited Space Available



TESTING IS TEMPORARILY SUSPENDED

Current Practice Locations: Mt. Miguel High School and Monte Vista HS

Contact email or phone number below for up-to-date testing/trial information

Eastlake Greens
Suspended During COVID shutdown

Loma Verde Pool Limited
use during COVID

Mater Dei High School Suspended
During COVID shutdown



Questions: E-mail: admin@southbayaquatics.org or Call/Text (619) 865-4209