

2020/2021
USA Swimming IM Xtreme Games
November 19-21, 2021 Mesa, AZ
Sanctioned by USA Swimming through Arizona Swimming #AZ22-5R2

Liability:

In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., Mesa Aquatics Club, City of Mesa, Mesa Unified School District, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ARIZONA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Location: Kino Aquatics Center, 848 N Horne, Mesa, AZ 85203

Course: Outdoor, up to 18 lanes (2 courses if needed), 25 yard, heated pool. Fully automatic Colorado Start and Timing system will be used. A warm down pool will be available.

Meet Referee: Sandy Whitmeyer slwhitmeyer9@gmail.com

Meet Director: Katie Kowalski Katierae@cox.net

Eligibility: Swimmer(s) must be registered with USA Swimming to be accepted in this meet. The qualifying period for this event is September 1, 2019 through the entry deadline.

The qualifying standard will be a minimum IMX Challenge score of 1500 points for all locations, ages and genders. Qualifying standards are the same for SCY and LCM. To find your IMX Points go to:

<https://www.usaswimming.org/times/imx-imr>

Age of the athlete will be as of the first day of the competition:

Any swimmer that is 18 years of age or younger as of the first day of the meet is eligible for entering the meet if he/she has achieved the minimum qualifying score in any age during the qualifying period. That is, a swimmer who has achieved a minimum qualifying score as a 9-year-old and ages up to 10 prior to the start of the meet will be eligible to enter the meet. A 12-year-old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13-year-old.

RULES for AZSI Meets:

1. Age on the first day of the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
3. Swimming competitions shall be conducted in conformance with USA Swimming Technical Rules.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition courses have been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3 is 6 ft, x 7 inches at the start end and 7 ft., 2 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Meet Warm Up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or other areas as may be designated by the Meet Referee/Meet Director.
11. All referees, starters, administrative officials, chief judges and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
14. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshal's shall wear their identifying vests.
15. Swimmers with a disability are welcome. The Swimmer (or swimmer's coach) is responsible for notifying the Referee, prior to the competition, or any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Rules:

- This meet will follow IMX Challenge program guidelines
- All events will be pre-seeded, timed final events. Swimmers must provide their own personnel for timing (2) and Lap counting for all distance events: (Events: 1-8, 25-28.) These events will be swum fastest to slowest alternating women and men.
- Swimmers' and Coaches' Responsibility—It shall be the swimmers' and coach's responsibility to acquaint themselves with all of the information contained in this meet announcement and any details at the General Meeting. **General Meeting will be held via Zoom the week of the meet. Date, time and details of the Zoom call will be distributed when available.**
- The meet may be swum in 2 tanks if needed, based on timelines. If two tanks are used the decision shall be announced within 24 hours of the entry deadline.
- There will be no time trials offered at this event.

**2020-2021 USA SWIMMING IM XTREME GAMES
ORDER OF EVENTS**

	SESSION 1 – FRIDAY NOV 19 PM Warm up 3:00 PM Meet Start 4:00 PM Swimmers must provide timers and counters if applicable	
Women	Event	Men
1	10&U 200 Freestyle	2
3	11-12 500 Freestyle	4
5	13-14 400 IM	6
7	15-18 400 IM	8
	SESSION 2 – SATURDAY NOV 20 AM Warm up 7:00 AM Meet Start 8:00 AM	
Women	Event	Men
9	10&U 100 Breaststroke	10
11	11-12 100 Breaststroke	12
13	13-14 200 Breaststroke	14
15	15-18 200 Breaststroke	16
17	10&U 100 Butterfly	18
19	11-12 100 Butterfly	20
21	13-14 200 Butterfly	22
23	15-18 200 Butterfly	24
	SESSION 3 – SATURDAY NOV 20 PM Warm up will not start be for 4:30 Meet Start 45 minutes after warm up	
25	13-14 500 Freestyle	26
27	15-18 500 Freestyle	28
	SESSION 4 – SUNDAY NOV 21 AM Warm up 7:00 AM Meet Start 8:00 AM	
29	10&U 200 IM	30
31	11-12 200 IM	32
33	13-14 200 IM	34
35	15-18 200 IM	36
37	10&U 100 Backstroke	38
39	11-12 100 Backstroke	40
41	13-14 200 Backstroke	42
43	15-18 200 Backstroke	44

LSCs Participating in the Western Region Meet

Alaska, Arizona, Central California, Colorado, Hawaii, Inland Empire, Montana, New Mexico, Oregon, Pacific, Pacific Northwest, San Diego Imperial, Sierra Nevada, Snake River, Southern California, Utah, Wyoming

Live results will be available through the Hy-tek Meet Mobile app for smart phones, Internet is sporadic at this venue, we will do everything in our power to keep it up to date.

Meeting Schedule

General Meeting- A Zoom Meeting will be scheduled for the Tuesday or Wednesday prior to the meet.

Evaluation Meeting- Sunday, November 21, prior to start of Sunday AM Session

All subsequent briefings TBD

Officials

Mesa Aquatics Club welcomes and encourages any of your USA Swimming Officials to work on deck during this meet. Officials must be USA Swimming registered prior to the start of competition and must wear credentials in a visible manner at all times. Officials' uniforms will be white over blue. Shorts are acceptable throughout. Please contact the Meet Referee for more information.

Hospitality

Coaches' and Officials' hospitality will be available throughout the meet in the Hospitality Room .

Hotels

Special rates for this event will be secured. Detailed information will be available online at www.mesaaquaticsclub.com on the IMX page found under the "Events" tab.

Meet Programs

\$10 including all session Heat Sheets

Media Credentials

Anyone wishing media access to the event must contact the Meet Director prior to the start of the event.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Admission Information: Admission is free throughout the meet. Kino Aquatic Center is a closed deck and all spectators are asked to obey all barriers and signs.

Parking: Free parking will be available in the Kino parking lot throughout the event. School will be in session on Friday and there will be some restrictions.

Medical Assistance: Medical assistance will be provided at the facility. Those needing medical assistance should go to the lifeguard office.

Concessions Equipment and Apparel Vendor: Limited concessions will be available for spectators throughout the event.

Team Banners: Banners may be attached to bleachers and other areas using ropes or cords. Please do not use adhesives.

Pool Certification: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Closed Deck: Kino pool deck is closed. Deck access is restricted to registered athletes, registered coaches, registered officials and volunteers working that session of the meet. Swimmers, coaches, officials and volunteers must enter thru the Northeast gates by Ski Pro We are making every effort to allow spectators inside the venue in a specific area. Working out final details with the city. Per Safe Sport guidelines, parents will have visual contact with their swimmers during the meet. Locker rooms are open to swimmers only. Family restroom will be open to coaches, officials and volunteers.

ENTRY INFORMATION

All Entry questions should be directed to:

Entry Process: Entries should be submitted via e-mail in an electronic entry file compatible with Hytek Meet Manager, accompanied by a PDF entry report. Entries not submitted by e-mail will be subject to a \$25 processing fee for teams entering more than 3 swimmers. Telephone or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that your entry file has been received will be sent within 48 hours of submission. Should you not receive an acknowledgement of entry within 48 hours, please contact the Entry Chair.

Entries Sunday, October 31, 2021.

Qualifying Period: The qualifying period for this event is September 1, 2019 through the entry deadline.

Proof of Entry Score: To enter the meet an athlete must have a minimum IMX Challenge qualifying score of 1500 verified by USA Swimming.

Entry Fees:

\$10.00* per athlete surcharge *Includes SBA Admin Fee

\$5.00 per individual event

Number of Events:

Swimmers must enter and swim all IMX Challenge events within their age group and gender to be eligible for team scoring and awards.

Events:

10 & U: 200 Free, 100 Breast, 100 Fly, 200 IM, 100 Back

11-12: 500 Free, 100 Breast, 100 Fly, 200 IM, 100 Back

13-14: 400 IM, 200 Breast, 200 Fly, 500 Free, 200 IM, 200 Back

15-18: 400 IM, 200 Breast, 200 Fly, 500 Free, 200 IM, 200 Back

EVENT FORMAT AND SCORING

Event Format: All events are pre-seeded, timed final events. All distance events will be swum fastest to slowest, alternating women and men. Athletes will need to provide their own timers and counters for these events.

Scoring: Hy-Tek IMX scoring will be used exclusively. Each time will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. **Disqualifications will receive zero points. An athlete's score will still be considered for top 16 individual awards and for team scoring.**

Scoring will be determined according to single-year age groupings and the swimmers' IMX totals.

No Shows: A no show in any event will remove the swimmer from the IM Xtreme scoring. Swimmers will be allowed to swim all remaining events for time only. Declared false starts will not be allowed.

Individual Awards: USA Swimming IMX plaques will be awarded for the top sixteen swimmers in each single-year age bracket and gender.

Team Scoring & Awards Plaques: will be awarded for the top three teams by compiling the Hy-tek IMX Scoring for the top 16 individual scorers in each age and gender. Awards presentation will be at the end of the meet. Please make sure a coach or team representative picks up all awards.

IM XTREME GAMES MEET PROCEDURES

Additional Rules/Restrictions:

No swimmer will be permitted to check in for the meet without a coach member present. If the home club coach is not planning to attend the event, the swimmer (s) must be assigned a supervising coach (per USA Swimming rule 202.3.2). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach the Meet Director will arrange for a coach to serve this role. Please inform the Meet Director prior to the meet if a coach must be found.

USA SWIMMING RULES 103.11 AND 103.12 REGARDING TOBACCO AND ALCOHOL USE WILL BESTRICTLY ENFORCED.