

# SBA A MAX All Ages

June 25-26, 2022

OPEN TO THE FOLLOWING TEAMS: CSTE, HSA, MSDY, SBA, SOL, RSD, SSD, PS, RST, WIND, BAY, SDAC

<b>Sanction:</b> 2022 SI SBA A Max All Ages Meet Referee: Brad Copeland	<b>Sanction #:</b> SI-22-20 <b>Held under the sanction of USA Swimming by San Diego Imperial Swimming, Inc.</b> All participating athletes and clubs are registered with San Diego Swimming. No athletes will be allowed from another LSC. This meet has been sanctioned by San Diego Imperial Swimming and current USA Swimming rules and any relevant sections of the San Diego Imperial Policies & Procedures Manual will apply. <b>All swimmers must be registered as athletes for 2022 with USA Swimming by the meet entry deadline.</b> San Diego Imperial Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
<b>Meet Host:</b>	South Bay Aquatics
<b>Meet Director:</b>	Sammie Hail - <a href="mailto:admin@southbayaquatics.org">admin@southbayaquatics.org</a>
<b>Meet Administrator:</b>	Sammie Hail – <a href="mailto:shail9@cox.net">shail9@cox.net</a> ; 619-865-4209
<b>Meet Entries and Deadlines:</b>	<b>Email entries to:</b> <a href="mailto:shail9@cox.net">shail9@cox.net</a> <b>The meet's entry deadline is by <u>midnight Wednesday, June 15, 2022.</u></b> <b>Late entries may be accepted and charged double if accepted.</b>
<b>Mail Meet Fees To:</b>	<b>Make checks payable to:</b> SBA <b>Mail checks to:</b> SBA / 2220 Otay Lakes Road, Ste 502-755 / Chula Vista, CA 91915
<b>Entry Fees:</b>	\$5 surcharge per athlete \$5 individual event \$5 facility fee
<b>Deck Entries:</b>	<b>No Deck Entries allowed.</b>
<b>MAAPP:</b>	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All 18 and older athletes registered with the club must have completed the Athlete Protection Training. Failing to complete the APT test will impact the athlete's ability to compete at meets or have their times loaded into SWIMS
<b>Safe Sport:</b>	At this time swimmers, coaches, workers, officials, and parents will be allowed in the pool area. There may be designated area(s) for athletes, coaches, and meet personal.
<b>Venue:</b>	Mater Dei High School, 1615 Mater Dei Drive, Chula Vista, CA 91913 The minimum water depth, measured in accordance with Article 103.2.3, is 5 feet, 6 inches at the start end and 3 feet, 0 inches at the turn end. Snack bar may be available.
<b>Facility:</b>	There may be designated area(s) for athletes, coaches, and meet personal.
<b>Water Depth:</b>	The pool has 16 working lanes: with diving depth of 10', and with a warmup area available. The minimum water depth measured accordance with Article 103.2.3, is 10 feet, 0 inches at the start end and 10 feet at the turn end.
<b>Course Certification</b>	The competition course has not been certified in accordance with 104.2.2C(4).

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<b>COVID-19</b>	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SAN DIEGO IMPERIAL SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN, UNKNOWN FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS EVENT</p>
<b>Liability:</b>	<p>IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., ATAC, INC., SAN DIEGO IMPERIAL SWIMMING, INC., ALL MEET OFFICIALS, <b>MATER DEI HIGH SCHOOL</b>, AND SBA SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.</p> <p>Damage to a facility, when proved, will cause the offending swimmer, to be held accountable for repairs.</p> <p><b>COVID-19: We have taken enhanced health and safety measures – for our employees, swimmers, and members. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this meet swimmers, coaches, and officials voluntarily assume all risks related to exposure to COVID-19.</b></p>
<b>Guidelines:</b>	<p>The competition: <i><b>This meet will be held using the most current State, County, Local, and Facility COVID guidelines that are in place on the day(s) of the event.</b></i></p> <p>Masks must be worn in all buildings including bathrooms, locker rooms, and entrances.</p>
<b>USA Swimming Registration:</b>	<p>All swimmers, coaches, and officials participating in this competition must be <u>currently</u> (2022) registered with USA Swimming. <b>All Coaches are required to complete the USADA Coaching Advantage, and all officials and coaches are to have completed Concussion Protocol Training.</b> No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. <b>All swimmers must be registered as athletes for 2022 with USA Swimming by the meet entry deadline.</b></p>
<b>Meet Format:</b>	<p>Flyover starts may be used. Teams will be assigned a session (if needed) after all the entries are received.</p>

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	Meet administration reserve the right to add or subtract sessions; or lanes used; based on entries.
<b>Clerk of Course (Check-in Procedures).</b>	This meet will <b>require</b> each swimmer to <b>check-in prior to the start of the meet</b> . Check-in will close 30 minutes prior to the start of the meet. Swimmers and coaches are the only ones who can check-in; <b>NO PARENTS WILL BE ALLOWED IN THE CHECK-IN AREA.</b>
<b>Meet Start Time:</b>	To Be Announced, based on meet entries.
<b>Age Up Date:</b>	The age of the swimmer will be the swimmers age on June 25, 2022.
<b>Restrictions:</b>	Swimmers may enter up to 3 events per day.
<b>Swimmers with Disabilities</b>	<b><i>SBA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations Article 105 to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and / or registered service animals. Failure to provide advance notice may limit SBA's ability to accommodate all requests.</i></b>
<b>Qualifying Times:</b>	This meet is using the National A time standards for all age groups. Swimmers must be slower than the A time standards.
<b>Cell phone restrictions:</b>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms and behind the start area behind the blocks.
<b>Drone Restrictions:</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
<b>Deck Changing:</b>	<b><u>Deck changes are prohibited.</u></b> Teams are encouraged to bring and use the Safe Sport changing tent.
<b>12 &amp; under Tech Suit Restriction:</b>	<b>102.8.1.F SWIMWEAR (USA Swimming Rulebook)</b> No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet. (as of 9/1/2020). 1) Exceptions for the foregoing restriction are only for Junior nationals, U.S. Open, National championships, and Olympic Trials. 2) A Technical Suit is one that has the following components: a. Any suit with any bonded or taped seams regardless of its fabric or silhouette: or b. Any suit with woven fabric extending past the hips. (Note: WOVEN FABRIC – a suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC – a suit with knit fabric and sewn seams not extending below the knee is permitted)
<b>Officials:</b>	Officials will be scheduled in advance with the minimum number of officials required set by the Officials Chair. All deck officials must be registered with USA Swimming for 2022 and have a current Background Check, Athlete Protection Course, and Concussion Protocol Training acknowledged by USA Swimming.

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<b>Timers:</b>	Two Parent Volunteers per lane will be assigned to work back up buttons and stop watches.
<b>Awards:</b>	Ribbons 1-8
<b>500 Free</b>	<b>500 Free will alternate girls/boys. Swimmers provide their own lap counters; teams will time as part of the lane timing assignments.</b>

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Warm-up		Saturday, June 25, 2022		Meet Starts	
Girls Events	A Max	Age	Dist./Stroke	A Max	Boys Event
1	6:07.59	11-12	500 Free	5:57.69	2
1	5:49.59	13/O	500 Free	5:31.39	2
3	36.69	10/U	50 Back	36.99	4
3	32.69	11-12	50 Back	32.09	4
5	1:31.89	10/U	100 Breast	1:29.99	6
5	1:20.19	11/12	100 Breast	1:17.49	6
5	1:15.39	13/O	100 Breast	1:09.69	6
7	36.19	10/U	50 Fly	35.39	8
7	31.29	11/12	50 Fly	31.19	8
9	31.39	10/U	50 Free	30.99	10
9	28.99	11/12	50 Free	27.89	10
9	27.89	13/O	50 Free	25.69	10
11	2:35.39	10/U	200 Free	2:29.39	12
11	2:17.49	11/12	200 Free	2:12.49	12
11	2:10.39	13/O	200 Free	2:02.59	12

Warm-up		Sunday, June 26, 2022		Meet Starts	
Girls Events	A Max	Age	Dist./Stroke	A Max	Boys Event
13	1:19.29	10/U	100 Back	1:18.79	14
13	1:11.39	11/12	100 Back	1:09.19	14
13	1:05.69	13/O	100 Back	1:01.29	14
15	41.69	10/U	50 Breast	40.99	16
15	36.89	11/12	50 Breast	36.09	16
17	1:24.09	10/U	100 Fly	1:22.79	18
17	1:10.89	11/12	100 Fly	1:09.29	18
17	1:05.49	13/O	100 Fly	1:00.99	18
19	1:10.49	10/U	100 Free	1:09.69	20
19	1:03.09	11/12	100 Free	1:00.89	20
19	1:00.49	13/O	100 Free	56.29	20
21	2:52.69	10/U	200 IM	2:50.99	22
21	2:34.49	11/12	200 IM	2:30.69	22
21	2:25.49	13/O	200IM	2:17.09	22

**Swimmers must be slower than the listed times. Swimmers may swim a max of 3 events per day**