**SWIM SAN DIEGO ELECTRONIC COMMUNICATION POLICIES**

# PURPOSE

Swim San Diego recognizes the prevalence of electronic communication and social media in today’s world. Many of our swimmers use these means as their primary method of communication. While Swim San Diego acknowledges the value of these methods of communication, we also realize that there are associated risks that must be considered when adults use these methods to communicate with minors.

# GENERAL CONTENT

All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications must adhere to the USA Swimming Code of Conduct regarding Athlete Protection.

For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following:

* Drugs or alcohol use;
* Sexually oriented conversation; sexually explicit language; sexual activity
* The adult’s personal life, social activities, relationship or family issues, or persona problems;
* Inappropriate or sexually explicit pictures

*Note – any communication concerning an athlete’s personal life, social activities, relationship or family issues or personal problems must be transparent, accessible and professional.*

Whether one is an athlete, coach, or parent, the guiding principle to always use in communication is to ask: *“Is this communication something that someone else would find appropriate or acceptable in a face-to-face meeting?”* or *“Is this something you would be comfortable saying out loud to the intended recipient of your communication in front of the intended recipient’s parents, the coaching staff or other athletes?”*

With respect to electronic communications, a simple test that can be used in most cases is whether the electronic communication with swimmers is **TAP *T****ransparet,* ***A****ccessible and* ***P****rofessional.*

*Transparent*: All electronic communication between coaches and athletes should be transparent. Your communication should not only be clear and direct, but also free of hidden meanings, innuendo and expectations.

*Accessible*: All electronic communication between coaches and athletes should be considered a matter of record and part of Swim San Diego’s records. Whenever possible, include another coach or parent in the communication so that there is no question regarding accessibility.

*Professional*: All electronic communication between a coach and an athlete should be conducted professionally as a representative of Swim San Diego. This includes word choices, tone, grammar, and subject matter that model the standards and integrity of Swim San Diego.

If your communication meets all three of the **TAP** criteria, then it is likely your method of communication with athletes will be appropriate.

# FACEBOOK, BLOGS, AND SIMILAR SITES

Coaches may have personal Facebook (or other social media sites) pages, but it is recommended that they do not have any athlete member of Swim San Diego join their personal page as a ‘friend”. A coach should not accept any “friend” request from an athlete. In addition, the coach should remind the athlete that this is discouraged. Coaches and athletes are not permitted to “private message” each to the through Facebook chat or other IM method.

If Swim San Diego has an official Facebook page, the athletes and their parents can “friend” for information and updates on team-related matters.

Coaches are encouraged to set their pages to “private” to prevent athletes from accessing the coach’s personal information.

# TWITTER

Swim San Diego has an official Twitter page that coaches, athletes and parents can follow for information and updates on team-related matters. Coaches are encouraged to not follow athletes on Twitter. Likewise, athletes are encouraged to not follow coaches on Twitter. Coaches and athletes should not be “direct messaging” each other through Twitter. Coaches should not re-tweet an athlete messaged post.

# TEXTING

Subject to general guidelines mentioned above, texting is allowed between coaches and athletes during the hours of **8AM until 8PM**. Texting should only be used for the purpose of communicating information directly related to team activities.

# EMAIL

Athletes and coaches may use email to communicate between the hours of **8AM until 8PM**. When communicating with an athlete through email, it is recommended that a parent or coach should also be copied.

# REQUEST TO DISCONTINUE ALL ELECTRONIC COMMUNICAITONS

The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communication.