

Warm Up Schedule for Prelims / LHSAA Division II
Friday, November 16 / Meet Starts at 4:00 PM

First Warm Up 2:30 – 2:55 PM

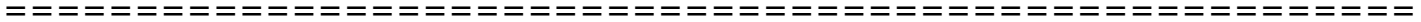
Competition Course		East Course	
LN	School	LN	School
1	Sacred Heart	1	Destrehan
2	St. Thomas More	2	Destrehan
3	St. Thomas More	3	South Lafourche
4	Ruston	4	South Lafourche
5	Ruston	5	Terrebonne
6	Alexandria	6	Terrebonne
7	Alexandria	7	Ben Franklin
8	Alexandria	8	Ben Franklin
		9	Benton
		10	De La Salle
		11	Academy of Our Lady Penguins
		12	Thomas Jefferson

Second Warm Up 2:55 – 3:20 PM

Competition Course		East Course	
LN	School	LN	School
1	Lakeshore	1	Sam Houston
2	Lakeshore	2	Woodlawn
3	Saint Scholastica	3	Salmen
4	Saint Scholastica	4	Caddo
5	Saint Scholastica	5	Central Lafourche
6	Holy Cross	6	Central Lafourche
7	Holy Cross	7	Plaquemine
8	Holy Cross	8	Archbishop Chapelle
		9	South Terrebonne
		10	South Terrebonne
		11	Central
		12	Breaux Bridge, E. Jefferson, Live Oak

Third Warm Up 3:20– 3:45 PM

Competition Course	East Course
All Lanes Dive/One Way Only	All Lanes Open Warm Up



Warm Up Schedule for Finals / LHSAA Division II
Saturday, November 17 / Meet Starts at 3 PM

Competition Course		East Course	
2:00-2:30 PM	All Lanes Open Warm Up	2:00 PM	Open Warm
2:30-2:45 PM	All Lanes Dive/One Way Only		