

SASO Code of Conduct

The purpose of this code is to promote a safe, positive, and productive team environment at Solano Aquatic Sea Otters (SASO). All team members including swimmers, coaching staff, and parents are required to adhere to this code during team sponsored events including, but not limited to practice, swim meets, travel meets or other team gatherings.

Code of Conduct

1. Team members are expected to exhibit good sportsmanship at all times. They shall show courtesy and respect toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
2. SASO and USA Swimming Code of Conduct prohibits bullying. Generally, bullying is the use of aggressions, whether intentional or not, which hurts another person. Bullying results in pain or distress. Swimmers are expected to respect one another.
3. Swimmers are to refrain from inappropriate physical contact at team activities and events.
4. During competition, questions or concerns regarding decisions made by meet officials are directed to the Head Coach or Coach on Deck.
5. USA Swimming prohibits deck changing. Athletes are expected to use available change facilities.

Discipline

Violation of any of these rules, will result in disciplinary action as determined by the coaches, which may include expulsion from the team. Other penalties include, but are not limited to the following:

- A verbal warning.
- A coach will contact the parent.
- Suspension from practice for a period of one week. (There will be NO prorated fee for monthly dues.)
- A swimmer may not be allowed to participate in future swim meets or travel events.
- Violations occurring during a travel meet may result in dismissal from the trip and immediate return home at the athlete's expense.
- Expulsion from the team.

Athletes have the right to appeal disciplinary actions through the process established in the Sierra Nevada Swimming and USA Swimming codes.

Declaration

I recognize that at practice, during swim meets and at SASO sponsored events I represent SASO. I agree to conduct myself with excellence, team spirit, good sportsmanship and politeness at all times.

I have read the Code of Conduct and the Team Handbook, and agree to follow the rules and policies within.

Swimmer Signature

Date

I _____, the parent of _____, have read and understand the Code of Conduct and Team Handbook and agree to support it at all team events.

Parent Signature

Date