



# 2023 SWIM/DIVE FORMAT

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**TO:** Sac-Joaquin Section member schools that participate in swimming and diving  
**FROM:** Mike Garrison (Commissioner), Jason Feuerbach (Associate Commissioner)  
**DATE:** March 2023

## A. PLAYOFF DATES & TIMES:

1. 04/28/23 – Girls Diving Trials and Finals – St. Mary's High School
2. 04/29/23 – Boys Diving Trials and Finals – St. Mary's High School
3. 05/03/23 – Girls Swimming Trials – District 56
4. 05/04/23 – Boys Swimming Trials – District 56
5. 05/05/23 – Swimming Finals – District 56
6. St. Mary's High School is located at 5648 N. El Dorado St. in Stockton, CA 95207.
7. District 56 is located at 8230 Civic Center Drive in Elk Grove, CA 95757.
8. The top 16 divers from the trials will advance to the finals.
9. The above schedule is subject to change. Please refer to the posted dates on the website for the most current information.

## B. MEET TIMES:

1. Diving Trials and Finals
  - a. 08:00 am – Frosh/Soph warm-ups begin
  - b. 09:00 am – Frosh/Soph competition begins
  - c. Varsity warm-ups begin immediately upon completion of JV
  - d. Varsity competition begins 1 hour after start of varsity warm-ups.
  - e. There will be at least a 1 hour warm-up period for all divers.
2. Swimming Trials and Finals (Boys and Girls)
  - a. 08:30 am – Warm-ups begin
  - b. 09:00 am – Mandatory coaches meeting
  - c. 10:00 am – Start of competition

**C. DIRECTORS**

1. Swimming – Brent Bohlender – 209.606.6685 - [bbrentpolo@aol.com](mailto:bbrentpolo@aol.com)
2. Diving – Robert Wimberly – [deltavalleydiving@gmail.com](mailto:deltavalleydiving@gmail.com)

**D. PARTICIPATING LEAGUES:**

1. CAL, CCAA, CCAL, CVC, CVCL, CCC, Delta, FVL, GEL, GSL, Metro, MEL, MLL, MVL, NPAC, PVL, SDL, SJAA, SFL, SAL, SMAL, SVC, TVL, TCAL, VOL and WAC.

**E. SWIM ENTRIES:**

1. Entries for swimming must be submitted by **midnight on Monday, April 24<sup>th</sup>, 2023**.
2. **REQUIRED:** All entries must be submitted online via Hytek or [www.HSswimz.com](http://www.HSswimz.com).
3. Entries received late will be charged a \$100 late fee per school.
4. **REQUIRED:** The [verification form](#) (available online) is to be submitted to [jfeuerbach@cifsjs.org](mailto:jfeuerbach@cifsjs.org) no later than the due date for entries.
5. Entries that are only received online will not be entered into the meet without the verification form.
6. Each school is limited to four swimmers per individual event and 1 relay per team event.
7. Each individual can be entered in no more than 4 events consisting of (1) 3 relays and 1 individual event or (2) 2 relays and 2 individual events
8. The trials will be pre-seeded.
9. Entries will be verified for too many swimmers in an event and non-qualifying times.
10. Sport entry fees for swimming:
  - a. \$5.00 per individual event per entry
  - b. \$10.00 per relay team per entry
11. Schools will be invoiced for entry fees by the Sac-Joaquin Section Office. Do not mail checks to the meet director(s).

**F. DIVE ENTRIES:**

1. Entries for diving must be submitted by **midnight on Monday, April 24<sup>th</sup>, 2023**.
2. **REQUIRED:** All entries must be submitted online via Hytek or [www.HSswimz.com](http://www.HSswimz.com).
3. **REQUIRED:** All entries must be submitted online via Dive Meets or [www.divemeets.com](http://www.divemeets.com).
4. Entries received late will be charged a \$100 late fee per school.
5. **REQUIRED:** The [verification form](#) (available online) is to be submitted to [jfeuerbach@cifsjs.org](mailto:jfeuerbach@cifsjs.org) no later than the due date for entries.
6. Sport entry fees for diving:
  - a. \$10.00 per individual entered
7. Schools will be invoiced for entry fees by the Sac-Joaquin Section Office.

**G. DIVISIONS:**

1. The Sac-Joaquin Section swim and dive championships will consist of three enrollment-based divisions as defined below. The largest schools will be placed in division I and the smallest schools in division III.

DIVISION	STARTING NUMBER	ENDING NUMBER
1	2050	
2	1300	2049
3	0001	1299

**H. PLAYER ELIGIBILITY:**

1. All players must be eligible according to all CIF, league, and local school rules at game time.
2. The Sac-Joaquin Section qualifying times must be achieved by the swimmer in a high school meet or high school championship meet of that specific season with the participant representing his/her school.

3. Participant's name must appear on the official meet results showing they have met the qualifying mark.
4. Once the official start date for the Sac-Joaquin Section is determined, swimmers must compete unattached in any outside competitions.

**I. CIF SAC-JOAQUIN SECTION CHAMPIONSHIP DIVING PROCESS:**

1. After 3 rounds, the number of divers will be cut to 32.
2. At the conclusion of the 5<sup>th</sup> round, the number of divers will be cut to 20.
3. At the end of the 8<sup>th</sup> round, the number of divers will be cut to the top 16.
4. The top 16 finalists will compete in the last 3 rounds.
5. The format for the dives is as follows:
  - a. 2 voluntaries and 3 optionals in the first 5 dives (any order)
  - b. 2 voluntaries and 1 optional in the next 3 rounds (any order)
  - c. 1 voluntary and 2 optionals in the last 3 dives (any order)
  - d. The first 8 dives must have 1 dive from each of the 5 dive groups (Forward, Back, Reverse, Inward, and Twist).
  - e. The 2<sup>nd</sup> optional dive from a group must be placed in either rounds 9, 10, or 11.
  - f. The voluntary DDs must be a total of 9.0 or less.

**J. PLAYER ELIGIBILITY:** All players must be eligible according to all CIF, league, and local school rules at game time.

**K. FINANCIAL INFORMATION:**

1. Sac-Joaquin Section playoff events will utilize a digital ticketing method.
2. GoFan (<https://gofan.co/app/school/CIFSJS>) will be used for ticket sales.
3. Tickets will be available only in a digital format through GoFan for all Championship events.
4. Cash will not be accepted when purchasing.

**L. ADMISSION PRICES:**

1. Swimming and Diving Trials and Finals (all divisions)
  - a. General Admission \$10.00
  - b. Senior Citizens/Military \$08.00
  - c. High School Students (w/ ID) \$05.00
  - d. Children (age 5 and under) Free
2. Finals sites may charge a fee for parking.

**M. PASSES AND ROSTERS:**

1. Acceptable pass sheet available under the LINKS tab at [www.cifsjs.org](http://www.cifsjs.org).
2. No league, district, school, NCOA or Section regular season passes will be honored.
3. Only Sac-Joaquin Section PLAYOFF passes, Section MEDIA passes, State courtesy cards and State or Section Gold Lifetime passes will be honored.

**N. TRANSPORTATION:**

1. The CIF-SJS does not reimburse for travel in the sport of swimming and diving.

**O. PUBLICITY:**

1. Sac-Joaquin Section and competing schools will publicize the playoffs throughout the Section.
2. Radio or TV broadcasting may be authorized by the Section. PLEASE INFORM ALL RADIO OR TV STATIONS TO CALL THE SAC-JOAQUIN SECTION OFFICE FOR AUTHORIZATION.
3. Game broadcasts may occur on the NFHS network.

**P. SUPERVISION:**

1. A school certified coach must be present at the diving championships and swim meet.
2. A mandatory coaches meeting will be held at 9:00 am each day.

Q. **SENIOR NIGHT:** Senior Night activities will not be allowed during a championship event.

R. **CONCESSIONS:** Host school will handle concessions and receive all profits during the championship dive/swim meet.

S. **HOST SITE REGULATIONS:**

1. The Sac-Joaquin Section office has final approval of game site.
2. The field, playing surface, and equipment must conform to all requirements as stated in the National Federation rules book.
3. Restrooms are available for both teams (before and after the games).
4. There is adequate and safe lighted parking for spectators within a reasonable distance to the facility.
5. There are adequate restroom facilities for spectators.
6. The stadium must be secured, and admission will be charged for the contest.
7. Playing surface clear of any obstructions.
8. The public address system is in working order and will be used for the contest.
9. Required site personnel will be provided.
10. School will have a hard copy of an Emergency Action Plan on site.

S. **AWARDS**

1. A championship pennant will be awarded for varsity boys and girls in Division 1, 2, and 3.
2. A second-place plaque will be awarded for varsity boys and girls.
3. A first-place plaque will be awarded for frosh/soph boys and girls.
4. A second-place plaque will be awarded for frosh/soph boys and girls.
5. Medals will be awarded to participants for places 1 – 3.
6. Playoff participation certificates are available on the Sac-Joaquin Section website at:  
[https://cifsjs.org/coaches\\_and\\_administrators/certificate\\_fillable.pdf](https://cifsjs.org/coaches_and_administrators/certificate_fillable.pdf).

T. **QUALIFYING TO THE STATE MEET:**

1. The State Swim/Dive Meet will take place on May 11 – 13, 2023 at the Clovis West Aquatic Complex.
2. The CIF Sac-Joaquin Section qualifies the following to the state meet: 3 in each swimming event and 4 in diving.
3. At-large entries
  - a. Individuals must compete, and qualify through, their respective Section Championships to participate in CIF state/regional championships.
  - b. Sections may enter additional competitors if they qualify via the at-large or consideration time.
  - c. A qualifying time can only be achieved during the Section Finals (not during the regular season or during preliminary heats).
  - d. Relay lead off times may not be used for individual qualifying.
  - e. All times must be recorded on fully automatic times systems (FAT).
  - f. State Swimming Championships at-large and consideration times are available at [www.cifstate.org](http://www.cifstate.org).
  - g. There will be no at-large qualifiers for diving.

T. **OTHER LINKS AND INFORMATION FOR SWIM/DIVE**

1. [Acceptable Pass Sheets](#)
2. [Enrollments](#)
3. [Playoff Certificate](#)
4. [State Championship Playoff Information](#)