



DART-SOLANO Newsletter



October, 10th 2023

Thanks to all of our parents and swimmers for their dedication and support of DART. We have had a great start to the season.

DART Swimming is a nationally recognized swim team that offers sites in Solano, Sacramento and Davis. Our program prides itself on providing success at all levels of swimming-from swim lessons to National level swimmers.

DART-Solano directly oversees several programs that include:

- DART USA Swimming in Solano and American Canyon
- DART Swim Lessons in Solano and Winters
- DART USA Water polo
- Adult Fitness (will return in 2024)
- Winters Swim Team (summer rec team)

Building a foundation

Our focus this fall is to build a foundation for the year. This includes in and out of the pool. These vary based on the three divisions of our team (Senior, Competitive Age Group and Developmental.)

The foundation for all swimmers includes:

- Technique
- Kicking and Underwater Work
- Skills for practice and racing
- Teamwork
- Fitness
- Swim Knowledge Appropriate to the swimmers level within the sport
- FUN

We are also focusing on building a well rounded aquatics program for our community that includes swim team, swim lessons, water polo and adult fitness. Our goal is to be recognized as the premier aquatics organization in our community and Northern California.

The foundation we are developing outside the pool includes teamwork for our swimmers and families. We are focused this fall on building a strong volunteer base to support the efforts of our swimmers. This includes but is not limited to hosting meets, officials, timers, governance support and fundraising.

Pool Update

As all of you know, we are currently swimming at several pools in our area as we are awaiting the pool project at Solano College to be completed.

We are fortunate to have access to several pools while the college is being worked on. This includes Armijo, Fairfield, American Canyon High and the Phillip West Aquatics Center in American Canyon. We will adjust to Rodriguez as needed in November once high school water polo is completed. We are thankful to these facilities for hosting us.

We are currently anticipating a December return based on recent meetings with campus representatives. I will continue to give updates as I receive information from the college.

All Hands on Deck

We are planning on hosting two USA Swimming meets in Solano this winter. We typically host an October meet, however, we did not this year due to the college pool. Please be sure to save the dates as we will need ALL HANDS ON DECK!!!

- January 13-14 Dual Meet with Santa Clara Swim Club
- February 24-25 Last Chance for JO's

I am excited for this season and beyond. We have a great staff, great team and great parents. Thanks to all for your support....GO DART!!!

Ricky Silva
Site Lead-DART Solano
rickysilva@sasoswimming.org



DART-Solano Coaches

We are excited about our coaching staff to start the season. We have a mix of new and returning staff. The staff is in the process of updating pictures, and bios-which will be available on our website.

The staff looks forward to meeting all of the swimmers and families. Parents are encouraged to introduce themselves to the coaches. Any missing emails will be updated in our next newsletter.

Ricky Silva	rickysilva@sasoswimming.org	Site Lead/National Development Coach
Nick Lillard	NickLillard@gmail.com	Senior Group Lead Coach
Ricky Rascon	Coachricky22@outlook.com	Head Age Group Coach/AG 1 and 2
Nathalia Hernandez	nathalia.hernandez451@gmail.com	Assistant Coach/Intro and Blue
Gracie Lopez	lopez.gracie05@gmail.com	Assistant Coach/Beginner and Yellow
Ray Wieser		Assistant Coach-Senior/National
Steph Sit	dartsolanobilling@gmail.com	Team Admin/Assistant Coach
Alexis Taliaferro	taliaferroalexis@gmail.com	Assistant Coach
Lacie Lopez		Assistant Coach
Alex Gonzalez	agonzalezchavez17@gmail.com	Water Polo Coach
Michael Dean	deanzoodad@yahoo.com	Water Polo Coach
Andrea Cifelli	andrea.cifelli95@gmail.com	Water Polo Coach
Sydney Vanderpool	svpool17@gmail.com	Water Polo Coach
Justin Koeppen		Water Polo Coach



Billing Information and Updates

As many of you know, we have a new Team Admin that is taking care of our billing and invoicing. Thanks to Steph Sit for taking this on for our team.

Monthly Billing and Invoicing

All monthly billing is automated in our Sports Engine system. All charges are auto run on the first of each month using the card on file in each families' account. The system will automatically re-run the card a day or two later if there are any issues on the 1st of the month.

Charges run on the first will include monthly dues as well as any additional invoiced items (apparel, meet fees, event fees, etc.) These are entered into the billing system by our team admin.

Families can always check their account by logging into our website (www.sasoswimming.org) and going to Billing and Payments. Families can look up their monthly invoice as well their billing and invoice history.

For billing questions, please email dartsolanobilling@gmail.com. Billing emails will be returned within 48 hours. We encourage families NOT to contact coaches directly about the billing or invoice questions. For a billing emergency, you can reach out to the Site Lead (Ricky Silva.) Please use email instead of texts.

Stop Swim Form

If swimmers are planning to take a break or stop swimming, a "stop swim" form should be submitted. This allows us to maintain records of any swimmers who are going inactive. This includes temporary stop swims. Please be sure to review the terms on the form. Parents/swimmers encouraged to communicate with their coach if they are planning to submit a stop swim form.

[DART-Solano Intent to Stop Swim Form \(google.com\)](#)

Swimmers of the Meet

We will be recognizing one to two swimmers of each USA Swimming meet this season. The recognition will be included in our monthly newsletter as well as on our social media accounts. Swimmers will receive a prize as a swimmer of the meet-these will be distributed at the pool.

DART Meet-September

- Cadence Cruz Age Group 2
- Allison Reiter Age Group 2

Two of our swimmers had an amazing weekend at our Dart meet in Davis! Miss Reiter had a personal best on her 200 Free and 100 Breast where she dropped a total of 21 seconds! Miss Cruz crushed her 100 Breast by dropping 15 seconds! Amazing job ladies! Keep up the great work and keep on swimming fast!

TCA Senior Meet-September

- Greyson Royer National Development

Greyson had a breakout meet at the Thunder Coast Aquatics Senior meet to start the fall season. He swam six events.....all being best times. Greyson, who recently moved to the National Development group, dropped a total of 43 seconds between his six events.

CCA Spooktacular Meet-October

- Matt Wood Senior
- Noah Leibert Senior

These two boys had a killer weekend at the Spooktacular meet in Roseville. Matt qualified for three Junior Olympic cuts and Noah dropped 2 seconds on his 100 freestyle which made him swim under a minute! Way to go boys!



Qualified Swimmers for Performance Meets (as of Oct 9)

We will keep a running list of swimmers who are qualified for our championship meets. This will be included in our monthly newsletter. Please let the coaches know of any omissions as we will continue to publish a running list.

14 and under Short Course Champs

William Atherton-Shipp
Ysabelle Carranza
Sebastian Conteras-Vigil
Lizzy Johnson
Max Maciendo
Allison Reiter
Greyson Royer
Audrey Suherman
Matt Wood

14 and under SWAGR

Lizzy Johnson
Greyson Royer
Allison Reiter

USA Swimming Sectionals

Rafael Estimo
Brandon Ha
Lizzy Johnson
Remy Lenoir
Richard Lin
Emma Trotter
Rowen Valladares

USA Swimming Futures

Brandon Ha
Lizzy Johnson

USA Junior Nationals

Brandon Ha

*This list does not include inactive swimmers, including those that are full time polo or in college.
The list will be updated as swimmers return to the team.*



ALWAYS IN FRONT

DART Swimming is sponsored by TYR. The sponsorship includes discounted items, team attire and gear as well as outfitting for coaches. Swimmers who attend USA Swimming Championship Meets will receive incentive items from TYR. TYR also provides support for our hosted swim meets.

For more information and to set up a TYR account, you can go to:

[DART Attire Page](#)

Fall order forms are included on this page. We will be closing the week of October 9.

Calendar / Upcoming Events for Swimmers

October 13	Halloween Social	AG, Blue, Yellow, Beginner, Intro
October 14	Meeting/Education	Parents (ZOOM)
October 14	Officials Training	Parents (ZOOM/In-Person)
October 15	Education/Mini Golf	AG, Senior, National
October 19	DART Race Day	All groups (no National)
October 21-22	Orinda Senior Meet	National/Senior
October 22	STAS Meet	All groups-added meet day
October 27	Haunted House	Senior and National
October 28-29	Dual Meet with SCSC	Senior, Age Group, Blue
October 31	No Afternoon Practices	Morning only for National/Senior
November 4-5	PASA Invite	National, Senior
November 4-5	Marlins Invite 14 and under	14 and under-qualified
November 18	VJO Meet	AG, Blue, Yellow, Beginner, Intro
November 25	Movie Day	Swimmers and families

**For a full list of events, meets and more you can go to the event section of our website.*

***We will continue to update the schedule throughout the season.*



Birthdays (September and October)

September

Calvin Thor	1
Coach Gracie	3
Demetri Worrell	7
Aizen Worrell	7
Trinity Lukens	10
Richard Lin	11
Cuffman Cassidee	13
Samantha Sanchez	24
Christian-Flores Mateo	25
Tavi Thompson	27
Vincent Martellaro	28

October

Marisetty Veda	6
Benjamin Cheng	10
Zhaoyang Li	18
Jaqueline James	19
Coach Ricky Silva	29
Beatrice Arvin	30

Don't see your child's birthday on our list? Let us know.

Welcome to the DART Solano Family-Fall

Welcome to all of the swimmers who joined our team this fall....as well as any swimmers who have returned from an extended break. We look forward to getting to know all of the new swimmers and families.!!!

Apollo Ambrose
Eulaylie Anthony
Serenity Borja
Karthi Chava
Taylor Chen
Jordyn Collard
Ethan David-Jones
Elijah Dillard
Camellia Ding
Cassidy Ding
Alan Dorji
Iker Fabiani
Aaron Halabi
Ethan Hall
Mia Haftgoli
Noah Hattori
Sophie Hines
Elizabeth Holland
Alice Houston
Jacqui James
Max Lacer
Sam Macncenido
Victor Molida

Maddie Mueller
Mia Mujadiddi
Nathan Ma
Aarika Nikhil
Nathan Nguyen
Irie Nippolt
Loea Nippolt
Carson Palmer
Charlie Posadas
SaMiyah Pugh
Aria Quevedo
Charlee Quevedo
Danny Rivera
Mateo Rosales
Mary Silva
Jacob Souza
Mitchell Sullivan
Mia Spangler
Stef Stitzel
Matthew Wood
Miles Wood
Adamaris Yanez-Regalado
Elsa Zho



Officials Corner

Thanks to all of our parents who have expressed interest in becoming an official. We are taking a new approach to finding officials and have so far been excited about the results.

All officials in Sierra Nevada and Pacific Swimming are volunteers. Since our team is required to provide a designated number of officials at each meet based on our entry numbers-we are thankful to any and all the parents who have chosen to take this job on.

All parents are encouraged to attend official training. Benefits include but are not limited to:

- Meet other parents at our site as well as other DART sites.
- Learn about stroke technique and skills.
- Help DART fulfill our official requirements at each swim meet.
- A great way to support the team!!!

DART-Solano Trainings

We are offering several training sessions this fall to introduce parents to officiating. These are local training run by one or more of our seasoned parents who are registered USA officials.

Any parents who attend these trainings are encouraged to work as a stroke and turn official at our Race Day meets. NO EXPERIENCE IS REQUIRED.

Sierra Nevada Trainings

SN Swimming will offer training sessions throughout the swim year for parents to become a registered USA Swimming official. The process includes several steps:

- Attend an initial training
- Register as a USA Swimming official and fulfill any USA Swimming requirements.
- Attend a designated number of in-person training sessions (at a swim meet.)

DART will reimburse parents for their USA Swimming membership registration fee.

DART-Solano Officials Form

Anyone who is currently an official or is interested in training to become an official (for race day meets and/or USA swimming meets) should fill out the form below.

[DART-Solano Officials Form](#)

[DART-Solano Officials Webpage](#)

DART-Solano Water Polo

Did you know that DART-Solano offers both swimming AND water polo? Seasonal programs are offered throughout the year for all levels of polo players and ages.

Fall Ball

We are currently offering a low-key fall water polo program for participants who are 9 and older. Practices are held twice a week at Armijo High School. This is open to any DART swimmers-talk to your coach for more info.

Winter Water Polo

Our winter water polo programs will begin on November 28. This will include polo for all ages. Our 13 and older program will have practices three times a week. Our Junior polo (12 and under) will have practices available once a week.

Additional information, including practice and competition schedules will be available at:

www.dartsolanowaterpolo.com

DART-Solano Swim Lessons

We offer lessons throughout the year for all levels and ages. This includes learn to swim participants to swimmers who are looking to improve their technique and skills.

Lessons are currently being offered during the week at Armijo High School.

For more information or to register for lessons, you can go to:

[DART - Swim Lesson Info \(teamunify.com\)](http://DART-Swim Lesson Info (teamunify.com))

DART-Solano Adult Fitness

DART-Solano has a US Masters Swimming Adult Fitness Team. Unfortunately, the program is currently on hold until we return to the Solano College Pool. Be sure to check the website and social media for updates on the program, including practice times, clinics and more!!!

www.sasoswimming.org

Clinics

DART-Solano will offer clinics throughout the 2023-24 season. Be sure to check our website and social media for updates.