DART Swimming/SASO Water Polo
COVID and Facility Protocols-updated January 8

All participants and staff are required to follow all of the following protocols while attending practices at any facilities utilized by

Equipment and Personal Belongings
Participants should not share equipment.

We practice rain or shine. Due to limited covers-participants are encouraged to bring a large garbage or plastic bag to cover their belongings while swimming.

Screening
Parents/participants/staff should review the following screening questions prior to practices.

CDC Screening Questions

Participants and Staff
Face masks MUST be worn when inside the pool area regardless of vaccination status.
Face masks can be removed during dryland with proper spacing.
Participants should practice social distancing on campus.
We encourage regular COVID testing for participants and staff.

COVID Symptoms or Exposure
Participants who have COVID symptoms must stay home and receive a negative test before coming on deck. If the test is positive, follow the CDC guidelines.

Participants who are fully vaccinated (this means a complete series in the last 6 months OR a full series AND a Booster) and EXPOSED to COVID can continue to swim but need to test on day 5. See above if they develop symptoms.

Participants who are not fully vaccinated and EXPOSED to COVID must stay out of the pool for 7 days with a negative test on day 5 (we are using the previous CDC guidance and the guidance the schools use).

Restrooms and Locker Rooms
Locker rooms are NOT available for use at this time. Only exception is weekday mornings. Restrooms are available for use.

Face Masks MUST be worn at all times when indoors-including restrooms.

Questions or Concerns
For any questions regarding our COVID policies, you can contact Head Coach Ricky Silva at rickysilva@sasoswimming.org

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