

For what do you want this SASO to be known? Describe the reputation you want for this team?

I would like SASO to be known as a team that is well represented at swim meets, and is what others envision when thinking of responsibility and accountability.

I would want Saso to be known for being one of the fastest swim teams in California and for being a dedicated team to the community. Being a devoted team to the community would be great because it would also benefit us both physically and mentally. And being one of the fastest swim teams of California would boost our confidence to show how hard we've been working.

I want SASO to be known as a team that has a good influence on other teams when it comes to leadership. I would want many teams to look up to us, in which they can model their leadership after ours.

I want SASO to be known for it's amazing team culture. I want people outside SASO of to know the team for having a positive environment and supportive athletes and coaches. I also hope people outside of SASO will know the team for being friendly and welcoming towards others.

I want SASO to be known for as being a very good team and always having a positive team environment. I hope that people know that we are very social and that we are very inclusive of everyone ranging anywhere from our senior group to all the younger kids.

I want our team to be known for being the kindest and having the best meets in the region.

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### **How can the leadership of SASO be more meaningful toward improving the team?**

Leadership can help the team function better as a whole, and can help set the examples for all swimmers on what's possible to accomplish and how we can do it.

Leadership of SASO can be more meaningful for improving the team if leaders gave more feedback, positive and some negative. This would help by ensuring that teammates, swimmers can see how much they have and can improve.

Leadership can also be more meaningful by being role models. Leaders can be an example of what everyone can or can try to accomplish.

The leadership of SASO can be more meaningful towards improving the team by the inclusion of the swimmers' voice in the team and its choices. Additionally, I believe that the leadership of SASO can help lead the team to become more hard-working and motivated overall.

The leadership of SASO can help the team grow and achieve new experiences. Leadership from athletes and other parts of the team can help the team become a more positive place where people will always feel appreciated. Giving athletes a leadership position besides the grown ups of the team

could help the team achieve more to give the athletes more opportunities to grow in swimming and to help improve their selves.

The leadership of SASO can be more meaningful toward improving the team by trying to be inclusive of everyone through different team events and socials and creating a very positive and motivating environment with those events and socials. Along with improving the team by being inclusive of everyone, we can also try to be inclusive of the parents of the team by providing feedback on the work that they do and working with them to improve our team atmosphere.

I think leadership would create a far more organized environment for the team.

What do you need to be successful at SASO?

At SASO you need to have a good mindset and have the ability to listen well to feedback so you can accomplish your goals.

At Saso you need to have the motivation to swim, but to get better you need to have trust between coach and swimmer. Well, it takes a lot to be really successful at SASO, you need to right motivation, positivity, trust, and flexibility.

To be successful at SASO, one needs to learn and experience the importance of a genuine team bond. Because SASO is relatively small, the people that surround us will have an impact on everything we do, such as performance at meets or satisfactory practices.

You need a good attitude and a positive mindset. You have to be ready to work hard and uplift your teammates to achieve success.

In order to be successful at SASO you need to be able to swim and be willing to learn new things from all of the coaches. However, aside from the swimming aspect, you need to be a very positive and encouraging person because by being that way you will be able to connect with more of your teammates and help make the atmosphere of the team very positive and motivating for everyone. By being this way it can help encourage everyone strive to be the best that they can be.

I think being successful in SASO means to help out and being social.

What is one goal you believe that SASO needs to focus on?

One goal I believe that we should work on is increased participation.

One goal I believe that SASO needs to focus on is a goal of motivation. I believe motivation is crucial because motivation is what will bring you up both physically and mentally. It's great to strive for a goal, but I understand and I see how some people don't have a real motivation.

I believe that SASO needs to focus on making fun events for all of the groups. At times, much of the Senior Group feels left out because there is a fun event for "everyone", but it would only target the smaller kids' groups.

I believe one goal SASO needs to focus on is being more optimistic. I think there is some negativity among the team and we should focus on becoming a more positive team. Getting rid of negativity would create a better team environment and help SASO move forward and achieve greater things.

One goal that I believe SASO needs to focus on creating a good team atmosphere so that everyone feels encouraged to be the best that they can be. Along with the atmosphere we should work on interacting more with the younger swimmers so they feel included and also with the parents so that we can provide various ideas for the team and hear their feedback.

I believe that SASO needs to work on managing stressful events, like meets.