



Practice Times and Groups
Developmental and Age Group Performance
Starting September 11 (updated Sept 4)

Intro 2 days a week

Mon/Wed	5:00-5:30 pm	Armijo
Tue/Thu	5:00-5:30 pm	Armijo

Beginner 4 days a week (M-TH)

Mon-Thu	4:45-5:30 pm	Armijo
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Yellow 4 days a week (M-TH)

Mon-Thu	5:30-6:30 pm	Armion
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Blue 4 days a week (M-TH)

Mon-Thu	5:30-6:45 pm	Armijo
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Age Group 1

Mon/Wed	5:45-7:15 pm	Fairfield High	Includes dryland
Tue/Thu	5:30-7:15 pm	Fairfield High	
Fri	4:30-6:15 pm	Armijo	
Sat	8:00-10:00 am	American Canyon High	

Age Group 2

Mon/Wed	5:45-7:15 pm	Fairfield High	Includes dryland
Tue/Th	5:30-7:15 pm	Fairfield High	
Fri	4:30-6:15 pm	Armijo	
Sat	8:00-10:00 am	American Canyon High	