# Redwood Empire Aquatic League

BYLAWS

Revised: August 6, 2017

**1.0 Responsibilities**: The responsibilities of the Redwood Empire Aquatic League (Known as R.E.A.L.) shall be:

* 1. To provide a swim league with a championship meet where all members of the league teams can participate and a team championship can be determined.
	2. To prescribe the format and conduct of said meet.
1. **League Alignment:** The league shall be comprised of Ukiah

Dolphins (UD), Sebastopol Sea Serpents (SSS). Solano Aquatic Sea Otters (SASO), Westside Aquaducks (WA), Neptune Swimming (SRN), Sonoma Sea Dragons (SON), Napa Valley Swim Team (NVST), Lake County Channel Cats (LCCC), and Vallejo Aquatics (VJO).

**3.0 Representation:**

* 1. REAL Representation: The Head Coach or his/her designated Coach will represent each team.
	2. Each league member (team) shall have one vote by telephone, e-mail, or voice.
	3. The Head Coach may change her/his designated coach by contacting each member team by telephone, e-mail or voice.
1. **Management:**

**4.1** General: Management of the affairs of REAL is the responsibility of the Head Coach or his or her designee subject to any limitation of the USA Swimming Rules and Regulations.

* 1. Financial:
		1. All moneys for REAL Championships shall remain with the host team.
		2. League Teams shall pay $150 to the host team to help defray the cost of League Fees and/or Awards.
		3. Fiscal Year of REAL shall be from September 1st through August 31st.

**5.0 Officers:**

* 1. Shall be the 8 designees with the host of championship acting as the chairperson.
	2. The host of championships shall represent the REAL at the Zone III meetings.
	3. There shall not be appointed positions.

**6.0 Elections:** There are no elected officials.

**7.0 Meetings:**

* 1. Annual meeting will be held during the Sunday break between the morning trials and finals of the REAL Championship meet.

**7.1.1**  All head coaches or their designee shall have a voice and vote (1) PER TEAM at this meeting.

* 1. **Special Meetings:**

May be called by the host team and completed by telephone, e-mail or voice.

* + 1. The purpose of this meeting is to review current REAL

Championships meet operations and make recommendations for the next championships.

  **7.2.2** Order of Business.

1. Review current REAL Championship format.
2. Open discussion and recommendations of ideas for future Championship meets.
	1. **Quorum:**

A quorum at all meetings shall consist of those head coaches or designee present.

* 1. **Rules:**

The procedural rules at all meetings shall be current Robert Rules of Order as amended.

* 1. **Order of Business;**

At all REAL meetings, the following shall be the Order of Business:

1. Roll Call
2. Approval of minutes
3. Report of the host team head coach or designee
4. Unfinished business
5. Selection of the next host club
6. New business.
7. Resolutions and Order
8. Adjournment
	1. Any provision of the REAL bylaws not prescribed by USA Swimming may be amended at the Annual Meeting of REAL by two-third (2/3) vote of the head coaches or designee.
	2. Amendments to these Bylaws, or any Appendix or Attachment thereto, made at the Annual Meeting shall become effective at the conclusion of the Annual Meeting, unless otherwise mandated.

**8.0** Miscellaneous:

* 1. REAL shall have the authority to enforce these Bylaws in accordance with current USA Swimming Rules and Regulations.

Appendix A: REAL Championship Regulations

Section 1 – REAL Championship Site

 A. The meet shall be conducted each year starting on Friday and

 ending on Sunday either the first or second weekend of August.

B. The meet shall be conducted under the rules of USA

 Swimming.

* 1. The host club shall register REAL with Pacific Swimming and pay appropriate fees at the beginning of the new swim year (September).

 C. The location of the Championships shall be on a rotational basis starting with UD, followed by SSS, SASO, WA, SRN, SON, NVST, LCCC, and VJ O.

1. Minimum requirement to host is the Championship Meet is an 8 lane competition pool with warm down lanes available throughout the meet.
2. Eligibility: A swimmer entered in the meet
	1. Must be a currently registered USA Swimming athlete.
	2. May be an unattached swimmer if practicing with one of the member teams
	3. Unattached swimmers may swim but points will not count toward team total.
	4. Swimmers 19 and over may swim in prelims and finals and score points.
3. Entries:
	1. Shall be by a Team Manager electronic file (CL2 or HY3) with a signed hard copy back up.
	2. Shall include the USA Swimming registration number, club code and seed times for each swimmer entered.
	3. Team entries must be accompanied by a team check to cover the amount of the team entries.
4. Format:
	1. \* Event Swum as Timed Final.
	2. + Even Swum at the End of Trials
	3. % Event Swum at the Beginning of Finals
5. Events
	1. Limits. Each individual may enter no more than 1 individual event Friday and 3 individual events per day on Saturday and
	Sunday for a total of 7 individual events.

|  |
| --- |
| Friday |
| 6&U | 8&U | 9-10 | 11-12 | 13&O |
| 200 free\* | 200 free\* | 200 free\* | 200 IM\* | 400 IM\* |
|  |  |  | 500 free\* | 500 free\* |
|  |
| Saturday |
| 6&U | 8&U | 9-10 | 11-12 | 13&O |
| 25 back\* | 25 back\* | 50 back  | 200 free\* | 200 fly\* |
| 25 breast\* | 25 breast\* | 50 breast | 100 back | 100 breast |
| 50 free\* | 50 free\* | 100 free | 50 breast  | 200 IM |
|  | 100 MR+ | 200 MR+ | 50 fly | 100 free |
|  |  |  | 100 free | 200 back\* |
|  |  |  | 200 MR+ | 200 MR% |
|  |
| Sunday |
| 6&U | 8&U | 9-10 | 11-12 | 13&O |
| 25 free\* | 25 free\* | 100 IM | 100 IM | 200 free |
| 25 fly\*  | 25 fly\*  | 50 fly  | 100 breast | 100 back |
| 100 IM\* | 100 IM\* | 50 free  | 50 back  | 200 breast\* |
|  | 200 FR+ | 200 FR+ | 100 fly | 100 fly |
|  |  |  | 50 free  | 50 free  |
|  |  |  | 200 FR+ | 200 FR% |

1. Order of Finals

 Saturday

Girls Boys Age Event

101 102 11-12 200 Med Relay

103 104 13-up 200 Med Relay

111 112 11-12 100 back

113 114 13-up 100 breast

115 116 9-10 50 back

117 118 11-12 50 breast

121 122 13-up 200 IM

123 124 9-10 50 breast

125 126 11-12 50 fly

129 130 13-up 100 free

131 132 9-10 100 free

 Sunday

201 202 11-12 200 Free Relay

203 204 13-up 200 Free relay

205 206 11-12 100 IM

207 208 13-up 200 free

209 210 11-12 100 breast

213 214 13-up 100 back

215 216 9-10 100 IM

217 218 11-12 50 back

221 222 13-up 50 free

223 224 9-10 50 fly

225 226 11-12 100 fly

229 230 13-up 100 fly

231 232 9-10 50 free

233 234 11-12 50 free

1. 500 free and 400 IM may be swum at the discretion of the meet referee and league representative, either fastest to slowest alternating girls and boys or by combining girls and boys heats.
2. Relays
	1. Relays shall be pre-entered with team entries but charged at the conclusion of the meet based on results.

1. Scoring

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays Events: 40-34-32-30-28-26-24-22