



Spring Swim Lessons

Swim lessons will be held at the Solano College pool in Fairfield. All lessons are one on one with a swim instructor.

The pool is located near the gym. A campus map is available below.

[Campus Map](#)

Swimmers are encouraged to arrive 5-10 minute prior to their lesson. The gate to the bleacher side of the pool will be open.

Please be sure to park in a student parking lot (do not use the staff parking.) Lots 4 and 6 are recommended. The walk to the pool is about 5-so please plan ahead. Parking permits are NOT required.

What To Bring and Wear

Swimmers are encouraged to arrive in their swimsuits. Swimmers should bring a towel. Goggles are highly recommended. Swim caps are recommended for swimmers with longer hair that might affect their side breathing.

Swimmers should wear a comfortable swimsuit for their lessons.

Swimsuits with built in floaties should NOT be worn during lessons.

Locker Rooms/Restrooms

Due to COVID protocols, the locker rooms are not currently available. Restrooms are available for use.

Swimmers are encouraged to use the restroom prior to their swim lesson.

Viewing Area

The bleachers and areas under the shade structures are available to parents or spectators at this time.

Instructors will call over each swimmer to their lessons.

Parents should refrain from coaching or teaching their own students during their lessons.

COVID Protocols

Masks are not required at this time while at the pool.

Swimmers who are ill or sick should not attend class.

Swimmer Assignments

Swimmer assignments will be posted on our website prior to the start of lessons. Each swimmer is assigned to a DART swim instructor.