



**Winters Swim Team
Summer 2023**

Summer Practices Begin on June 5.

www.wintersswimteam.com

Swim Team Website

The website specific to Winters Swim Team can be found using the link below. The team website includes a registration link to the DART-Solano Team Unify site.

[Winters Swim Team Website](#)

Our Team Unify website is used for billing, meet entries and electronic communication. All information will be posted on the Winters Swim Team website.

Communication

A weekly email will be sent with information for swimmers and families. This will be sent out on Fridays (for the upcoming week.)

Registration and Practice Groups

Registration is now open. To register for the team, you can go to the signup link on the Winters Swim Team. This will take you directly to the DART-Solano Team Unify site for registration.

Families can use a credit or ACH payment to register. Any families who would like to use a check for registration should contact wintersswim@gmail.com directly.

Summer dues are charged upon registration.

This year if your swimmer is signed up before June 1st, they will receive a team shirt. When signing up please put the correct shirt size.

The following groups are available for registration:

Gold Group	11 and older	\$125
Silver Group	11 and older	\$125
Red Group	10 and under	\$115
White Group	10 and under	\$115
Pre-Team	14 and under	\$85

Winter Swim Team Apparel

Swimmers who are registered by June 4 will be guaranteed a Winters latex swim cap prior to the first swim meet. Swimmers are encouraged to wear these at swim meets.

Swimmers who are registered by June 4 will receive a Winters team t-shirt. Please be sure to indicate their shirt size when they are registered for the team.

Practice Groups

We have made some adjustments to the practice groups for the Summer of 2023. This will allow for swimmers to practice in groups that are appropriate for abilities as well as ages. Swimmers are able to move groups throughout the season with the advice of the coaching staff.

Gold Group

This group is open to swimmers who are 13 and older who are able to swim 100 yards of freestyle as well as 50 yards of backstroke, breaststroke and butterfly.

Monday-Thursday	8:00-9:30 am	
Friday	4:30-6:00 pm	Skill Development Days

Silver Group

This group is open to swimmers who are 11 and older who are able to swim 50 yards of freestyle. Swimmers who are 11 and older who cannot swim 50 yards can participate in our White group or Pre-team.

Monday-Thursday	9:15-10:15 am	
Friday	4:30-6:00 pm	Skill Development Days

Red Group

This group is open to swimmers who are 10 and under who are able to swim 25 yards of freestyle, backstroke and either breaststroke or butterfly. Swimmers who are 11 and older who are not quite ready for Silver can also participate in this group.

Monday-Thursday	10:00-11:00 am
Friday	Off

White Group

This group is open to swimmers who are 10 and under who are able to swim 25 yards of freestyle.

Monday-Thursday	10:45-11:15 am
Friday	Off

Pre-Team (Kickers)

This group is open to athletes 14 and under who are able to kick halfway across the pool, ability to put their face in the water and swim unassisted for about 5-10 yards.

Monday-Thursday
10:00-10:30 am
10:30-11:00 am
4:35-5:05 pm
5:10-5:50 pm

Group Placement

Families can register for the team based on the group descriptions. Coaches will place swimmers (returning) once registrations are received. The coaching staff may move swimmers if deemed necessary based on age and abilities-parents will be contacted regarding moves.

Coaches

We will have several coaches on staff. We are in the process of finalizing our summer staff for 2023.

Grace Erkeneff-Head Coach
Garrett Mathison
Frankie Tellechea
Kayla Freed
Madeline McMahon
Grace Erkeneff

Team Admin

gracekellogg88@gmail.com

Junior Coaches

We will offer a Junior coaching program for swimmers ages 12 and older who have prior swim team experience. A commitment of at least two days a week as well as attending an in-service training is required.

Swim Meets

We will host three swim meets this season in addition to a time trials meet. Meets will be held on the following dates:

Fri, June 16	Time Trials
Wed, June 28	Swim Meet
Sat, July 15	Swim Meet
Sat, July 29	Summer Champs

What to Expect at Swim Meets:

The pool mdoors will open at the designated time; parents who arrive early will not be allowed into the facility until the designated time.

Check-in Time: Swimmers are to check in at the Swimmer Check-in table. They will have a warm up time and then be expected to know when their races are coming up.

What to Swimmers should bring to a Swim Meet/Practices:

- Back pack/duffle bag to hold items
- Swim cap
- Swim suit
- Goggles
- Sandals/water shoes/flip flops
- Towel(s)
- Sunscreen
- Water/Gatorade
- Healthy snacks

Items Parents should bring to every Swim Meet:

- Sunscreen
- Hat
- Towel
- Camping chairs
- Cooler
- Canopy/Easy up/Umbrella

Team Code of Conduct:

Swimmers, parents and coaches are expected to conduct themselves in a manner that shall bring credit to themselves, their team, communities and families. Good sportsmanship is expected by all at both workouts and meets (home and away).

Swimmers, parents and coaches who fail to abide by the Team Code of Conduct will be subject to disciplinary action that may include being required to leave the pool deck immediately. Disruptive behavior during practice can result in removal from practice at the discretion of the coach(es).

Swimmers are expected to:

- Attend as many practices offered as they can.
- Be attentive and listen at practice.
- Try their best at each practice.
- Be cooperative with coaches and considerate of their teammates.
- Always display good character by being respectful and polite to others.
- Practice good sportsmanship during workouts and at meets.
- Follow all pool rules at all times at home and away.
- Clean up after themselves and not leave personal belongings at the pool.
- Participate in meet warm up.

Coaches are expected to:

- Serve as role models.
- Foster sportsmanship, fair play and building of the mind and body through a competitive atmosphere.
- Provide an appropriate level of discipline at practices and meets.
- Actively encourage and motivate swimmers to do their best at practices and meets.
- Unify the team and build team spirit.

Parents are expected to:

- Support coaches.
- Support their child's efforts through encouragement and positive reinforcement.
- Provide general parental guidance for their children.
- Provide transportation for their swimmer to and from meets.
- Actively volunteer at meets and/or participate in other team events.
- Pay all fees on time.
- Set an example of sportsmanship and leadership for the children. This includes the use of appropriate language and behavior on the pool deck.

Pool Deck Rules

During practice, all non-swimmers are asked to:

- Stay away from the edge of the pool.
- Walk on the pool deck, please do not run.
- Refrain from conversing with the swimmers and/or coaches during workouts.
- Supervise non-swimming children at all times.
- Stay out of the small pool.
- Obey the lifeguard(s) on duty.

The Bobbie Greenwood Community Swim Center rules can be found at:

[city-of-winters--pool-rules_071315.pdf \(teamunify.com\)](#)

See you at the pool!!!