SASO Swimming

January 1-February 14 Practice Schedule

Alan Witt-Fairfield

Mon-Thu	6:00-7:00 pm	All Groups
Mon-Thu	7:00-8:00 pm	All Groups
Fri	4:00-5:30 pm	Junior/Senior/AG
Fri	5:30-7:30 pm	Junior/Senior/AG
Fri	5:30-6:30 pm	Otter Groups
Tue	5:30-7:00 am	Junior/Senior (mornings)

Phillip West-American Canyon

Mon/Wed/Fri	4:15-6:15 pm	Junior/Senior
Tue/Thu	4:00-5:45 pm	Junior/Senior/AG
Tue/Thu	5:45-7:30 pm	Junior/Senior
Sat	7:00-8:45am	Junior/Senior
Sat	10:15-12:15 pm	Junior/Senior
Sat	10:15-11:15 am	Age Group/Otter
Sun	9:00-10:30 pm	Junior/Senior
Sun	10:30-11:30 pm	Age Group/Otters

Cunningham-Vallejo

Mon/Wed	2:00-3:30 pm	Junior/Senior

The schedule may be adjusted month to month based on facility schedules. Occasional surveys will be sent out for swimmers to identify preferred practice times and locations.