



**Parent Information
Summer 2019**

The safety and security of our swimmers is of utmost importance to both the SASO coaching staff and Board of Directors.

It is important for us to remember, SASO swimming is an outside rental group at all of the locations where we swim (Solano College, Kroc Center and Rodriguez High School). As renters we must follow all rules. This will allow us to maintain a positive relationship with the facility as well as maintain a safe and healthy environment for our participants.

Parent Viewing Area-Solano College

A parent viewing area will be established for all summer programs to be held at Solano College. This will include:

A clearly marked area near the shallow side of the pool near the gym (will include a shaded area.)

Bleacher area (and part of the bleacher area.)

An additional shaded area is provided for swimmers-this should not be used for parents/siblings.

AT NOT TIME should parents be teaching or coaching from the sidelines. This includes coaching from the parent viewing area or bleacher area. Parents should not be on the side of the pool (remain in the parent viewing area.)

College Class-Summer 2019

There will be a college swim class to be held Monday-Thursday at 6 pm at Solano College. A designated area will be made available for the class and their belongings.

Swimmers and families should clear the pool deck following practices to maintain a classroom environment for the swim class. Parents/swimmers can remain in the bleacher area.

Locker Rooms

Locker rooms are available for changing, showering and restroom use before, during and after practice. However, swimmers should be reminded to minimize their time in the locker rooms as they are shared by multiple programs.

There is no adult supervision in the locker rooms, swimmers ages 12 and under should not use the locker rooms alone. If a swimmer is using the locker room of the opposite gender from their parent. Their parent should remain outside the door to monitor their safety.

Swimmers who are 5 and older are NOT ALLOWED to use locker rooms of the opposite gender.

During practice, swimmers are encouraged to enter the locker room with a teammate, however, before and after practice, it is the parent's responsibility to supervise their participant during locker room use.

Cell phone use of any kind IS NOT allowed in the locker rooms. This is both a facility as well as USA swimming safe sport policy.

Handicapped shower heads should not be used by participants, unless adaptive needs are present; in the case the shower head is needed, it should be used as designed.

Parking Passes-Solano College only

Participants ARE NOT ALLOWED to park in staff parking spaces.

Participants must use a parking pass while at Solano College (not needed at other facilities.) Daily and semester parking passes are available.

<https://www.teamunify.com/snsasos/UserFiles/File/parkingpassapplication.pdf>

Drop-Off and Pick Up

Parents who are dropping off are responsible for their swimmers until practices begins, and should be ready to receive their swimmers as soon as the practice is over. The locker rooms are not supervised by SASO staff.

Solano College-the round-about is available for quick pick-up and drop-off only. Cars should NOT wait for extended times in this area.

At NO TIME should cars block ANY roads leading to the pool or staff parking areas.

Swimmers should be picked up no later than 15 minutes following the scheduled end of practice time. The SASO coaching staff or Board of Directors is not responsible for swimmers once they have left the pool deck. Coaches will remain at the facility for up to 15 minutes following the end of practice.

Kroc Center-parents of swimmers who are 12 and under MUST check their swimmers in at the front counter. 13 and older swimmers can be dropped off and enter on their own.

SASO participants who arrive early or stay late are not to wander on the pool deck or outside the pool area including in or around locker rooms, gym lobby, or breezeways. Swimmers should remain in the team area or parent viewing area.

Thank you for your cooperation!!!

SASO Swimming

