



## **Practice Group Info and Prices Fall 2022**

### **Intro To Team**

**\$65 per month**

Swimmers are 12 and under. This is our introductory swim team group.

Two practices offered per week. Intro runs September-November and then resumes early spring.

### **Beginner**

**\$95 per month**

Swimmers are 14 and under. Swimmers must be able to swim 25 yards of freestyle and backstroke. Four practices offered per week.

### **Yellow**

**\$109 per month**

Swimmers are 10 and under. Swimmers must be able to swim 100 yards of freestyle and backstroke, 25 yards of breast and 25 yards of dolphin kick. Four practices offered per week.

### **Blue**

**\$115 per month**

Swimmers are 11 and older. Swimmers must be able to swim 100 yards of freestyle and backstroke, 25 yards of breast and 25 yards of dolphin kick. Four practices offered per week.

### **Junior (will be Age Group in Fall)**

**\$170 per month**

Swimmers 9-12 year old. This is a performance group-meet, practice and attendance requirements are required. Six practices offered per week.

### **Senior Prep (new group in Fall)**

**\$137 per month**

Swimmers are 13 and older. Swimmers must be able to swim 100 yards of freestyle and backstroke, 25 yards of breast and 25 yards of dolphin kick. Five practices offered per week.

### **Senior 2 (will be Senior in Fall)**

**\$170 per month**

Swimmers are 13 and older. This is a performance group-meet, practice and attendance requirements are required. Seven practices offered per week.

### **Senior (will be National Development in fall)**

**\$185 per month**

Swimmers are 13 and older. This is the highest level in our program. meet, practice and attendance requirements are required. Eight practices are offered per week.

### **DART Annual Registration Fee**

This fee is paid upon annual registration with the team.

Intro	\$20	(includes cap)
Beginner/Yellow/Blue/Senior Prep	\$40	(includes shirt and cap)
Senior 2, Senior and National Dev	\$60	(includes 2 shirts and cap)

***The shirts will be ordered based on the size that is inputted into our registration.***

### **USA Registration**

Swimmers are required to be registered with USA Swimming within 14 days of joining our team. Families will register their swimmers directly using the USA Swimming website. Additional info will be available in our Team Handbook and at team meetings.

#### ***USA Flex Registration*** **\$30** ***(Sierra Nevada fee)***

Available for 12 and under swimmers.

Must be paid annually.

Swimmers must upgrade to a regular membership after two meets or for a champs meet.

*\*Intro, Beginner, Yellow, Blue (12 and under swimmers)*

#### ***USA Premium Registration*** **\$93** ***(Sierra Nevada fee)***

Available for all swimmers

Must be paid annually.

*\*Age Group, Senior, National Dev and 13 and older swimmers*

### **Monthly Dues**

The first month dues for swimmers are charged when they register for the team. Monthly dues are charged to the card on file on the first of each month. Families **MUST** have a card on file to participate on our team.

### **Stop Swim**

Families must fill out a Stop Swim form by the 23rd of each month to notify the team that their swimmer is suspending their membership.