



**SASO Swim Lessons
Spring 2020**

All spring lessons are held at the Solano College pool in Fairfield, CA.

Private Lessons

All spring lessons at SASO Swimming are private lessons (one instructor with one student.)

Pool

The Solano College pool is a 50 meter by 25 yard pool located near the Solano College gym. Locker rooms are available for swimmers to change.

The shallow end of the pool is 4 feet. The deep side of the pool is 13 feet deep. Tot-docks are available for swimmers to stand during their lessons as needed.

Lessons Sessions

Spring Session 1	March 2-March 27	
Spring Session 2	March 30-May 1	(no lessons April 13-17)
Spring Session 3	May 1-May 29	

All sessions are 4 weeks in length. Sessions are pro-rated if shorter due to holidays.

Session prices are \$100 for four classes (pro-rated if less classes.)

Class Days

Classes are available Monday-Friday. Swimmers can sign up for one-five days a week. We recommend that swimmers do not sign-up for more than two days per week each session.

Classes are held for four consecutive days each session (pro-rated if classes are not held due to a holiday.)

Class Times

4:00-4:30 pm

4:30-5:00 pm

5:10-5:40 pm

5:45-6:15 pm

Registration

All registration for our swim school is done using Team Unify. An online swim lesson registration system is available for all participants. To register for the lessons, you can click on “swim lessons” in the upper right hand corner of our website. The site will walk you thru the steps needed to register

Instructors and Administrative Staff

The SASO Swim School is overseen by the SASO coaching staff.

Instructors are all American Red Cross water safety certified as well as registered with USA swimming. Instructors participate in classroom and in-water training at SASO prior to teaching lessons in our swim school.

Parking

College parking rules are encouraged during the summer. Participants have two options while parking:

Purchase a daily parking pass for \$2 per day.

Purchase a summer parking pass for \$32 for the summer.

Participants MAY NOT park in any red zones or staff parking spaces.

[Online Parking Pass Application](#)

Payment

Payment options using our registration system are credit card and debit card. The Team Unify system is secured (see the website for more information.) To enroll in a class, you will simply

register and pay for the class. Spaces are secured once the payment is processed (you will receive confirmation when finalizing your registration.)

Additional Rules and Information

All swimmers 3 and under and who are not yet potty trained **MUST** wear a swim diaper. These are also available for purchase at local stores.

Parents **MUST** remain in the bleacher or other designated area of the pool. Parents are not allowed to be on the side of the pool or assisting with teaching.

Swimmers who are more than 10 minutes late will **NOT** be allowed to participate in their class. The swim school staff may make accommodations for another class that day if space allows.

