



**Tentative Winter Pool Time
November 23-29**

Spaces are open for signup. Please refer to the appropriate group practice times when signing up.

<https://signup.com/go/fYGmpSY>

Vallejo-Cunningham Aquatics Complex

Mon/Wed	1:30-3:30 pm	Junior/Senior	Kevin/Haley/Ricky
Mon/Wed	1:30-2:30 pm	Age/Otters	Haley
Tue	1:00-3:00 pm	Junior/Senior/Age Group	Kevin/Leann/Ricky
Thu	No Practice	Happy Thanksgiving!!!	
Fri	1:30-3:30 pm	Junior/Senior	Kevin/Ricky
Sat	1:00-3:00 pm	Junior/Senior	Kevin/Leann
Sat	1:00-2:00 pm	Age/Otters	Kevin/Leann
Sun	Off		

**Junior workouts 1 hour and 45 minutes (end 15 minutes before Senior practices.)*

***Friday may change slightly based on VJO schedule-will update as needed.*

Alan Witt-Fairfield

Mon	6:00-7:00 pm	Junior/Senior	Hollie/Ricky
	7:00-8:00 pm	Junior/Senior	Hollie/Ricky
Tue	6:00-7:00 pm	Age Group/Otters	Hollie/Ricky
	7:00-8:00 pm	Age Group/Otters	Hollie/Ricky
Wed/Thu	No practice at Alan Witt		
Fri	8:00 am-9:30 am	Junior/Senior	Ricky/Hollie
	9:30-11:00 am	Junior/Senior	Ricky/Hollie
	11:00 am-12:00 pm	Age Group/Otter	Ricky/Hollie
Sat	12:15-1:45 pm	Junior/Senior	Ricky/Hollie
	1:45-2:45 pm	Age Group/Otter	Hollie
Sun	Off		