

SASO Swimming



- *Programs for all ages***
- *Fun activities***
- *Skill development**
- *Professional Coaching***
- *Enthusiastic Instructors***

SASO Swimming offers aquatics programs for all ages and abilities. Swimming and Water Polo programs are offered throughout the year at several locations in the Solano and American Canyon areas.

- Swim Team** Year Round and Summer Swim Team for youth
- Swim Lessons** Swim Lessons for all ages and abilities (spring and summer)
- Water Polo** Water polo for youth, high school and older (adult program coming soon!!!)
- Masters Swim** Fitness Swimming for Adults




LOCATIONS

FAIRFIELD
AMERICAN CANYON
SUISUN CITY

WWW.SASOSWIMMING.ORG

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