



Senior Training Camp-updated 9/17

Achieve

Successfully bring about or reach (a desired objective, level, or result) by effort, skill, or courage

Practice-arrive 7:45

Convert pool to short course following practice-tentative plan is to swim Long Course.

Brunch

Water will be available. Swimmers can bring their own drinks.

Food ordered-will be at pool at 10:00 am

1-Sausage, Egg and Cheese Sandwich

2-Egg and Cheese Sandwich

3-Chicken, Avocado and Cheese Wrap

Teamwork and Goal Setting

10:00-10:30 am-Goal Setting

10:30-leave for Scandia

Cost-\$18 per swimmer (includes Golf and Breakfast item)

Swimmers will be invoiced.

Parent Chaperones/Volunteers

We are still looking for two drivers if available.

Some swimmers will drive themselves.

Mini Golf Tournament

11:00-12:30 pm

Kailina Arechy, Ronin Ferrer, Richard Lin, Alejandra Valladares
Oliva Balatbat, Brandon Ha, Spencer Merodio, Paulina Sweeney
Diego Escobar, Kai Hattori, Colton Thockmorton, Rowen Valladares
Miguel Escobar, Noah Hattori, Jason Yasol, Angel Tellechea
Rafael Estimo, Olivia Kolokaski, Maggie Reaves, Holly Zipay
Luc Ferrer, Remy Lenoir, Emma Trotter, Malayah Wilford
Frankie Tellechea, Jack Lucido, Trinity Rivera, Rachel Lee (coach)
Ricky (coach), Joe (chaperone)

4 cars-drivers

Ricky-coach

4 swimmers

Lucido-

6 swimmers

Jacylou-

4 swimmers

Driver-

Driver-

Tournament will be score-one team captain for each team must turn in a scorecard.
Winning team and top individual scorer overall will win TYR prizes.
Highest score per hole is a 6.