

**Age Group Western Zone Time Standards
2015**

| Women | | | 10 & Under | Men | | |
|--------------|------------|------------|-----------------------|------------|------------|------------|
| LCM | SCM | SCY | Event | LCM | SCM | SCY |
| 0:33.19 | 0:32.39 | 0:29.19 | 50 Free | 0:32.99 | 0:32.19 | 0:28.99 |
| 1:12.29 | 1:10.69 | 1:03.69 | 100 Free | 1:12.49 | 1:10.89 | 1:03.89 |
| 2:38.09 | 2:34.89 | 2:19.59 | 200 Free | 2:37.79 | 2:34.59 | 2:19.19 |
| 0:39.19 | 0:38.59 | 0:34.79 | 50 Back | 0:39.39 | 0:38.79 | 0:34.99 |
| 1:24.29 | 1:23.09 | 1:14.89 | 100 Back | 1:25.09 | 1:23.89 | 1:15.59 |
| 0:44.09 | 0:43.09 | 0:38.89 | 50 Breast | 0:44.89 | 0:43.89 | 0:39.59 |
| 1:35.89 | 1:33.89 | 1:24.59 | 100 Breast | 1:37.29 | 1:35.29 | 1:25.89 |
| 0:36.49 | 0:35.79 | 0:32.19 | 50 Fly | 0:36.69 | 0:35.99 | 0:32.39 |
| 1:23.59 | 1:22.19 | 1:13.99 | 100 Fly | 1:23.99 | 1:22.59 | 1:14.49 |
| 2:58.39 | 2:55.19 | 2:37.89 | 200 IM | 2:58.79 | 2:55.59 | 2:38.19 |

| Women | | | 11-12 | Men | | |
|--------------|------------|------------|---------------------|------------|------------|------------|
| LCM | SCM | SCY | Event | LCM | SCM | SCY |
| 0:29.49 | 0:28.69 | 0:25.89 | 50 Free | 0:29.49 | 0:28.69 | 0:25.89 |
| 1:04.79 | 1:03.19 | 0:56.89 | 100 Free | 1:04.29 | 1:02.69 | 0:56.49 |
| 2:20.39 | 2:17.19 | 2:03.69 | 200 Free | 2:19.99 | 2:16.79 | 2:03.19 |
| 4:56.19 | 4:49.79 | 5:31.79 | 400/500 Free | 4:56.49 | 4:50.09 | 5:32.29 |
| 0:34.59 | 0:33.99 | 0:30.59 | 50 Back | 0:34.69 | 0:34.09 | 0:30.69 |
| 1:14.09 | 1:12.89 | 1:05.69 | 100 Back | 1:14.39 | 1:13.19 | 1:05.89 |
| 2:46.49 | 2:44.09 | 2:27.79 | 200 Back | 2:43.69 | 2:41.29 | 2:25.39 |
| 0:38.49 | 0:37.49 | 0:33.79 | 50 Breast | 0:38.19 | 0:37.19 | 0:33.49 |
| 1:23.99 | 1:21.99 | 1:13.89 | 100 Breast | 1:24.09 | 1:22.09 | 1:13.89 |
| 3:09.29 | 3:05.29 | 2:46.89 | 200 Breast | 3:05.99 | 3:01.99 | 2:43.99 |
| 0:32.29 | 0:31.59 | 0:28.49 | 50 Fly | 0:32.39 | 0:31.69 | 0:28.59 |
| 1:12.29 | 1:10.89 | 1:03.89 | 100 Fly | 1:12.69 | 1:11.29 | 1:04.29 |
| 2:49.69 | 2:46.89 | 2:30.39 | 200 Fly | 2:46.59 | 2:43.79 | 2:27.59 |
| 2:38.69 | 2:35.49 | 2:20.09 | 200 IM | 2:38.69 | 2:35.49 | 2:20.09 |
| 5:55.59 | 5:49.19 | 5:14.59 | 400 IM | 5:50.59 | 5:44.19 | 5:10.09 |

| Women | | | 13-14 | Men | | |
|--------------|------------|------------|-----------------------|------------|------------|------------|
| LCM | SCM | SCY | Event | LCM | SCM | SCY |
| 0:28.89 | 0:28.09 | 0:25.29 | 50 Free | 0:27.09 | 0:26.29 | 0:23.69 |
| 1:02.49 | 1:00.89 | 0:54.89 | 100 Free | 0:58.69 | 0:57.09 | 0:51.49 |
| 2:15.09 | 2:11.89 | 1:58.89 | 200 Free | 2:07.79 | 2:04.59 | 1:52.19 |
| 4:44.39 | 4:37.99 | 5:18.69 | 400/500 Free | 4:31.49 | 4:25.09 | 5:04.19 |
| 9:51.49 | 9:38.69 | 11:02.79 | 800/1000 Free | 9:29.79 | 9:16.99 | 10:38.39 |
| 18:55.89 | 18:31.89 | 18:33.69 | 1500/1650 Free | 18:08.09 | 17:44.09 | 17:46.69 |
| 1:11.09 | 1:09.89 | 1:02.89 | 100 Back | 1:07.89 | 1:06.69 | 1:00.09 |
| 2:32.19 | 2:29.79 | 2:14.99 | 200 Back | 2:25.99 | 2:23.59 | 2:09.39 |
| 1:20.89 | 1:18.89 | 1:11.09 | 100 Breast | 1:15.69 | 1:13.69 | 1:06.39 |
| 2:53.69 | 2:49.69 | 2:32.89 | 200 Breast | 2:44.49 | 2:40.49 | 2:24.59 |
| 1:09.09 | 1:07.69 | 1:00.99 | 100 Fly | 1:04.89 | 1:03.49 | 0:57.19 |
| 2:35.19 | 2:32.39 | 2:17.29 | 200 Fly | 2:26.59 | 2:23.79 | 2:09.59 |
| 2:33.49 | 2:30.29 | 2:15.39 | 200 IM | 2:24.49 | 2:21.29 | 2:07.29 |
| 5:24.89 | 5:18.49 | 4:46.89 | 400 IM | 5:08.09 | 5:01.69 | 4:31.79 |