

Welcome to the Official's Home Page!!
Officials are Honored
For
Giving Their Greatest Gift, their TIME!!

Sierra Nevada Swimming Officials Newsletter

October 1, 2015



*to become an official for
USA Swimming*

Five Reasons to Become
an Official

**You'll be working with the greatest
group of volunteers in all sports.
You'll be close to the action. The
bleachers aren't comfortable anyway!
High satisfaction; low pay.
It's a great way to meet future
Olympians — unless you already
have one in your home
Great food in hospitality, and you
can't beat the price!**



Sierra Nevada Swimming Name Tag's Anybody?

All name tags will now be purchased by you by going onto the Hasty Awards web site, that is written below, and then filling in the needed information, like your name, mailing address, where the name tag will be shipped, your credit card information and the "in hands" date. When the information is entered properly, you will submit your order. You will use a credit card and the name tag will be mailed to you when completed. Please allow two to three weeks for delivery.

Copy and paste the link below onto your browser:

<http://www.hastyawards.com/sports/swimming/nametags/nametag-sierra-nevada.html>

The name tags will be mailed to you, when they are completed by Hasty Awards.

All name tags now are made with the new Sierra Nevada Swimming Miner Pin.



The cost of one name tag is \$5.95, which includes shipping and handling.

If you want to phone directly and not use the Hasty Awards web site method to order you name tag, please dial (800) 448-7714 or (785) 242-5297

BUYING A WHITE POLO SHIRT FROM LAND'S END

THE ONE TIME SETUP FEE HAS BEEN PAID

YOU WILL PAY FOR:

THE PRICE OF THE POLO SHIRT - mine was \$29.95, less 20% because of a sale, but check for promotions, sales and different types of polo shirts.

THE LOGO APPLICATION - each shirt will be charged \$8.95 for embroidery.

PLUS SHIPPING AND HANDLING

PLUS TAX

WHAT YOU NEED TO DO:

GET A LANDS' END CATALOG AND PICK OUT THE SHIRT, SIZE AND COLOR.

CALL LANDS' END BUSINESS OUTFITTERS AT 1-800-663-2193

PHONE ONLY Monday through Friday from 7:00 AM to 7:00 PM, CST.

ASK TO PURCHASE A POLO SHIRT WITH THE Logo Number: 1146603W



PRESIDENT JIM SHEEHAN'S RIO OPEN WATER MESSAGE

It was just a few weeks ago that there was a celebration in Brazil, and especially in Rio de Janeiro, to mark one

year before the Olympic Games. A week before that, the U.S. had its first three swimmers qualify for those Olympics based on the results of the Open Water 10K at the World Championships in Kazan, Russia.

On the men's side, Jordan Wilimovsky won the event and Sean Ryan finished fourth, while Haley Anderson placed ninth in the women's competition.

Congratulations to each of them and their coaches for their performances and being among the first athletes to earn a spot on the U.S. Olympic Team.

There have also been several news reports about an issue that is critically important to the safety of these three athletes and all Olympians who will compete in the open waters around Rio de Janeiro. That issue is the quality of the water where the competitions will be held in the sports of Open Water Swimming, Rowing, Sailing, Canoe/Kayak and Triathlon.

Athlete safety is our most important concern. Nothing should jeopardize that. Winning medals should not be at the expense of an individual's health. USA Swimming never encourages athletes to swim in a venue where they have concerns about their safety.

Over the past month, we have voiced our opinion and established clear communication channels on the issue with our partners, the U.S. Olympic Committee and FINA. We are gathering information and actively sharing these findings with our athletes and coaches.

The local organizing committee has been testing water at all the venues for bacterial levels. The results vary by location and will continue to be measured on an even more frequent schedule as the Games approach. Thus far, the bacterial levels generally look good for the Copacabana area where Open Water swimming will be held. Over the last week, the Rio Organizing Committee stated it will start testing for viruses. This is an important step and USA Swimming, along with the USOC and FINA, will be closely monitoring the results of those tests.

An open water 10K "test event" was held in Rio a couple of weeks ago and representatives from FINA, USA Swimming and the USOC were in attendance. The purpose of the test event was to see areas where things worked well and identify aspects of the competition where adjustments need to be made. As a whole, the comments on the event were complimentary from all key constituents.

I am very much looking forward to supporting the Team USA open water swimmers in Rio, but what I most want to see is a safe environment for all the athletes competing. I believe the work that is being done now and for the next year will provide the best opportunity for the open water 10K. Go USA!!

BOB BOWMAN, DAVID MARSH NAMED 2016 U.S. OLYMPIC SWIMMING TEAM HEAD COACHES

Hall of Fame coaches Bob Bowman of Arizona State University and David Marsh of SwimMAC Carolina have been named the men's and women's head coaches for the 2016 U.S. Olympic Swimming Team, respectively.

The announcement was made by USA Swimming National Team Director Frank Busch during the American Swimming Coaches Association World Clinic at the Renaissance Cleveland by Marriott.

"Bob and David are two of the most dynamic, innovative and well-respected coaches in our sport. They've done amazing work with many of the world's top swimmers and their international experience will be valuable as they guide our athletes in the lead-up to and at the Olympic Games," Busch said. "I believe

they'll do a tremendous job preparing our team to succeed next summer in Rio."

Both first-time head coaches for the U.S. Olympic Swimming Team, Bowman and Marsh each served as Olympic assistant coaches three times. Both were 2010 American Swimming Coaches Association (ASCA) Hall of Fame inductees and were listed among the *"30 Most Influential People in Swimming over the Past 30 Years."*

A men's assistant coach for the 2012, 2008 and 2004 U.S. Olympic Teams, Bowman most recently served as Team USA's men's head coach at the 2013 FINA World Championships and 2014 Pan Pacific Championships. The longtime coach of 22-time Olympic medalist Michael Phelps, Bowman was named the head coach at Arizona State University earlier this year. In addition to his work with the Sun Devils, Bowman currently coaches Phelps, fellow Olympic gold medalist Allison Schmitt and FINA World Championships medalist Chase Kalisz.

Prior to taking over at ASU, Bowman served as the CEO and head coach of the North Baltimore Aquatic Club from 2009-15 and the head men's coach at the University of Michigan and Club Wolverine from 2005-08. In addition to guiding Phelps to 18 Olympic gold medals, Bowman has worked with Olympians such as Peter Vanderkaay and Eric Vendt throughout his career. The Columbia, S.C., native has been named ASCA Coach of the Year five times and the USA Swimming Coach of the Year on six occasions, both most recently in 2012.

"It is an incredible honor to be asked to lead our Olympic Team

and I am truly grateful for this opportunity,” Bowman said. “I take this responsibility very seriously and will strive to help each team member be at their very best in Rio. There is much work to do, but I am confident that Team USA will again represent our great nation in an exemplary fashion.”

Marsh, a men’s assistant coach for the 2012, 2000 and 1996 U.S. Olympic Teams, also has served as a Team USA’s head coach at the FINA World Championships, Pan Pacific Championships and FINA World Championships – 25m. Since 2007, he has worked as the CEO/Director of Coaching at SwimMAC Carolina where he currently coaches 12 members (six women, six men) of the 2015–16 USA Swimming National Team, including Olympic gold medalists Ryan Lochte, Cullen Jones and Tyler Clary and 2015 FINA World Championship silver medalists Cammille Adams and Micah Lawrence.

Throughout the course of his career, Marsh has coached nearly 50 Olympians. Marsh served as the head coach at Auburn University from 1990–2007, where he guided the Tigers to 12 NCAA titles, 17 Southeastern Conference crowns and was a nine-time NCAA Coach of the Year. His programs at Auburn were the first ever to win the men’s and women’s NCAA championships in the same year, a feat the Tigers accomplished three times.

“It is a profound honor and an exciting challenge to be named head coach for the women's U.S. Olympic Team. The U.S. women's team has great potential, and I'm sure all are working very hard right now to be their best in Omaha and in Rio,” Marsh said. “I will do all I can to uphold the unmatched tradition of excellence that has been established by the

swimmers and coaches from the previous Olympic Games.”

The 2016 Olympic Games pool competition in Rio de Janeiro will be held Aug. 6-13, 2016. Swimmers will compete for spots on the Team USA roster for the Games at the *2016 U.S. Olympic Team Trials – Swimming* set for June 26-July 3 in Omaha, Nebraska.

The coaching nominations are pending the approval of the United States Olympic Committee.

2014-2015 Scholastic All America Team

Successful Applicants 1925

Girls 1020

Boys 905

Three-Timers 187

Open Water 2

Disability 3

Central Zone 427

Eastern Zone 510

Southern Zone 585

Western Zone 403

There were three perfect scores this year: Kathleen (Katie) Leducky of PV Nation’s Capital Swim club achieved a 4.0 GPA

and won national championship titles. She is also a three-time SAA team member. Claire Adams of Carmel Swim Club and Maxime Rooney of Pleasanton Seahawks won national championship titles and achieved a 4.0 GPA. Congratulations to Katie, Claire and Maxime for outstanding achievements.

SAA team members will receive three certificates and a bag tag. Three-timers will receive a special memento. Awards will be shipped in the Fall.

USA Swimming is proud to recognize these scholar-athletes and congratulates the swimmers, as well as their coaches, and parents for their outstanding support.

Top LSCS

North Carolina Swimming 119
 Pacific Swimming 107
 Southern CA Swimming 88
 Florida Swimming 87
 Middle Atlantic Swimming 81
 Virginia Swimming 80

Top Clubs

Nation's Capital Swim Club-PV 42
 Swim MACCarolina-NC 36
 Dynamo Swim Club-GA 26
 Aquajets Swim Team-MN 21
 Lakeside Swim Team-KY 21
 NOVA of Virginia Aquatics 20

18 Sierra Nevada Swimmers named to Scholastic All America Team for 2015!

<u>First Name</u>	<u>Last Name</u>	<u>Club</u>	<u># years</u>	<u>4.0</u>
Jennifer	Lathrop	AquaSol	1	
Mackenzie	Vargas	CCA	2	
Lauren	Votava	CCA	1	
Benjamin	Culberson	DART	1	yes
Chenoa	Devine	DART	2	yes
Hannah	Eastman	DART	2	yes
Terry	Johnson	DART	2	yes
Paige	Maynard	DART	3	yes
Chloe	Mitchell	DART	1	

Claire	Pinson	DART	3	yes
Austin	Rasmussen	DART	1	
Nicole	Garcia	SMST	1	yes
Liam	O'Haimhig	SMST	1	yes
Isabella	Sangraw	SMST	1	
Summer	Spradley	SMST	3	
Kyla	Leacox	UCD	1	yes
Heaven	Quintana	WAC	2	yes
Alex	Shibata	WAC	2	yes

FINA RULES LOCHTE'S NEW UNDERWATER TECHNIQUE ILLEGAL IN IM RACES

FINA has clarified its rules after a bit of a legal skirmish at the 2015 World Championships, officially announcing that **Ryan Lochte's** new twist on underwater kicking will be illegal in IM races moving forward.

The issue is with Lochte's recent decision to do his underwater dolphin kicking on his back, even on freestyle races. It's a technique Lochte and coach David Marsh came up with and **debuted this summer.**

Lochte is generally faster kicking on his back, and the decision helped him win his fourth consecutive world title in the 200 IM in Kazan.

Though the technique is perfectly legal in freestyle (and of course, backstroke), there was concern that it might not fly under FINA's IM rules. The difference is that "freestyle" permits athletes to do basically any style of stroke, including any of the three other competitive strokes. But in an individual medley race specifically, the "freestyle" leg doesn't allow for any of the three other competitive strokes to be used - that makes the race a full, four-stroke medley by preventing athletes from repeating one of the other strokes.

During the World Championships, there were rumblings that officials would define Lochte's underwater kicks on his back as being "backstroke" under the legal definition of the rules, and that he would be disqualified for repeating a stroke in his 200 IM.

Lochte took a risk and swam his race with the new style anyway, and wasn't disqualified. **In a post-race interview**, he said he hadn't heard of a rule prohibiting underwater kicking on one's back, but also predicted that the rule would be changed in the future.

Turns out, Lochte was right. **Germany's SwimSportNews reports today that FINA has clarified its IM rule**, noting that Lochte's technique will be considered illegal and disqualified in any future IM races.

FINA's rationale is that "backstroke" is defined by a swimmer traveling lying on his or her back. So in underwater kicking on his back, Lochte is technically swimming backstroke for the first 15

meters of his freestyle lengths.

That's still perfectly legal in freestyle races, but will no longer be allowed in IM races.

2016 Club Excellence Program Application Period is Still Open

8/28/2015

Event: 2016 Club Excellence Program - Application period open

Date: August 28, 2015

Club Excellence application is open from Sept. 1 - Oct. 16, 2015

Online Meet Entry for athlete performances is open from Sept. 1 - Oct. 16, 2015

The Club Excellence Program is a voluntary program that identifies and recognizes USA Swimming clubs for their commitment to performance excellence.

The program provides grant funding and recognizes the club development system as integral to achieving excellence in the sport.

There are two parts to the Club Excellence program application; the electronic general information component and the Online Meet Entry (OME) system for the performance scoring component. Both parts must be completed and submitted to USA Swimming.

More Information:

<http://www.usaswimming.org/DesktopDefault.aspx?TabId=1616&Alias=Rainbow&Lang=en-US>

MANDATORY ATHLETE PROTECTION TRAINING FOR NON- ATHLETE MEMBERS - RENEWING FOR 2016 AND WHOSE ATHLETE PROTECTION TRAINING EXPIRES ON 12/31/2015

The course is free of charge and should take about a half hour to complete. Copy the link below to begin the course.

<http://www.usaswimming.org/DesktopDefault.aspx?TabId=1960&Alias=Rainbow&Lang=en>

The link above will take you to the next link, when you click on [MANDATORY ATHLETE PROTECTION TRAINING FOR COACHES/NON-ATHLETE MEMBERS](#)

<https://www.usaswimming.org/DesktopDefault.aspx?TabId=2193&Alias=Rainbow&Lang=en>

Non-athlete members of USA Swimming whose Athlete Protection Training expires on 12/31/2015, will be required to take this renewal course, if you want to be registered for the swimming year 2016.

YOU CAN DO THIS NOW!!

New members will be required to have their non-athlete application form and payment processed by their LSC registrar before they can sign in to complete this course for the first time.

Sierra Nevada Swimming had achieved USA Swimming's Leap 1 and now with the leadership of Kirk Johansen and Denna Culpepper, Sierra Nevada has achieved Leap 2

**Please read email below from Jane Grosser.....We did it, thanks to everyone's effort on the Board of Directors and the results of the Strategic Planning Session.
Level 3 HERE WE COME!**

Greetings Sierra Nevada Swimming,

Great news! The purpose of this email is to officially notify you that Sierra Nevada Swimming has officially completed all the required items for LEAP Level 2 certification! Congratulations to you and your colleagues in Sierra Nevada Swimming! Your LSC is the first from the Western Zone to ever achieve LEAP 2! I will log into your portal and generate the approval process that officially designates your LSC as having successfully completed LEAP Level 2 as soon as we are finished up with your level 1 re-certification (the web site won't let us go "out of order").

Also, I have attached a file with the LEAP Level 2 logo. Please feel free to use this on your web site or any other LSC documents. Display it proudly!

In addition to your achievement, LEAP level 2 certification also carries a financial incentive of \$.50 per year-round USA Swimming registered athlete with a minimum stipend of \$1,000 and a maximum stipend of \$2,500. I have notified USA Swimming of your Level 2 certification for processing of your stipend from USA Swimming.

Again, thank you for your leadership and commitment to Sierra Nevada Swimming, both of which were instrumental in this latest accomplishment. Congratulations!

Jane Grosser
USA Swimming
LSC Governance Consultant

SIERRA NEVADA SWIMMING LSC BOARD MEETING

Please plan to attend this LSC Board Meeting and get involved!

Meeting Date: November 17, 2015
Time: 7:00 PM
Quarterly Meeting: Second meeting of the 2016 Swimming Year
Hosted by: Sierra Nevada Swimming
Location: **Mike Shellito Indoor Pool**
10210 Fairway Drive
Roseville CA 95678

Google Directions:

<http://maps.google.com/maps?hl=en&rlz=&q=10210+Fairway+Drive+%09%09%09%09+Roseville+CA+%C2%A095678&um=1&ie=UTF-8&hq=&hnear=0x809b21eebffaf01b:0x21418f190250e36a,10210+Fairway+Dr,+Roseville,+CA+95678&gl=us&daddr=10210%20Fairway%20Dr,%20Roseville,%20CA%2095678&sa=X&ei=MpxHUNWICJHSiAL-yoHYDw&ved=0CCIQwwUwAA>

Contact Information: Denna Culpepper <dennac@snswimming.org>

Remember: Silence is consent!!

IF YOUR TEAM WOULD LIKE TO HOST A STROKE AND TURN CLINIC FOR THE 2016 SWIMMING YEAR PLEASE CONTACT

BILL ROSE AT:
<cbrose@omsoft.com>

The new 2016 swimming year will start on September 1st, and Stroke and Turn Clinics will be offered at many places, throughout our LSC. There is an “Athlete Protection Training” online program and a Criminal Background Check, that will be required for all first time non-athlete volunteers, Officials and Coaches, before your 2016 USA Swimming membership becomes valid.

After the 2016 USA Swimming Convention, there will be many of the yearly required clinics offered. At this time, many clubs are trying to figure when to offer just such a clinic for their Officials.

REMEMBER, when I am in your neighborhood, attend this yearly required clinic. Don't wait for me to come back, I might not be able to come back a second time.

ALL Officials have to attend a yearly clinics!!

The online test is an every other year requirement.

**FOR THE 2015 USA SWIMMING YEAR,
THERE IS 1 STROKE AND TURN JUDGE WHO NEEDS TO**

COMPLETE THE STROKE AND TURN/TIMER RE-CERTIFICATION TEST!! IN ADDITION THERE ARE 2 REFEREES WHO HAVE TO COMPLETE THEIR REFEREE RE-CERTIFICATION TESTS. THERE ARE HOWEVER 9 CERTIFIED STARTERS WHO HAVE TO COMPLETE THEIR BATTERY OF TESTS TO BEGIN THEIR ON DECK TRAINING TO BECOME A CERTIFIED DECK REFEREE.

The 2015 Rulebook will be the only book used for ALL the online tests, until April 15, 2016!!

The 2015 Rulebook can be downloaded from the USA Swimming web site if you like, but in most cases you do not need the whole Rulebook for your test. The Rules and Regulations is one book that can be seen on the web site, in it's entirety, for free. The Rulebook can be found on the USA Swimming web site by going to the home page of the USA Swimming web site, then click on [About](#) (at the top) , then click on [Rules & Regulations](#) and finally click under [USA Swimming Rulebook](#).

Future Stroke and Turn Clinics on the Calendar

There are **FOURTEEN** 2016 Stroke and Turn Clinics on the calendar.

Clinic #1

WHAT: [Advanced Starter/Referee & Admin Referee/Official Clinic](#)

WHEN: [Sunday, October 4, 2015](#)

TIME: 11:00 AM to 2:00 PM

LOCATION: Gemini Cosmetics
1380 Greg Street, Suite 209
Sparks, NV 89431
(775) 333-9653

Gemini Cosmetics is located just east of South Rock Blvd in the Oak Crest Business Park, which is located about a block behind Western Nevada Supply, on the north side of the street (**left side coming from Rock, second drive past the blue fence**). Gemini is on the corner of the building to the right. The location is easily accessed from either I-80 or US 395.

I-80

Take Exit 17 and turn south on South Rock, left on Greg

US 395

From south take Exit 66, right on Mill, left on Greg

From north take Exit 67, left on 2nd Street, right on Rock, left on Greg

REPLY: Please RSVP by Thursday, October 1, 2015, to Valerie Rudd at: vruddtahoe@me.com OR at (home) 530/577-7547 or (cell) 530/613-3173

Please plan to attend even if you forget to RSVP. RSVP is for planning purposes and to assure that sufficient handouts are available for attendees. If sufficient responses are not received, the Clinic may be canceled.

Clinic #2

What: 2016 Stroke & Turn Clinic

For Who: All certified Officials or new parents wanting to be professional swimming Officials

Where: Chico, California
1054 Broadway Street
Chico, CA 95928

Time: 6:00 PM to 9:00 PM

When: Monday, October 5, 2015

Directions: Use the web site below to look at the map of the area around 1054 Broadway Street in Chico, California.

<https://www.google.com/maps/dir//1054+Broadway+St,+Chico,+CA+95928/@39.723107,-121.8364758,17z/data=!3m1!4b1!4m8!4m7!1m0!1m5!1m1!1s0x808327b56fba9977:0x511b52df7d9ecf8b!2m2!1d-121.83433!2d39.723107>

If there are any questions please contact:

Jennifer Treff at: <kjpdtreff@sbcglobal.net>

Directions to 1054 Broadway Street, Chico, California:

From Hwy 99 North, take the 20th Street exit. Travel west over the overpass. Turn right onto Park Avenue (20th Street dead ends into it). Turn left onto 11th Street. Turn right on Broadway. You have found your destination on the left.

1054 Broadway St, Chico, CA 95928

Clinic #3

WHAT: Basic Swim Officials Clinic

WHEN: Tuesday, October 6, 2015

TIME: 5:30 PM to 8:30 PM

LOCATION: Gemini Cosmetics
1380 Greg Street, Suite 209
Sparks, NV 89431

Gemini Cosmetics is located just east of South Rock Blvd in the Oak Crest Business Park, which is located about a block behind Western Nevada Supply, on the north side of the street (left side coming from Rock, second drive past the blue fence). It is easily accessed from either I-80 or US 395. Gemini Is on the corner of the building to the right just as turn at the second drive off Greg.

I-80

Take Exit 17 and turn south on South Rock, left on Greg
US 395

From South: Take Exit 66, right on Mill, left on Greg

From North: Take Exit 67, left on 2nd Street, right on Rock, left on Greg

Call if you have questions or have troubles finding the location.

Valerie (530) 613-3173 - cell

Jerry (530) 613-7547 - cell

RSVP: Please RSVP, by Saturday, October 3, 2015, or to Valerie Rudd at:
vruddtahoe@me.com OR at (home) 530/577-7547 or (cell) 530/613-3173

Please plan to attend even if you forget to RSVP. RSVP is for planning purposes and to assure that sufficient handouts are available for attendees. If sufficient responses are not received, the Clinic may be canceled.

Clinic #4

What: 2016 Stroke and Turn Clinic

For Who: **All certified Officials or new parents wanting to be professional swimming Officials**

Where: Arden Hills Resort Club and Spa @ 1220 Arden Hills Lane, in the East Terrance Room

Time: 6:00 PM to 8:30 PM

When: Tuesday, October 6, 2015

Directions: Please use the web site below to look at the map of the area around Arden Hills Resort Club and Spa.

http://maps.yahoo.com/dd_result?newaddr=Watt+Avenue+and+Highway+50&taddr=1220+Arden+Hills+Lane&csz=Sacramento%2C+CA&country=us&tcsz=Sacramento%2C+CA&country=us

If there are any questions please contact: Alison Turner at:
<alison@alisonturnercpa.com>

Directions to Arden Hills Country Club:

There are several ways to get to Arden Hills Resort Club and Spa. Here are a few:

One way is to go toward Lake Tahoe on Highway 50. Turn off of Highway 50 at Watt Avenue going north. Turn right at Fair Oaks Blvd. Go several miles until you reach the 4600 block of Fair Oaks Blvd. The Resort Club is on the left.

Another way is to take Highway 80 going toward Reno. Turn off at El Camino Avenue going East. Keep going on El Camino until you get to Eastern Avenue, which is several long miles. (El Camino High School is on the other side of the street) Turn right on Eastern and then go until Eastern Avenue dead-ends into Fair Oaks Blvd. Turn left on Fair Oaks Blvd. and continue until you reach the 4600 block of Fair Oaks Blvd. The Arden Hills Resort Club and Spa is on the left.

Yet another way is to take Highway 80 going toward Reno. Turn off at Watt Avenue going south. Take Watt Avenue until you get to El Camino Avenue. Take El Camino left, until you get to Eastern Avenue. (El Camino High School is on the other side of the street) Turn right on Eastern and then go until Eastern Avenue dead-ends into Fair Oaks Blvd. Turn left on Fair Oaks Blvd. and continue until you reach the 4600 block of Fair Oaks Blvd. The Resort Club and Spa is on the left.

Clinic #5

WHAT: **Advanced Swim Officials Clinic**

WHEN: **Wednesday, October 7, 2015**

TIME: **5:30 PM to about 8:30 PM**

LOCATION: **Gemini Cosmetics**
 1380 Greg Street, Suite 209
 Sparks, NV 89431

Gemini Cosmetics is located just east of South Rock Blvd in the Oak Crest Business Park, which is located about a block behind Western Nevada Supply, on the north side of the street (left side coming from Rock, second drive past the blue fence). It is easily accessed from either I-80 or US 395. Gemini Is on the corner of the building to the right just as turn at the second drive off Greg.

I-80

Take Exit 17 and turn south on South Rock, left on Greg
US 395

From South: Take Exit 66, right on Mill, left on Greg

From North: Take Exit 67, left on 2nd Street, right on Rock, left on Greg

Call if you have questions or have troubles finding the location.

Valerie (530) 613-3173 - cell

Jerry (530) 613-7547 - cell

RSVP: Please RSVP, by Sunday, October 4, 2015, or to Valerie Rudd at:
vruddtahoe@me.com

Please plan to attend even if you forget to RSVP. RSVP is for planning purposes and to assure that sufficient

Clinic #6

What: 2016 Stroke & Turn Clinic

For Who: **All certified Officials or new parents wanting to be professional swimming Officials**

Where: Davis, California

Location: Brady Family Building
23 Russell Blvd.
Davis, CA 95616

Time: 6:00 PM to 9:00 PM

When: **Thursday, October 8, 2015**

Directions: Driving on I-80 W, toward San Francisco, take I-80 W to 72B for Richards Blvd N toward downtown in Davis. Follow Richards Blvd, 1st Street and B Street to Russell Blvd. Merge onto Richards Blvd. Continue straight to stay on Richards Blvd. Richards Blvd turns left and becomes 1st Street. Turn right onto B Street. Turn left onto Russell Blvd. Destination will be on the right.

Google Directions:

<https://www.google.com/maps/dir/%27%27/23+Russell+Blvd,+Davis,+CA+95616/@38.54>

65379,-

121.7478911,17z/data=!3m1!4b1!4m8!4m7!1m0!1m5!1m1!1s0x808529a097b65e9f:0x9690f44d89b6c7fb!2m2!1d-121.7457453!2d38.5465379

If you need further directions, e-mail Miriam Fisk at miriamfisk@sbcglobal.net

Clinic #7

What: 2016 Stroke and Turn Clinic

For Who: All certified Officials or new parents wanting to be professional swimming Officials

Where: Walter Graham Aquatic Center (formerly Three Oaks)
1100 Alamo Drive
Vacaville, California

We will be meeting at the Team Room, close to the pool.

Time: 9:00 AM to 12:00 Noon

When: Saturday, October 10, 2015

Directions: Use the web site below to look at a map of the area around the Walter Graham Aquatic Center.

http://maps.google.com/maps?hl=en&rlz=&q=1100+Alamo+Drive+Vacaville,+California&um=1&ie=UTF-8&hq=&hnear=1100+Alamo+Dr,+Vacaville,+CA+95687&gl=us&daddr=1100%20Alamo%20Dr,%20Vacaville,%20CA%2095687&ei=Y--uTez4KofhiALDs3JDA&sa=X&oi=geocode_result&ct=directions-to&resnum=1&ved=0CBYQwwUwAA

Directions to the Walter Graham Aquatic Center are below:

Directions: From Eastbound Interstate 80: Alamo Drive Exit, stay to the right. Turn right at the second light, Marshall Rd. (McDonald's). Pool and parking on the left. Westbound Interstate 80: Alamo Drive exit, stay to the right. Turn right at the light (Alamo Dr.)

Please contact Tanya Harris if you have any questions at: [<tgrlily9@hotmail.com>](mailto:tgrlily9@hotmail.com)

Clinic #8

What: 2016 Stroke and Turn Clinic

For Who: All certified Officials or new parents wanting to be professional swimming Officials

Where: Roseville Aquatic Center near Woodcreek High School, in Roseville, California

Time: 6:30 PM to 9:00 PM

When: Monday, October 12, 2015

Any questions please contact: Alex Ongaco <timbug_runtmc@yahoo.com>

Directions: Use the web site below to look at the map of the area around Woodcreek High School. <http://maps.citysearch.com/location/1238713?>

Directions to the Roseville Aquatics Complex:

Traveling East on I-80, exit at Riverside. Turn left on Cirby, right on Foothills, left on Baseline and right on Woodcreek Oaks. Traveling about half a mile to Woodcreek High School and the pool. The Aquatics Complex is on the left at the intersection of McAnally and Woodcreek Oaks.

I-5 travelers: Take I-5 north past Sacramento and Arco Arena. Stay in the right lanes and exit to Hwy 70/99; proceed approximately 5 miles north. Turn right at the second stoplight (Riego Road) and travel east approximately 10 miles to Woodcreek Oaks. Turn left and travel half a mile to Woodcreek High School and the pool. The Aquatics Complex is on the left at the intersection of McAnally and Woodcreek Oaks.

Traveling west on I-80, exit at Hwy 65 to Lincoln/Marysville. Travel about 1 mile to Pleasant Grove Blvd Exit. Turn left on Pleasant Grove Blvd. Travel about three miles to Woodcreek Oaks and turn left on Woodcreek Oaks. The pool is on the right hand side at the intersection of McAnally and Woodcreek Oaks.

Clinic #9

What: 2016 Stroke & Turn Clinic

For Who: **All certified Officials or new parents wanting to be professional swimming Officials**

Where: Paradise, California

When: Thursday, October 15, 2015

Time: 6:00 PM - 8:30 PM

Location: The room is located at the Terry Ashe Paradise Parks and Recreation center located at 6626 Skyway, Paradise, CA 95969 (530-872-6393).

Directions: Use the web site below to look at a map of the area around Terry Ashe Paradise Parks and Recreation Center.

<https://maps.google.com/maps?q=6626+Skyway,+Paradise,+CA+95969&ie=UTF-8&hq=&hnear=0x809cd4b3dfd59fe3:0xcbdb248666fe6981,6626+Skyway+Rd,+Paradise,+CA+95969&gl=us&daddr=6626+Skyway+Rd,+Paradise,+CA+95969&ei=TtbEUefGNK2ziQfl14Ew&ved=0CC4QwwUwAA>

Contact Information: Jaime A. Luevano
Paradise Piranhas Swim Club
1 (530) 592-8556 (cell)
1 (530) 876-1094 (home)

<jaimeluevano@comcast.net>

Clinic #10

What: 2016 Stroke and Turn Clinic

For Who: **All certified Officials or new parents wanting to be professional swimming Officials**

Where: Cameron Park Community Center
2502 Country Club Drive
Cameron Park, CA 95682
(530) 677-2231

Time: 5:30 PM to 8:30 PM

When: Monday, October 19, 2015

Directions: Please use the web site below to look at the map of the area around the Cameron Park Community Center.

<https://www.google.com/maps/dir//2502+Country+Club+Dr,+Cameron+Park,+CA+95682/@38.6605876,-121.0060425,17z/data=!3m1!4b1!4m8!4m7!1m0!1m5!1m1!1s0x809afa0e91c7a4ab:0x614fbe9c4246b2ef!2m2!1d-121.0038967!2d38.6605876>

If there are any questions please contact: Dana Covington at: <danacov@comcast.net>

Directions to the Cameron Park Community Center:

Follow US-50 E to Bass Lake Rd/Marble Valley Rd in El Dorado County.

Take exit 32 from US-50 E

Merge onto US-50 E

Take exit 32 for Bass Lake Rd

Drive to Country Club Dr

2502 Country Club Dr
Cameron Park, CA 95682

Clinic #11

What: 2016 Stroke and Turn Clinic

For Who: All certified Officials or new parents wanting to be professional swimming Officials

Where: Spare Time Aquatics @ Rio Del Oro Racquet Club - 119 Scripps Drive, Sacramento, CA 95825

Time: 6:00 PM to 9:00 PM

When: Wednesday, October 21, 2015

Directions: Please use the web site below to look at the map of the area around Rio Del Oro Racquet Club.

<http://www.riodelororc.com/contact.html>

If there are any questions please contact: Monica Fugit at: <mfugit@surewest.net>

Directions to Rio Del Oro Racquet Club:

GOING North or South on CA-99 take the CA-99/I-80-BR/US-50 exit towards PLACERVILLE/SOUTH LAKE TAHOE.

Take the US-50 EAST exit towards PLACERVILLE/SOUTH LAKE TAHOE.

After about three miles, take the HOWE AVENUE/POWER INN RD(CA-16) exit.

Go NORTH on HOWE AVE and travel a little over a mile.

Turn right on AMERICAN RIVER DRIVE and then turn left on SCRIPPS DRIVE

You will be arriving at 119 SCRIPPS DRIVE in SACRAMENTO for the clinic.

Clinic #12

What: 2016 Stroke and Turn Clinic

For Who: **All certified Officials or new parents wanting to be professional swimming Officials**

Where: Folsom, California

Time: 6:00 PM - 9:00 PM

When: Tuesday, November 3, 2015

Directions: Use the web site below to look at a map of the area around Lembi Park in Folsom.

<http://maps.google.com/maps?oi=map&q=1098+Riley+Street,+Folsom,+CA+95630>

LOCATION: Folsom Aquatic Complex, Lembi Park; at the corner of Riley and Wales. From

Highway 50, take Prairie City Road Exit. Go north about 1 mile to Blue Ravine Road. Turn right on Blue Ravine. Turn left on Riley Street (app. 1/2 mile). Aquatic Center is on the left in a large regional park. From I-80, go East on Greenback Lane about 6 miles. Turn right on Folsom-Auburn Road (the new bridge over the river). Continue about 1 mile to Glenn, turn left. Take Glenn to Riley (about a mile) and turn right on Riley. Aquatic Center is on the right just past the Walgreen's.

Please contact Mike Downs <msdowns@sbcglobal.net> if you have any questions.

Clinic #13

WHAT: **Advanced Swim Officials Clinic**

WHEN: **Sunday, November 15, 2015**

TIME: **10:00 AM to 1:00 PM**

LOCATION: **Gemini Cosmetics**

1380 Greg Street, Suite 209

Sparks, NV 89431

Gemini Cosmetics is located just east of South Rock Blvd in the Oak Crest Business Park, which is located about a block behind Western Nevada Supply, on the north side of the street (left side coming from Rock, second drive past the blue fence). It is easily accessed from either I-80 or US 395. Gemini Is on the corner of the building to the right just as turn at the second drive off Greg.

I-80

Take Exit 17 and turn south on South Rock, left on Greg

US 395

From South: Take Exit 66, right on Mill, left on Greg

From North: Take Exit 67, left on 2nd Street, right on Rock, left on Greg

Call if you have questions or have troubles finding the location.

Valerie (530) 613-3173 - cell

Jerry (530) 613-7547 - cell

RSVP: Please RSVP, by Thursday, November 12, 2015, or to Valerie Rudd at: vruddtahoe@me.com

Clinic #14

WHAT: Basic Swim Officials Clinic

WHEN: Sunday, November 15, 2015

TIME: 2:00 PM to 5:00 PM

**LOCATION: Gemini Cosmetics
1380 Greg Street, Suite 209
Sparks, NV 89431**

Gemini Cosmetics is located just east of South Rock Blvd in the Oak Crest Business Park, which is located about a block behind Western Nevada Supply, on the north side of the street (left side coming from Rock, second drive past the blue fence). It is easily accessed from either I-80 or US 395. Gemini Is on the corner of the building to the right just as turn at the second drive off Greg.

I-80

Take Exit 17 and turn south on South Rock, left on Greg

US 395

From South: Take Exit 66, right on Mill, left on Greg

From North: Take Exit 67, left on 2nd Street, right on Rock, left on Greg

Call if you have questions or have troubles finding the location.

Valerie (530) 613-3173 - cell

Jerry (530) 613-7547 - cell

RSVP: Please RSVP, by Thursday, November 12, 2015, or to Valerie Rudd at: vruddtahoe@me.com OR at (home) 530/577-7547 or (cell) 530/613-3173

Please plan to attend even if you forget to RSVP. RSVP is for planning purposes and to assure that sufficient handouts are available for attendees. If sufficient responses are not received, the Clinic may be canceled.

Future Administrative Official Clinics on the Calendar

There is **ONE 2016 Admin Official Clinic on the calendar.**

What: 2016 Administrative Official Clinic

For Who: All certified Administrative Officials or new parents wanting to be Administrative Officials

Where: TBA

Time: 3:00 PM to 6:00 PM

When: Saturday, October 10, 2015

Any questions please contact: Mark Brown <mark.brown.15@gmail.com>

Directions:

IF YOUR TEAM WOULD LIKE TO HOST A STROKE AND TURN CLINIC FOR THE NEW YEAR, PLEASE CONTACT

BILL ROSE AT:
<cbrose@omsoft.com>

ALL Officials have to attend a yearly clinic!!

Besides attending a clinic, paying your non-athlete fees, completing or renewing your Criminal Background Check and completing your Athlete Protection Training, there is another requirement for some of you, if this is your year!!

That requirement is taking your on-line re-certification test.

The 2015 Rules and Regulations are now in effect for all on-line tests.

Now

that you are certified, you may work other USA Swimming, LSC's or Sierra Nevada Swimming meets in October of 2015

Meet Date: October 2-4, 2015

Type of Meet: SCY

Hosted by: California Capital Aquatics

Location: Roseville Aquatic Center
Woodcreek High School
3051 Woodcreek Oaks Blvd.
Roseville, CA

Directions: Use the web site below to look at the map of the area around Woodcreek High School. <http://maps.citysearch.com/location/1238713?>

Directions to the Roseville Aquatics Complex:

Traveling East on I-80, exit at Riverside. Turn left on Cirby, right on Foothills, left on Baseline and right on Woodcreek Oaks. Traveling about half a mile to Woodcreek High School and the pool. The Aquatics Complex is on the left at the intersection of McAnally and Woodcreek Oaks.

I-5 travelers: Take I-5 north past Sacramento and Arco Arena. Stay in the right lanes and exit to Hwy 70/99; proceed approximately 5 miles north. Turn right at the second stoplight (Riego Road) and travel east approximately 10 miles to Woodcreek Oaks. Turn left and travel half a mile to Woodcreek High School and the pool. The Aquatics Complex is on the left at the

intersection of McAnally and Woodcreek Oaks.

Traveling west on I-80, exit at Hwy 65 to Lincoln/Marysville. Travel about 1 mile to Pleasant Grove Blvd. Exit. Turn left on Pleasant Grove Blvd. Travel about three miles to Woodcreek Oaks and turn left on Woodcreek Oaks. The pool is on the right hand side at the intersection of McAnally and Woodcreek Oaks.

Contact Information: Alex Ongaco at: <timbug_runtmc@yahoo.com>

Meet Date: October 9-11, 2015
Type of Meet: AGO - SCY
Hosted by: Lodi City Swim Team
Location: Tokay High School
111 W. Century Blvd.
Lodi, CA

Directions: Use the web site below to look at a map of the area around Tokay High School
<http://www.mapquest.com/maps/map.adp?address=1111%20W%20Century%20Blvd&city=Lodi&state=CA&zipcode=95240%2d6605&country=US&title=%3cb%3e1111%20W%20Century%20Blvd%3c%2fb%3e%3cbr%20%2f%3e%20Lodi%2c%20CA%2095240%2d6605%2c%20%20US&cid=lfmaplink2&name=>

Contact Information: John Griffin
(209) 368-8475
<johnlodiaquatics@sbcglobal.net>

Meet Director Jane Woznick <woz4@att.net>

Meet Date: October 16-18, 2015
Type of Meet: SCY
Hosted by: Spare Time Aquatics of Sacramento
Location: Rio Del Oro Racquet Club, Sacramento

Directions: Use the web site below to look at the map of the area around Rio Del Oro

Racquet Club of Sacramento.

http://maps.google.com/maps?hl=en&source=hp&um=1&ie=UTF-8&cid=0,0,3826466632981135959&fb=1&hq=rio+del+oro&hnear=sacramento&gl=us&daddr=119+Scripps+Dr,+Sacramento,+CA+95825-6305&geocode=12809205724098204541,38.571450,-121.407866&ei=ZMP9SrvdBZCosgOntfWHCw&sa=X&oi=local_result&ct=directions-to&resnum=1&ved=0CAoQngIwAA

Contact Information: Meet Director: Richard Levin <coachrichard@riorapids.com>

Meet Date: October 16-18, 2015

Type of Meet: SCY - BB+/-

Hosted by: Solano Aquatics Sea Otters

Location: Solano Community College Pool
400 Suisun Valley Road
Fairfield, CA 94534

Directions: Use the web site below to look at a map of the area around Solano Community College

http://maps.google.com/maps?hl=en&rlz=1G1GGLO_ENUS264&q=400+Suisun+Valley+Road,+Fairfield,+CA&oe=UTF-8&um=1&ie=UTF-8&sa=N&tab=wl&oi=property_suggestions&resnum=0&ct=property-revision&cd=1

Contact Information: Paul Mazzarelle
(707) 980-8934
<MeetDirector@SASOswimming.org>

Meet Date: October 24-25, 2015

Type of Meet: SCY, C/B/A+

Hosted by: Sebastopol Sea Serpents

Location: Sebastopol, California

Where: Ives Pool
7400 Willow Street

Sebastopol, California

Directions: Use the web site below to look at a map of the area around the Ives Pool in Sebastopol, California

<https://www.google.com/maps/dir//Ives+Pool+7400+Willow+Street+Sebastopol,+California/@38.3995589,-122.8605818,13z/data=!3m1!4b1!4m8!4m7!1m0!1m5!1m1!1s0x808430a1475695a1:0x53091a8fbb5f5270!2m2!1d-122.826249!2d38.3995639>

Directions:

From Highway 12 West, turn left at high street, right on Willow Street. From Highway 116 West, turn left on Bodega Hwy (12), left on High Street, right on Willow Street ***PARKING IS NOT AVAILABLE AT THE VETERAN'S BUILDING/SEBASTOPOL CENTER FOR THE ARTS***

Contact Information: Meet Director: Mike Roan 415-250-1514 before 8pm

Meet Date: October 30 to November 1-2, 2015

Type of Meet: SCY

Hosted by: Woodland Swim Team

Location: 155 N West St, Woodland, CA 95695
Woodland Community Swim Center in Woodland, CA

Directions: Use the web site below to look at a map of the area around Woodland High School

<http://maps.google.com/maps?client=firefox-a&channel=s&hl=en&ie=UTF-8&dq=Woodland+Swim+Center,+loc:+Woodland,+CA&daddr=155+N+West+St,+Woodland,+CA+95695&geocode=16698865447885941103,38.687409,-121.783902&ll=38.687409,-121.783902&iwstate1=dir:to&iwloc=A&f=d>

Contact Information: Juerg Morach <jcmorach@scif.com>

TAKE YOUR 2015 ONLINE TESTS NOW

Using the 2015 Rules and Regulations.

Officials: When taking your on-line tests, please...

TAKING THE ON-LINE SWIMMING TESTS

<http://www.usaswimming.org>

1. Once you are on the USA Swimming web site, look for “**Sign In**” at the top of the web page and then click on **Sign In**.
2. Fill in the information needed to become a member and then click on **Log In**. This step is only done the first time you sign-in on the USA Swimming web site.
3. When you return to the USA Swimming web page, click on **MEMBER RESOURCES** at the top of the web page.
4. Look for **Officials** in the middle of the web page, then click on **Testing & Certification**.
5. You will now get a page that has in the center of the page a statement which says, “**INSTRUCTIONS TO ‘SIGN IN’ TO TAKE THE OFFICIALS TESTS.**” You have two choices: to click on [this link](#) to create an account or to click [this link](#) to be automatically redirected to the Online Test Sign-in page. Look for the button, saying **START THE TEST** at the bottom of this screen. On my screen the blue changes to red.
6. Pick the test you want to take by selecting a test to start. Click on **Select A Test** and drag your mouse until the test you want is highlighted. In the center of the page, you will find “**Select A Test.**” Make sure your pick is the correct one, there are 32 tests to choose. In most cases, your test will either be a Certification test or a Re- Certification test. You will then click on the “**Start Test**” button, but it will go to your personal history page. Make any necessary changes and click “**Save Information & Proceed to Test.**” If no changes are necessary, then you will still click on the “**Save Information & Proceed to Test**” button at the bottom of the page.
7. Now click on **Start Test** button.

You now have 2 choices: **Choice one** is to click on “**Print Blank Version of Test.**” You will print a version of the test, so you can study at your leisure and mark up your printed version of the test with the correct answers, which can be found in your current Rulebook. When you click on this choice, you will get a PDF copy of the test. You have to go one step further to print the test and that is to look for the small icon of a printer in the top left hand corner of the

PDF document. **Choice two** is to click on “Next.” If you now click on “Next,” you will see the first question of your test. If you don't have time to finish the whole test, one question at a time, make sure you click on “Save and Restart Later.” The web site will remember which test you have chosen **only** if you have clicked on “Save and Restart Later”.

I have heard that if you answer just the first question before you click on “Save and Restart Later” and then **Logoff**, you will be assured of returning to this same test the next time you have more time to spend completing the test. The tests, in most cases, have the questions in the same order, but the answers will be randomized. In just a few of the tests, some of the questions are randomized also.

Looking at the first question, answer the multiple-choice answer. When completed with the first question, click on the “Next” button. If you have to stop for some reason and start later, click on the “Save & Restart Later” button.

8. Click **Logoff** at the top of the web page, if you want to take the test off line first.

9. Take the test off line at your leisure by using the printed version of your test.

10. When you are ready to fill-in the blanks, you will need to login on the USA Swimming web site where you will be on the USA Swimming [Home page](#), then you will click on [Member Resources](#), then go to [Officials](#), where you will click on [Testing & Certification](#) and now go to [Online Officials Test](#). You should see **[CHOOSE A TEST TO START](#)** at the bottom of the page. Click on this. This is your personal page listing the tests you have taken or signed up to take. What you are looking for is the **Prior Test List**. When you find the test that needs to be taken, click on “**Resume**.” You will notice the time and date when the test was saved. You will also see places to click, such as **Resume**, **Delete**, **Print Blank Test** or **Print Answer Sheet**. By clicking on **Resume**, you will be able to put your correct answers to the test that was saved and waiting for it's answers. When you resume your test at a later date, the system will take you to the first question. If you want to go to where you left off, type in the number of the question that you want to start with, in the little box and click on the “**Go**” button. It will take you directly to the first question in need of an answer. **You might want to check and make sure the answers are in the order that they are listed on your printed test. If you didn't save and restart later correctly, most of the time the questions will be in the same order, but the multiple choice answers might be randomized. Double check your choices.**

Now you can continue to answer the questions in the same fashion.

11. **Please check and make sure you have answered all the answers correctly.**

When you get to the last question on the test, you can double check by clicking on the “**Previous**” button. If you click on the “Save & Restart Later” button, you may want to double check later.

12. When you have **double-checked** your answers, submit for grading by clicking on the **“End Test/Submit for Grading”** button. If you click on the **“End Test/Submit for Grading”** button, you will be finished with this test and receive a grade. Before your test will be graded, another window will show up on your computer screen, when it asks you if you are sure you want to end this test? Just click on **OK**. The LSC Officials Chair will receive the results at the same moment the test taker receives their score, which is seconds after the **“End Test/Submit for Grading”** button is clicked.

13. Remember: Haste makes waste or Measure twice and cut once. Once you have submitted your answers, it is too late for changes.

14. You will get immediate results as well as the LSC Officials' Chairperson. Now the screen that shows is your completed test results. You can review your results by clicking on **“Review Results.”** Your computer will download a PDF copy of the test. You will have to retrieve it where downloads are found on your computer. If you click on **“Return to Test Selection”** you will return to the location where all of the tests you have taken are kept. This is the window where you selected the test to start this test taking process. You can review the test that was just taken by clicking on **“View”** which can be found on the right of the screen, on the same line as this most recent taken test.

Remember, each time you take another test, you will have to answer all the same information that was asked of you the first time, when you selected a test and started that test.

15. Click **Logoff** at the top of the web page when you are finished.

COMMON MISTAKES

DID YOU CHECK TO MAKE SURE THAT YOU HAVE MARKED YOUR RESPONSES ON THE SAME TEST THAT YOU DOWNLOADED?

WERE THE MULTIPLE CHOICE ANSWERS IN THE SAME SPOT AS THE TEST YOU DOWNLOADED?

YOU CAN GO BACK AND CHECK ANY QUESTION BY CLICKING ON “GO” AFTER YOU INPUT THE NUMBER OF THE QUESTION YOU WANT TO CHECK.

MAKE SURE YOU HAVE DOUBLE CHECKED YOUR RESPONSES BEFORE YOU CLICK ON SUBMIT!!

REMEMBER PAST CERTIFIED OFFICIALS

After you have attended your 2015 Swimming Clinic, you will receive a message from me reminding you about taking an online test if this is your year to take the re-certification test. This is one of the requirements to complete in order to be certified to work the deck after January 1, 2015.

FOR THOSE OF US WHO ARE CURRENT WITH THE ATHLETE PROTECTION TRAINING, USA SWIMMING NOW HAS EXTENDED THIS TRAINING UNTIL 12/31/2015. YOU WILL NOT HAVE TO RENEW THE APT FOR 2015.

Officials: Ask your questions!!

- changed October 1, 2015 -

Often Asked Questions by USA Swimming Officials

I have a quick question: If my APT does not expire until the end of this year, should I wait until then to take it? I like that it expires at the same time as the other requirements. If I take it now, will it expire on September 1, 2017 rather than December 31, 2017? I'd rather not wait until the last minute if it keeps the expiration date of 12/31/17.

I am hoping that my APT will expire on 12/31/2017, since I took the free renewal Athlete Protection Training course this morning. I will let you know for sure tomorrow after the results get posted on the web site. This question was such a great question, that I have shared it with my whole list. I just checked and my APT does now expire on 12/31/2017, so you can get started on it now and not wait until the end of the year.

Just to confirm. As a new parent that wants to become an official I should take the class

that is offered in Folsom or Davis first right?

That is correct. Attend the clinic first before doing anything else. There might be more clinics offered between the one in Davis and the one in Folsom. There are other clubs asking to host a clinic. I will keep you posted by email on any additional clinics.

I would like to become an official and would like to know where I can locate the application to begin the process. This morning I submitted for level 2 background check via the USA S swimming web site.

Normally, the first step in becoming an Official is to attend one of the yearly clinics that will be offered as soon as the USA Swimming Convention has concluded. I like to begin these clinics once the Convention has taken place, so I can share any new rules and information that I might obtain while attending the Convention. This year, the Convention concludes on Saturday, October 3rd. The yearly clinics will begin on October 8th, with the first offered clinic in Davis. I have another clinic on November 3rd in Folsom. I expect more clinics soon, because other clubs are considering hosting their own, where anyone can attend. In fact, CCA is working on setting up a clinic now. More information will be coming out as I get this information.

At these clinics, all the requirements in becoming a member of USA Swimming will be explained and once you are a non-athlete member, the requirements to become a certified Official will be explained. I will add your email address to my huge email mailing list, so you can get all my swimming information.

I have completed the Athlete Protection Program course, and I have received notice that I passed the background check, so I am good to go for 24 months on the background check, and until 12/31/17 on the ATP. I am looking forward to re-certifying my position exams as soon as I complete the clinic.

I saw yesterday that you passed your Criminal Background Check and I noticed today that you took your APT yesterday. I think you are one of five or so who have taken the APT already.

If the Officials who need to renew their APT by 12/31/2015, don't do it by the time it expires, they will not be able to work the deck on January 1, 2016. There are quite a few of those folks.

As for the tests you need to take. Since you have to take your re-certification online test every other year and you took the majority of the tests last year, all you really need to take is the re-cert Stroke and Turn/Timer test, because that one test was taken in 2014. If you want to take more of the tests, that is OK too.

When you have to re-certify the other tests, it is just one test, the re-cert Referee test and then forever more it will be just that one test. If you want to get a head start on the 2016 online test requirement, you can do it now and not wait until the calendar year of 2016 arrives.

I'm attending the clinic in Folsom November 3. I have some things that I need to do to update my certification. I need to take the renewal test but I remember there was something tricky about how to do that, do you have a link I can click on that you can

send to me? And also how do I renew my background check and what dates do I need to do these things by? This is my first renewal.

What you have to do and you can do most of these requirements before the clinic is to renew your Criminal Background Check before October 31, 2015 (10/31/2015), renew your Athlete Protection Training, which I just sent out messages about that on Tuesday and the re-certification Stroke and Turn/Timer test.

So, remember to renew your Criminal Background Check by 10/31/2015 - web site to go to: <https://www.usaswimming.org/DesktopDefault.aspx?TabId=2019&Alias=Rainbow&Lang=en>

You can do your Athlete Protection Training now, by going to this web site: <https://www.usaswimming.org/DesktopDefault.aspx?TabId=2193&Alias=Rainbow&Lang=en>

Taking your online Re-certification Stroke and Turn/Timer test can be located here: <https://www.usaswimming.org/DesktopDefault.aspx?TabId=1514&Alias=Rainbow&Lang=en>

Follow #2 in the instructions. You will have to sign in to your account. Once you do that, you will be directed back to the page you can select the test. Select the Re-certification Stroke and Turn/Timer test. Just follow the directions until you are finished. If you have any questions, please let me know.

Should I pay for USA swimming fee and fill out the applications before attending the clinic?

No, you will attend the clinic to receive the two applications and will give the instructor the two filled out applications and check upon leaving at the end of the clinic. Leaving the applications is proof that you attended the clinic.

Can I do the clinic first then fill out the applications and the pay USA swimming fee?
Yes, that is the way the process works.

By the way, is there an online that we can pay the fee and fill out the application?

We don't do plastic or paypal to join USA Swimming or Sierra Nevada Swimming as non-athlete members of USA Swimming.

I first took a clinic in Gridley when I paid the \$57. I am certified, Do I still need to attend the clinic to keep me current for 2016? And, will that be additional cost?

Yes, you are certified only until December 31, 2015. After that you need to attend one of these now offered 2016 clinics and pay the 2016 membership fee of \$60, in order to be certified to work the deck, after December 31, 2015.

When will you announce advanced training for starter, referee, ... ? What is the next logical position after stroke and turn judge? Thanks.

I haven't been very successful with holding Starter and Deck Referee clinics in the past. I pick one or two days for all Starters and Deck Referees to come along with anyone interested and the turnout is not high. I get better results with stroke and turn judge clinics, since it is required to attend one of them to start the membership process.

If someone is interested in becoming a Starter, the online test and on deck training is as good as it gets. When someone is certified as a Starter, they can begin their Deck Referee training by saying they want to be a Deck Referee and take the "battery" of online tests before they begin their six deck training sessions for Deck Referee. The "battery" of tests, include the Stroke and Turn/Timer, Starter, Referee, Admin Referee, Timing Judge and Clerk of Course.

I guess we could have some Starter Round Tables before the sessions begin at meets, if there is an interest. I would love to share the duties of the Starter and the Deck Referee, but I hate not having a good turnout.

I will be attending one of these clinics. Do I need to sign up before going? If so, how? I'm at work and the Internet isn't very good and it's hard to download links at times. So if this info is on a previous email, I apologize for not reading it earlier.

You just show up. There is no need to sign up. If you can't read any attachment or can't find the location, let me know.

Do I need to register or just show up to the clinic?

You just need to show up at whichever clinic you want to attend.

I am with South Siskiyou. Do you think it's possible to get one further north again this year? Even Redding or Red Bluff area would be helpful. We have 3 officials now and a few more interested. I believe Scott Valley would also have some who could attend.

There will be some clinics in the north part of the LSC. They usually come later in the fall. I know Redding always seems to do two, one for the SOAR parents and another for the RAD parents. Red Bluff has done one in the past as well.

I usually wait for Clubs to contact me, before setting a date and time. I haven't heard from anyone in the north valley yet, but I am sure I will.

Bill Fisher and Sherry King have been our instructors the past few years at the places mentioned above.

When we do clinics in your area, we do hope that all Clubs can attend and not just have a few attendees show up.

Just be on the look out for additional clinics in your area, when they get set up.

What do I need to do to become a Meet Referee, Deck Referee, or an Admin Official?

Each one has different requirements.

Admin Official:

Attend an AO Clinic

Be a member of USA Swimming

Take the online Admin Officials test

Have a satisfactory apprenticeship for two sessions with a certified Admin Official or Admin Referee

Deck Referee

Be a member of USA Swimming

Be a certified Stroke and Turn Judge

Be a certified Starter

Have passed **ALL** the online tests to begin 6 deck training sessions

Have a satisfactory apprenticeship doing their 6 deck training sessions

Meet Referee

Be a member of USA Swimming

Be a certified Stroke and Turn Judge

Be a certified Starter

Gain experience as a Deck Referee over a few years

Become familiar with the positions of Announcer, Clerk of Course, Starter, Stroke & Turn Judge, Chief Judge, Timer, Timing Judge and Meet Marshal.

Certification is based on recommendation of the mentors and other Referees.

So does this then mean that on the freestyle leg of the 200 IM, if the swimmer is on their back doing underwater Dolphins they are also in violation or is it only when they break the surface of the water and if still on back that they would be in violation?

Since being on the back is considered part of the backstroke, I would interpret this to mean when leaving the wall to start the freestyle, if any swimmer is on the back, whether under the water or above the water or not at the 15 mark, they would be in violation of FINA's interpretation of the Individual Medley.

Okay but at the turn for the freestyle leg that would still be okay, just not okay at the start?

Based on what I have just read, even at the turn, if the swimmer came off of the wall, and did some butterfly kicks while on the back to get to the surface, it would be illegal.

Couple of quick questions - do you have a link or information on or link on how to renew my background check? My registration card says it will expire at the end of January, 2016. Also, how would I know if I need to take the s/t official renew exam?

Question #1: Yes, I have a link for you to renew your Criminal Background Check.

Since your Background Check expires on 01/31/2016, I would renew this coming December, so that it will expire on 12/31/2017. I like having everything expire on the last day of the

year, whether it is next year or the year after.

Question #2: You last took the Stroke and Turn/Timer test in the swimming year of 2014, so this is your year to renew. You can do it now.

Question #3: Not asked, but you need to renew your Athlete Protection Training since it expires on 12/31/2015. You can renew your Athlete Protection Training now.

I just wanted to let you know that I'll be attending the October 6th clinic at Arden Hills. Joining me will be another person who is interested from my Team.

That is good news!! I know when I started attending clinics nearly 30 years ago, I had folks from my Team come over to my house and leave their car parked in front of my house. I then took a car load to the clinic. I was always trying to get more people interested in becoming an Official to serve the swimmers.

I would like to attend the Chico Clinic. What do I need to do to get on the list?

All you have to do is show up. There will be plenty of room and we will know that you are there when you fill out and leave the two applications and a check for \$60.

I just took the re-certification tests this week to see what they were like because we are going to be asking our Maryland officials to take them. I really liked the hint and it only took me about 1 hour to complete them. It did take me a little longer with the Admin Test but I intentionally took my time with that one because I wanted to learn more. I do have a question. I was under the impression that the recertification tests were to be shorter. I took the Referee Recertification test is 100 questions while the Certification Test is 50. Is that what was intended for the Referee Tests? Just curious. Without part 2, the tests are so much easier to do. In the past, I would have to download each test to do the test quietly at the dining room table. This year, I did them at the computer and if I didn't know the answer 100%, I would use the hint to find the correct answer. I saved a lot of paper in the process too.

The reason that the Re-certification Referee test is 100 questions is because it has all the other areas of discipline included on the test and which is suggested to be the only test that a Referee who is also certified as a Starter, Chief Judge or Stroke and Turn Judge would have to take.

At least that is what we do in our LSC.

Quick question So a trainee must attend a clinic before they can start their shadow sessions?? In the past, I understood, that we could allow a trainee that had not attended a clinic to be on deck shadowing because they were under the guidance of a certified S/T official.

I would hope and suggest that all new folks who haven't attended a clinic ever, wait to do their six on deck training sessions until after they attend a clinic. It isn't like they have to wait six months for clinic. They have to wait less than three weeks for the first 2016 clinic. There are many meets to attend in the fall to get their six training sessions completed. If they really want to get started, but again I would suggest they wait until after attending the clinic, they can work on the online test, by borrowing someone's Rulebook or downloaded the parts they need

from the USA Swimming web site.

In the past, we would allow trainees, who have attended a clinic, but have not completed their Criminal Background Check or APT to work on their six deck training sessions since they were under the supervision of a certified Official. This was always done for the most part, after they attended the required clinic.

I see that I am still affiliated with STAS, but my son has moved to SMST. How can I change that on my USA Swimming membership? I don't see an option under my account.

That is something that Mark Brown <mark.brown.15@gmail.com> can do for you.

I have heard conflicting information as to which tests I need to take for my re-certification for Starter/Deck Referee. Could you clarify? Do I need to repeat all of my initial tests, or just the Referee test.

When your results first came in for the Admin Referee test and then the Timing Judge test that you just took, I thought you were in training to become an Administrative Official.

In answer to your question, when re-certifying for a Referee and Starter, the only test required is the Re-certification Referee test. It is a 100 question test and covers all the other disciplines. If you want more review as a Starter, the re-cert Starter test might be of use.

Again, all you need to take in regards to testing, if you want to re-cert as a Starter/Deck Referee is the Re-certification Referee test.

SWIMMING SITUATIONS - changed October 1, 2015 -

1. A Coach approaches the Administrative Referee at an LSC championship to get a time for the leadoff swimmer in his team's 800-yard freestyle relay. The Timing Judge verifies the swimmer had earned a 200-yard US Open time using the automatic pad time. However, the team was disqualified because the fourth swimmer failed to compete. Is the time achieved by the lead off swimmer an official time? Can it be used to enter Short Course Nationals?

Recommended Resolution: Yes it is and it can be used to enter Short Course Nationals. As long as the leadoff swimmer finished his/her leg legally, subsequent actions by other members of the relay cannot affect the leadoff swimmer's time.

Applicable Rules: 102.24.1A(1)(c), 102.24.1A(1)(d)

2. During a finals session of an LSC senior championship, the women's 100-yard freestyle championship final is about a minute away. A swimmer from that heat approaches the Referee indicating that her goggles just broke and asks for time to go to her swim bag and get an extra pair of goggles. What should the referee do?

Recommended Resolution: Getting replacement goggles from her bag should not take long and the Referee should be accommodating as long as the delay is not excessive.

Applicable Rules: 102.11.1

3. A swimmer is a “no-show” for the final of an event in a meet being swum under the National Championship scratch rule, but was in the venue's warm-up pool at the time. The fastest heat of relays is the last event of the session; however the slower heats had been swum at the beginning of prelims. Is the swimmer eligible to compete in the relay?

Recommended Resolution: According to National Championship scratch rules, any swimmer qualifying for a final race in an individual event who fails to compete . . . shall be barred from further competition for the remainder of the meet. The swimmer would not be eligible to compete in the relay.

Applicable Rules: 207.11.6D(1)

4. The preliminaries for women's 200-yard individual medley have just been completed and the Meet Referee is in the process of notifying a Coach about a disqualification in the event. After discussing the DQ, the Coach states that he had told his swimmer to scratch from finals of an earlier event thinking that she would qualify for finals in the 200-yard individual medley. He asks if he can rescind her scratch. Should the Referee allow the scratch to be rescinded? How should the Coach have handled this situation?

Recommended Resolution: The Referee should not allow the scratch to be rescinded. Presuming that the National Championship scratch procedures are being used, the Coach made the error. The Coach should have advised the swimmer to *declare* that he/she may not intend to compete in the earlier event rather than actually scratching. In that way, the swimmer has the option to compete in the earlier event depending on the outcome of the 200-yard individual medley. However, if the Meet Entry is silent as to the scratch procedures being used for the meet, all bets are off and the Referee has wide latitude in determining a fair resolution for this situation. Also, it is good preventative officiating for the Admin Referee to ask the swimmer at the time of the scratch if he/she is swimming another event and to ensure that the options are understood.

Applicable Rules: 102.11.1, 207.11.6E(2)

5. It is the second day of a scored meet and the 500-yard freestyle is to be contested. The Meet Announcement stipulates a check-in time of 8:30 AM. It also states that swimmers that are not checked-in may not compete in the event. It is 9:00 AM and a swimmer approaches the

Clerk of Course, indicating he/she forgot to sign-in and asks if he/she could still swim. What should occur and why? Under what conditions would the swimmer be allowed to compete in the event?

Recommended Resolution: The Meet Information should be followed. It was stated that the swimmer must check in to swim, and the swimmer failed to do so. The swimmer should be told that he/she would not be permitted to swim. If the swimmer was prevented from checking in due to some situation beyond his/her control, the Referee may allow the swimmer to compete. Examples of these situations include changes in the Meet Announcement that were not fully communicated or an emergency road closure that prevented the swimmer from getting to the pool on time. However, if this was an un-scored meet and there were open lanes in the first heats, the Referee might consider offering the swimmer the opportunity to swim in those first heats. "Level appropriate decision-making."

Applicable Rules: 102.4, 102.11.1

TAKING THE ON-LINE TESTS

- changed October 1, 2015 -

The examples this month appear on the 2015 TIMER Certification test, which will now be answered with the 2015 Rulebook. Check out the new look for the way that the questions are listed. You will notice that there are no Part 2 questions.

1. When a semi-automatic timing system or manual watches are used, when shall Lane Timers stop the watch and/or push the semi-automatic system button? **597.20**
- A. Only when the swimmer contacts the touch pad.
 - B. When any part of the swimmer's body touches the wall.
 - C. When the swimmer's hand touches the wall or passes the imaginary vertical plane of the wall.

Hint: Please review reference 102.17.3B for the correct answer.

2. What kind of manual watches may be used for competitions contested under USA Swimming Rules? **559.16**
- A. The watches may have either digital read-outs or use a sweep second hand with

hundredths marked on the face.

B. The watches must be hand-held, battery powered, digital read-out type watches designed for timing purposes.

C. Both of the above.

Hint: Please review reference 102.24.2C for the correct answer.

3. How many watches per lane are required for each competitor when manual watches are used as the primary timing system? **561.16**

A. One watch per lane.

B. Three watches per lane, each operated by a separate Timer.

C. No less than two watches per lane, each operated by a separate Timer.

Hint: Please review reference 102.24.3A(3) for the correct answer.

4. When averaging two watches which result in thousandths, what does one do with the digits representing thousandths? **573.14**

A. They are dropped with no rounding.

B. They are rounded up to hundredths.

C. They are rounded up to hundredths only if the third number exceeds 5.

Hint: Please review reference 102.24.4B(3) for the correct answer.

5. Whenever semi-automatic or manual timing is used as the primary timing system what is the official time if all three buttons or watch times disagree? **574.10**

A. The average of the three button or watch times.

B. The average of the two closest button or watch times.

C. The time of the intermediate button or watch.

D. None of the above.

Hint: Please review reference 102.24.4B(2) for the correct answer.

6. When three watches on a lane are the primary timing system, what is the official time? **575.13**

- A. The time of two watches that agree or the time of the intermediate watch if all three disagree.
- B. The average of the fastest two watches.
- C. The average of all three watches.

Hint: Please review references 102.24.4B(1) and 120.24.4B(2) for the correct answer.

7. When the primary timing system is manual watches and only two watches are available, what is the official time? **576.15**

- A. The slower of the two watches.
- B. The faster of the two watches.
- C. The average of the two watch times and the digits representing thousandths of a second shall be dropped with no rounding.

Hint: Please review reference 102.24.4B(3) for the correct answer.

8. When the primary timing system is manual watches, what is the official time if the manual watch times are recorded as 44.54 - 44.51 - 44.45? **577.12**

- A. 44.54
- B. 44.51
- C. 44.45
- D. 44.495

Hint: Please review reference 102.24.4B(2) for the correct answer.

9. When the primary timing system is manual watches, what is the official time if the manual watch times are recorded as 32.57 - 32.80 - 32.57? **578.14**

- A. 32.68
- B. 32.575
- C. 32.80
- D. 32.57

Hint: Please review reference 102.24.4B(1) for the correct answer.

10. When the primary timing system is manual watches, what is the official time if the manual watch times are recorded as 29.72 - 29.83? **580.13**

- A. 29.83
- B. 29.77
- C. 29.72
- D. 29.775

Hint: Please review reference 102.24.4B(3) for the correct answer.

1. The correct answer is “B” for the multiple choice answer.
2. The correct answer is “B” for the multiple choice answer.
3. The correct answer is “B” for the multiple choice answer.
4. The correct answer is “A” for the multiple choice answer.
5. The correct answer is “C” for the multiple choice answer.
6. The correct answer is “A” for the multiple choice answer.
7. The correct answer is “C” for the multiple choice answer.
8. The correct answer is “B” for the multiple choice answer.
9. The correct answer is “D” for the multiple choice answer.
10. The correct answer is “B” for the multiple choice answer.

If you have any questions that you would like to ask, just e-mail Bill Rose at: [<cbrose@omsoft.com>](mailto:cbrose@omsoft.com)