



## **Sierra Nevada Teams:**

The following adjustment to the meet schedule was approved at a Sierra Nevada Board meeting in May. The changes take into consideration guidelines from USA Swimming.

Sierra Nevada Swimming recognizes the challenges with planning swim meets in the current environment created by COVID-19. As the State of California as well as individual counties make changes to the existing “Shelter in Place”, the intent is to give host teams guidelines to the teams that have existing meets on the schedule.

Any teams that planned to host meets between May 1-August 31 will be given the opportunity to reschedule and change the format of their meets. This includes:

*Dates of the meet*

*Format of the meet*

*Meet location*

Teams who had not originally scheduled sanctioned meets are able to add intersquad and dual meets.

Any changes or confirmations of current meets should be submitted to the Sierra Nevada using the following google form by June 15:

<https://forms.gle/D8FJvfJE5GH7Q1nq5>

Intersquad and dual meets sanction requests will be accepted throughout the summer (should be submitted at least 21 days prior to the meet.)

### **Dual and Intersquad Meets**

Teams are encouraged to plan on smaller intersquad and dual meets for the summer. Given the anticipated social distancing guidelines at pools as they open, it is not expected that large events will be allowed to take place.

Teams that originally had meets on the schedule are encouraged to make these adjustments to their meets. Teams that did not originally have meets on the schedule can submit meets using the google form provided.

### **Bill Rose Classic End of Summer Meet**

A committee has been established to adjust the format and dates of the Bill Rose Classic. The group is looking at a variety of options and formats for an end of summer “Back to the Pool” meet open to all teams in our LSC.

The committee is working with Elk Grove Aquatics Club to move the meet as late as Labor Day weekend. The goal is to finalize this prior to June 15. More information will be provided to the Sierra Nevada Board of Directors and sent to teams as we receive more information.

### **Minimum Officials Requirements**

Teams who are planning to host meets in July and August should contact the Sierra Nevada officials chair Melissa Szpik Serrao at [officialmelissan@gmail.com](mailto:officialmelissan@gmail.com)

### **USA Swimming Email to Teams and LSC's**

Over the last several weeks, planning for resuming practices has produced wide-ranging conversations about the role of competition in our return to pools. While the perspectives vary, what is clear is that our clubs and teams are looking for a conceptual plan for competition.

With that, we are sharing the framework of our three-month recommended roadmap for a safer return to competition for our members. This conceptual plan, based on the current health environment, encourages fostering competition in practice in June; the prospect of intra-squad, virtual meets, and small community-based dual meets in July; and regionally based competition in August.

**Most importantly, all steps within this progressive strategy require compliance with local, state, and federal public health guidelines.**

In support of our recommended approach, and in a continued effort to ensure an even and level playing field among all our LSC's, the USA Swimming Board of Directors has made the decision to revoke all existing USA Swimming sanctions and suspend granting sanctions through June 30, 2020. This action is intended to be the final prohibition on meet sanctioning (absent an adverse change in circumstances). While there are still significant safety considerations regarding meet sanctioning, including social distancing, travel, etc., the Board anticipates returning sanctioning control and discretion to LSC's (subject to certain restrictions) in July.

The targeted return-to-competition guidelines are further detailed below:

### **June**

A return to practice, where possible, is our primary focus. When your athletes are ready, we encourage fostering competition in practice, making racing a fun part of your return to the pool plan. Whether you are racing 15 meters, odd distances, or their favorite event, keep it fun and use the opportunity to set positive expectations.

**July**

The goal is to return to small competitions such as sanctioned intrasquad meets, virtual meets, and potentially community-based dual meets. These meets may require individual age-groups, limited event orders, and new uses of technology.

**August**

USA Swimming staff continues to plan for a regionally based series of non-championship meets in August for athletes at the sectional level and above. We know there are still several challenges to be overcome to make these meets a reality, but as with our LSCs, we must all have a Plan B and a Plan C for competitions this summer.

Regards,

Sierra Nevada Swimming  
Board of Directors

**2020 Meet Schedule  
(May-August)**

**May**

2	GOLD	cancelled
2-3	DART AA Spring Meet	cancelled
9-10	SYS Spring Meet	cancelled
9	Woodland Distance	cancelled
10	DART Post HS Meet	cancelled
15-17	Woodland Open	cancelled
30	DART Summer Invite	cancelled

**June**

4-7	Summer Sanders	cancelled
12-14	Durham Dolphins	
19-21	GOLD Open	
19-21	Redding Trials and Finals	
26-28	Grindley Gators Open	
26-28	WOOD Last Chance	
26-28	Truckee Meet	
27-28	SASO LC Invite	

**July**

9-12	EGAC-Bill Rose Classic	
17-18	AQUA-Prospector Plunge	
17-18	CCA-USA Sectionals	cancelled
24	Dual Meet-SASO	
28-Aug 1	Western Senior Zones	cancelled
30-Aug 2	USA Futures	cancelled
31-Aug 2	NVAL Championships	

**August**

1-2	EGAC End of Summer Meet	move to a later date
5-8	Western Zones	cancelled

*\*This schedule does not include North Valley Aquatics League dual meets.*