

1. Parents/Guardians Role

Parent/Guardians TTST's competitive swimmers have a main responsibility to support, praise and encourage your swimmer at every opportunity. For any swimmer, improving times, supporting their effort, and improving technique are good sources of praise and encouragement. Furthermore, show your support by ensuring your swimmer's punctual attendance at practices and swim meets. Finally encourage your swimmer to communicate with coaches.

Parents/guardians are not participants on their child's team but contribute to the success experienced by the swimmer and the team. As Parents/guardians, you serve as role models, and your children frequently emulate your attitudes. Strive to be a positive role model. Each team member makes daily "deposits" or "withdrawals" to the team's environment with their words and actions. Successful teams are full of people who strive to improve the team's environment and their swimmer's experience as a member of a nurturing and supportive team. Most importantly, strive to show good sportsmanship toward coaches, officials, team members and other teams.

➤ *Parent Code of Conduct*

By registering your athlete with TTST, the parent/guardian has an implied agreement to adhere to the [TTST Parent Code of Conduct](#).

➤ *Parent Volunteering*

Volunteering is *required* from all TTST families. The current requirement is 5 hours per swimmer. Hosting our annual meet "Beat The Freeze" June 2nd – 4th, 2023. There are many ways you can help:

- Sign up for any volunteer spot before the meet.
- Become a USA Swim stroke & turn official and officiate at swim meets.

Additionally, Volunteer hours can be fulfilled by:

- Organizing a social event, such as the annual season kick-off BBQ in the Fall.
- Organizing a fundraising event, such as the Give Back Tahoe campaign or our Spring fundraiser Fun Fast 50's Swim Meet.
- Overseeing finding team swag, ordering & helping distribute it to swimmers.
- Identifying and completing grant applications and community sponsors for the team.
- Any other special skills you have that can help TTST. Contact the Board President if you have some other way you can participate beyond those listed above. ttstbod@truckeeswim.org
- Joining the "Fun Committee" as a leadership role taking on Achievement / Personal Pride, or another leadership role on the committee as an organizer of

positive meet and swim team experiences (social planner for social gatherings at meets and team events).