

Nampa Swim Team

Team Travel Policy

1. Club travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club.
2. Team Managers and chaperons must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check.
3. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete).
4. When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach.
5. During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments should be maintained.
6. Athletes should not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.
7. During overnight team travel, if athletes are paired with other athletes they shall be of the same gender and should be a similar age. Where athletes are age 13 & Over, chaperons and/or team managers would ideally stay in nearby rooms. When athletes are 12 & Under, chaperons and/or team managers may stay with athletes. Where chaperones/team managers are staying in a room with athletes, they should be the same gender as the athletes and written consent should be given by the athlete's parents (or legal guardian).
8. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms.
9. A copy of the NST Code of Conduct must be signed by the athlete and his/her parent or legal guardian.
10. Team or LSC officials should obtain a signed Liability Release and/or Indemnification Form for each athlete.
11. Team or LSC officials should carry a signed Medical Consent or Authorization to Treat Form for each athlete.
12. Curfews shall be established by the team or LSC staff each day of the trip.
13. Team Members and staff traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
14. The directions and decisions of coaches/chaperones are final.
15. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition/practice venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperon.
16. When visiting public places such as shopping malls, movies theaters, etc. swimmers will stay in groups of no less than three persons. 12 & Under athletes will be accompanied by a chaperon.
17. The Head Coach or his/her designee shall make a written report of travel policy or code of conduct violations to the appropriate club (LSC) leadership and the parent or legal guardian of any affected minor athlete.

I recognize my responsibility to abide by the rules and requirements of the NST Travel Policy and I acknowledge that I have received and read such.

Athlete _____

Date _____

Parent _____

Date _____