

We are excited that you are interested in joining the Sharks! Please read below to find out what you can do to become a swimmer for the Nampa Swim Team.



Tryouts are held every Tuesday and Thursday of each month at 6:00pm.

Bring your goggles and meet the coach on deck at the Nampa Recreation Center lap pool. The coach will assess your current swimming ability and evaluate which group you should start out with. To try-out, you should be able to swim freestyle and backstroke. Other strokes, turns, starts and technical training will be part of your regular workout with the team.

Once you are told if you are able to swim with the team, you will need to complete the registration forms for USA Swimming as well as the Nampa Sharks. Please note that part of USA Swimming requirements is a copy of your birth certificate, which they use in order to validate your age.

Registration forms can be found on our webpage or on deck. You may print it out and bring it with you to practice, or ask your coach for this information when you arrive at the pool.

A lockbox is mounted to the wall on the pool deck for you to turn in paperwork and payments. If your paperwork and payment is not turned in within the first week you begin practicing, you will not be allowed in the water until it is received.

To learn more about the Sharks, including practice times, fees, fundraising, and service hours, please go to our website and click the "Information" tab.

Transferring from another team? If you are transferring from one USA Swimming team to the Nampa Swim Team, you must also complete a USA Swimming Athlete Transfer Form. You may also find this form under the "Information" tab on our website.