



Boise State Swimming

Swimming Clinics



Our Swimming Clinics are open to all ages and abilities and are designed to work on the technical details of all four competitive strokes. Camp participation is open to any and all swimmers who want to learn more about competitive swimming. In this camp series we will work on each of the four competitive strokes with an emphasis on skill and performance of each stroke and each session can be tailored to fit your swimmer's needs.

Details:

This will be a series of four clinics running October 8th, 15th, 22nd, and 29th. Each session runs from 4:30 – 5:30 PM at the Boise State University Kinesiology Annex Pool with registration at 4:15 PM.

Each week will focus on a different competitive stroke exploring the skills and drills that lead to success in the pool for that stroke:

Freestyle – October 8th

Backstroke – October 15th

Breaststroke – October 22nd

Butterfly – October 29th

Cost: The cost for this clinic is \$15 per session

Questions? Email Coach Jordan Lieberman (Jordanlieberman@boisestate.edu)

Boise State Swimming Camps and Clinics are open to any and all entrants (limited only by number, age, and grade level), but it is intended to be a competitive swimming camp experience

Medical and Insurance: All campers must have their own medical insurance to attend camp. A photocopy (front and back) of campers' valid and current insurance card is required and should be submitted online with registration. Certified athletic trainers are in attendance and available during camp. Campers will not be allowed to participate if current insurance copy is not on file.

Register: <http://www.broncosports.com/camps/bosu-camps.html>

Our Coaches:



Christine Mabile – Head Coach enters her second season as the head swimming and diving coach for Boise State. In Mabile's first year at the helm of the Bronco program she led the team to a third-place finish at the Mountain West Championships and a fourth-place result at the CSCAA National Invitation Championships. At the Mountain West Championships athletes recording two individual and one relay title, with 12 Broncos combining for 22 individual and four relay all-conference honors. In addition, she coached then-senior Abbey Sorensen to the Mountain West Swimming and Diving Championships Co-Swimmer of the Meet and MW Swimmer of the Year accolades.

Mabile returns to BSU from the University of Missouri, where she was an assistant coach for both the men's and women's programs for two years. While at Missouri the women's program placed in the top-15 nationally both years - 13th in 2017 and 15th in 2018. Athletically, the Tigers' men's and women's programs combined for 37 NCAA Championship berths, 24 NCAA All-America honors and 14 All-SEC honors. She coached five Missouri athletes who competed at the 2016 Olympics in Rio and three competed in the 2017 World University Games in Taiwan. Additionally,

Missouri swimmers (men and women) combined for seven top-eight finishes at the 2017 U.S. Open Championships at East Meadow, N.Y., with Sharli Brady claiming the 400-meter Individual Medley title.

Prior to Missouri, Mabile coached at the College of Idaho where she led both the men's and women's teams to five-consecutive trips to the NAIA Swimming and Diving National Championships, including top-15 finishes for both teams each of her last four seasons. 13 C of I student-athletes qualified for the finals or consolation finals at the NAIA Championships, including a third-place finish by Mckayla Stevens in the 200-yard freestyle at the 2016 national meet. In addition, seven of her swimmers were honored as Daktronics-NAIA Scholar-Athletes.

Overall, the Idaho, native brings 11 years of coaching experience back to her alma mater (Boise State) including four as a volunteer assistant with the Broncos from 2007-2011. Mabile also directed the Streamliner Aquatics program, coached at the Treasure Valley YMCA, coached for the Caldwell Swim Club and was a swim instructor for the Boise State Kinesiology department.



Jordan Lieberman - Assistant Swim Coach enters his second season with the Broncos and comes to Boise State with collegiate coaching experience at Cornell, Texas A&M and Occidental.

During his first year with the Broncos placed third at the Mountain West Championships while claiming two individual and one relay title. Additionally, 12 Broncos combining for 22 individual and four relay all-conference honors at the meet. Lieberman

Prior to Boise, Lieberman was an assistant coach for the Cornell men's swimming and diving program for the last two years where he played an instrumental role in the program's success. Lieberman helped the Big Red to a fifth-place finish at the Ivy League championship in 2017, tied for the program's best finish since 2009. In his two seasons at Cornell, 54 swims joined the school's all-time top 10 charts, rewriting four records in the process. In addition, Alex Evdokimov won the 100 and 200 breast double at the conference meet in both seasons and earned a total of four All-America honors along the way with Lieberman assisting in his training.

Lieberman spent the 2015-16 campaign as a volunteer assistant coach for the Texas A&M women, helping the Aggies win the Southeastern Conference title and place fourth at the NCAA Championships. While assisting the Aggies program, Lieberman worked with three 2016 Olympians. The team produced 12 individual and three relay first-team All-America performances. The team's 13 NCAA qualifiers tied for most in the nation.