

**Age Group Western Zone Time Standards
2020
Snake River Swimming "B" Cuts**

Women			10 & Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:33.79	0:32.99	0:29.89	50 Free	0:33.79	0:32.99	0:29.89
1:13.99	1:12.39	1:05.39	100 Free	1:13.79	1:12.19	1:05.19
2:40.99	2:37.79	2:22.59	200 Free	2:40.39	2:37.19	2:21.99
0:39.79	0:39.19	0:35.39	50 Back	0:39.99	0:39.39	0:35.59
1:25.59	1:24.39	1:16.19	100 Back	1:26.09	1:24.89	1:16.69
0:44.79	0:43.79	0:39.59	50 Breast	0:45.19	0:44.19	0:39.99
1:37.09	1:35.09	1:25.89	100 Breast	1:38.29	1:36.29	1:26.89
0:36.99	0:36.19	0:32.79	50 Fly	0:37.19	0:36.49	0:32.99
1:24.59	1:23.19	1:15.19	100 Fly	1:24.69	1:23.29	1:15.19
3:00.79	2:57.59	2:40.39	200 IM	3:01.69	2:58.49	2:41.19

11-12

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:30.39	0:29.59	0:26.59	50 Free	0:30.19	0:29.39	0:26.59
1:06.39	1:04.79	0:58.59	100 Free	1:05.79	1:04.19	0:57.99
2:23.79	2:20.59	2:07.09	200 Free	2:22.89	2:19.69	2:06.19
4:58.69	4:52.29	5:34.19	400/500 Free	4:58.39	4:51.99	5:33.89
0:35.19	0:34.59	0:31.29	50 Back	0:35.19	0:34.59	0:31.29
1:15.39	1:14.19	1:07.09	100 Back	1:15.29	1:14.09	1:06.99
2:46.09	2:43.69	2:27.89	200 Back	2:43.39	2:40.99	2:25.49
0:39.19	0:38.19	0:34.49	50 Breast	0:38.79	0:37.79	0:34.09
1:25.29	1:23.29	1:15.19	100 Breast	1:25.29	1:23.29	1:15.19
3:06.39	3:02.29	2:44.69	200 Breast	3:05.09	3:01.09	2:43.59
0:32.99	0:32.29	0:29.19	50 Fly	0:32.89	0:32.19	0:29.09
1:13.19	1:11.79	1:04.89	100 Fly	1:13.49	1:12.09	1:05.09
2:49.89	2:47.09	2:30.89	200 Fly	2:48.89	2:46.09	2:29.99
2:41.69	2:38.49	2:23.19	200 IM	2:40.69	2:37.49	2:22.29
5:48.39	5:41.99	5:08.49	400 IM	5:43.69	5:37.29	5:04.29

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:29.59	0:28.79	0:26.09	50 Free	0:27.69	0:26.89	0:24.39
1:03.89	1:02.29	0:56.39	100 Free	0:59.99	0:58.39	0:52.79
2:18.29	2:15.09	2:02.09	200 Free	2:06.19	2:06.99	1:54.79
4:44.99	4:38.59	5:18.79	400/500 Free	4:33.69	4:27.29	5:06.09
9:55.29	9:42.49	11:06.49	800/1000 Free	9:32.29	9:19.49	10:40.79
18:55.09	18:31.09	18:32.99	1500/1650 Free	18:11.89	17:47.89	17:50.49
1:12.29	1:11.09	1:04.29	100 Back	1:08.49	1:07.29	1:00.89
2:34.89	2:32.49	2:17.79	200 Back	2:27.59	2:25.19	2:11.19
1:22.09	1:20.09	1:12.39	100 Breast	1:16.69	1:14.69	1:07.49
2:56.69	2:52.69	2:35.99	200 Breast	2:46.59	2:42.59	2:26.89
1:10.19	1:08.79	1:02.19	100 Fly	1:05.59	1:04.19	0:58.09
2:36.79	2:33.99	2:19.09	200 Fly	2:28.09	2:25.29	2:11.29
2:36.09	2:32.89	2:18.19	200 IM	2:22.79	2:23.59	2:09.79
5:26.99	5:20.59	4:49.19	400 IM	5:08.99	5:02.59	4:32.99