**2022 YMCA Regional Timeline**

**Friday, March 4**

**Session 1:** all age groups:

4:00-4:45pm warm up Meet starts at 5:00 pm estimated finish 6:30pm

(check in available at 3:30 pm)

**Saturday, March 5**

**Session 2:** (8 & under, 9-10, 11-12, 13-14 girls)

8:00 am -8:45 am warm up Meet starts at 9:00 am estimated finish 11 am

(check in available at 7:40am)

**Session 3:** (13-14 boys, 15-21 boys & girls)

11:30am -12:15pm warm up Meet starts at 12:30pm estimated finish 2:45pm

(check in available at 11:15am)

**Sunday, March 6**

**Session 4:** (8 & under, 9-10, 11-12, 13-14 girls)

8:00 am -8:45 am warm up Meet starts at 9:00 am estimated finish 11 am

(check in available at 7:40am)

**Session 5**: (13-14 boys, 15-21 boys & girls)

11:30am -12:15pm warm up Meet starts at 12:30pm estimated finish 2:30pm

(check in available at 11:15am)