

**2023 Northwest Region YMCA Championships - 3/3/2023 to 3/5/2023****Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-21 400 IM	8	1 u	05:00 PM	_____
Finals	2 Boys 11-21 400 IM	4	1 u	05:07 PM	_____
Finals	3 Girls 8 & Under 100 IM	1	1	05:12 PM	_____
Finals	4 Boys 8 & Under 100 IM	0	0	05:14 PM	_____
Finals	5 Girls 9-10 100 IM	12	2	05:14 PM	_____
Finals	6 Boys 9-10 100 IM	7	1	05:19 PM	_____
Finals	7 Girls 11-12 100 IM	13	2	05:21 PM	_____
Finals	8 Boys 11-12 100 IM	8	1	05:25 PM	_____
Finals	9 Girls 12-21 400 Medley Relay	6	1	05:27 PM	_____
Finals	10 Boys 12-21 400 Medley Relay	4	1	05:33 PM	_____
	Break: 10 Minutes:				
Finals	11 Girls 11-21 1000 Freestyle	3	1 u	05:49 PM	_____
Finals	12 Boys 11-21 1000 Freestyle	0	0	06:02 PM	_____
	Swimmers Counts for Warm-ups: 89	====	====		
	Entry / Heat Totals:	66	12		
	Finish Time			06:02 PM	_____