

# PVST Parent/Guardian Code of Conduct



## **I agree to demonstrate a positive attitude.**

I will work to be a positive role model, and reinforce positive behavior in others. I will applaud good efforts by my child, others on my child's team as well as those by the opposing team. I will not criticize any child's performance. I will teach my child to be gracious in victory and to turn defeat into victory by learning and working toward improvement. I will remember that my child does not have to be the best swimmer on the team, just the best swimmer he or she can be.

I will demonstrate a positive attitude towards our competitors and take care to show good hospitality at home and to represent PVST in a positive way when visiting other teams.

## **I agree to set a good example.**

I will support my child by giving encouragement and showing interest in his/her team. I will help my child work toward skill improvement and good sportsmanship at every meet and practice. I will teach my child that hard work and an honest effort are often more important than victory.

I will maintain self-control at all times and will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials, and coaches at meets and practices.

I will ensure my swimmer arrives at meets and practices on time.

I will conduct myself at all times in a manner consistent with the values of PVST which include fairness, integrity and respect.

I WILL NOT engage in destructive gossip regarding coaches, parents/families, swimmers or officials.

## **I agree to maintain good relationships.**

I will make sure my swimmer understands that internet web sites, such as, but not limited to, Facebook, Twitter, Instagram shall not be used to post remarks or pictures that can be considered inflammatory, degrading or in poor taste toward any other swimmer, parent, family member, official, or coach, PVST or otherwise.

If I have questions or concerns regarding my swimmer's program, I will contact the coach or Head Coach directly. For any further concerns or if my concern is not resolved, I will contact the PVST President.

I will refrain from any communications, verbal or written (including e-mails), that are demoralizing, disrespectful, or destructive in any way to any athlete, parent or family member, coach, or the organization as a whole. I understand that destructive behavior or communication WILL NOT be tolerated and may result in dismissal of my swimmer from PVST.

I will strive for open communication between myself, my swimmer, and the coaching staff, emphasizing goal-setting and positive reinforcement rather than negative feedback in all situations. I will demonstrate team spirit and team loyalty.

I understand that volunteer organizations such as PVST depend on the energy and goodwill of parents to fulfill numerous essential roles. If I have an issue with a board member or parent volunteer, I will respect that these are volunteers working on my child's behalf. I will address any issue privately and directly with the people involved. If resolution is not achieved, I will contact the PVST president or other board member.

[Concerns may be formally submitted via the team's Grievance Procedure.](#)

As a parent, team member, I will support my swimmer and PVST by volunteering my time to assist in meets, social events and fundraising activities.